



Determining Insurance Coverage

Please take these steps prior to your appointment with F+B Nutrition to determine if your appointment can be covered by insurance.

1. Call the member services number that is located on the back of your insurance card.

For reference, take note of the date and insurance representative you speak to.

Name of Representative: _____ Date: _____

2. Provide the following information to your member services representative to ensure accurate verification:

- Dietitian's NPI (Fueled + Balanced Nutrition) - 1497523633
- 97802 – Procedure (CPT4) Code for Initial Appointment
- 97803 – Procedure (CPT4) Code for Follow-up Appointments

3. Ask these questions:

- For “preventative” services: Does my plan cover preventative outpatient nutrition counseling?
- For “clinical” services: Does my plan cover outpatient nutrition counseling for the health conditions I am seeking care for?
 - o List health concerns (examples: eating disorder, overweight, obesity, IBS, anorexia nervosa, binge eating disorder, bulimia, etc):

4. If services are covered to some extent, ask these follow-up questions:

- Do I need a physician referral? If yes, please contact your physician for a referral.
- Do I have a deductible to meet first? If yes, how much? How much has already been met?
- Do I have a co-pay? If yes, how much?

**These questions are provided to help you determine if nutrition counseling may be covered by your insurance. Having these questions addressed by your insurance provider's member services *does not guarantee* coverage.

**If F+B Nutrition files a claim for nutrition counseling services and your claim is denied, you are responsible for paying for services. In this case, an invoice will be provided upon request and can be submitted to your insurance carrier for possible reimbursement. However, reimbursement is not guaranteed.

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