



FLOURMILL

EAT

FM Breakfast Tart \$20
Puff pastry, spinach, roasted tomato,
caramelized onion, poached egg, prosciutto,
tomato jam

Croque Monsieur \$25
Ham, gruyere, béchamel with side salad

Fruit Crepe \$18
Organic apples, salted caramel, pastry cream

Smoked Salmon Plate \$22
Montreal bagel, cold smoked salmon, cream
cheese, capers, pickled onion, sprouts, lemon

Warm Maple Oats \$18
Nuts, seeds, spices, fruit & steamed milk

Smoothie Bowl \$18
Pureed frozen fruit topped with FM granola,
almond butter, bee pollen, fresh fruit

Salad Lyonnaise \$22
Frisée, poached egg, warm lardon, & shallot
dressing, toast

Mushroom Toast \$22
Warm mixed mushroom, chèvre, herbs

Eggs Florentine \$24
English Muffin, spinach, poached egg,
hollandaise, side potatoes.

Toast \$3 | Add Salmon \$6 | Potatoes \$6 | Jam \$2

DRINK



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Brewed Coffee	\$3.5
Cappuccino	\$4.5
Latte	\$6
Chai Latte	\$6
Matcha Latte	\$6
Loose Leaf Tea	\$3.5
Sparkling Water	\$6
Sap Sucker	\$3.25
Barbet	\$5
Fresh Juice	\$5.5
Smoothies	\$12
Mimosa	\$13
Baileys	\$7
FM Blonde Lager	\$7
Wines by the Glass	\$MP