

# Traditional Métis Culture in Canada

Finding patterns



Image: Métis Nation of Alberta

# Patterns in Métis Culture



What patterns do you see?



Image: Métis Nation of Alberta



What patterns do you see?



Image: Métis Nation of Alberta



What patterns do you see?



Image: CBC News



What do you know about Métis  
culture?

<https://youtu.be/CHEvER2W3Lg?si=yMa5XSzYavc>

CBna6



How was the sash  
used in Métis  
Culture?



Let's listen to Elder Elize Hartley's  
experiences with the sash.

<https://youtu.be/z2hj8YA03T4?si=rdwii5uUTUJgBRZj>



The sash used to be called the "Assomption sash". It was named after the town Assomption in the province of Quebec. This is where the sashes were made during the fur trade.



METIS NATION OF ALBERTA REGION 1



The Michif words for sash is "Â  
la sayncheur flayshii". In  
French, it is called "un ceinture  
flechée", which means "arrowed  
belt"

METIS NATION OF ALBERTA REGION 1



Image: Métis Nation of Alberta



What did the Métis people  
use the sash for?



The sash was used for everything that needed to be tied together or held for a long period of time, such as:

1. Tools

2. Sewing needles

3. Bundles of fur

4. Food



Let's learn more about the sash with the  
Rupertsland Centre for Teaching and Learning!

<https://www.youtube.com/watch?v=L7TeEt5qa0Q>



What do the colors in the  
sash mean?







# Red

Represents the blood of the Métis people.  
This blood was lost while fighting for their  
people.

Métis people are brave and strong.





# White

Represents the connection the Métis people have to the earth and the Creator.

Métis people are peaceful and close to nature.





Blue

Represents the depth of the Métis spirit.

Métis people take care of their  
hearts and minds.







# Yellow

Represents the prospect of prosperity  
for the Métis people.

Métis people have faith that good things  
can happen.







# Green

Represents the fertility of the Métis nation.

Métis people took care of Mother Earth.  
Only using what they needed and always giving thanks.





# Black

Represents the dark period of the suppression and dispossession of the Métis land.

Métis people kept going when things were hard and sad for their people.

<https://traceassociates.ca/the-msash/>

