



"Neuro-supportive NICU care that feels less like a "bonus" and more second-nature."



Moments on Mission:

A Neuro-Supportive NICU Training Lab Series

In the high-stakes world of the NICU, every interaction matters. Welcome to a transformative lab series where NICU nurses, neonatal therapists, and other passionate bedside providers master the micro-moves that help them integrate key components of neuro-supportive care with intuition and ease.

This series of learning labs are guaranteed to make you feel like a developmental champion at every touch time, turning routine moments into brain-protective wins!

- **LAB #1 LET BABY LEAD: THE CUE-BASED CARES LAB**

Master infant behavior and build instincts where cue-based care prevents instability & stress.

- **LAB #2 RETHINK THE ROUTINE: THE STRESS-PROOF YOUR CARE TIME LAB**

Make every care time count for the good by integrating micro-habits that fit your routine & support your babies.

- **LAB #3 HOLDING IS HEALING: THE SKIN-TO-SKIN HOLDING LAB**

It's time skin-to-skin became non-negotiable. Learn pre/post transfer sequences, video demos, transfer training, and troubleshooting when things aren't ideal.

- **LAB #4 POSITION WITH A MISSION: THE NICU POSITIONING LAB**

Stop abandoning the prone roll. Learn the ins and outs of infant positioning in the NICU & bring that confidence to every shift.

Elevate Your Everyday Shift...

- Less overwhelm, because what once felt like "extra", is becoming intuitive and integrated
- Stop reacting and learn a proactive approach to stress-prevention so you never have to "power through" care again.
- No more guilt over missed opportunities or nerves with gaps in your knowledge.

Meet Your Instructor



Katie Ross, OTD, OTR/L,
NTMTC, CNT

Certified neonatal
occupational therapist &
owner of Blooming Littles.

scan me to
sign up and
learn more!

