HERYLANNE BIO

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Finding Your Way to a Future You Love — Because Success without Fulfillment is Failure

To book or for questions, contact kathy@brilliant-balance.com, 513-375-9394

Program Bio

Have you ever felt like your light has been dimmed by the never-ending demands of your work and home life? That just won't do. To make an impact, you need to shine brightly instead of feeling frustrated, depleted, and exhausted.

In this keynote address, Cherylanne Skolnicki, the founder of Brilliant Balance, will reveal her journey from success to fulfillment. This talk will challenge your definition of success and help you get clear about what it will take to step into a life of significance. You'll learn how to refocus your time on what matters to you the most and start moving with purpose in the direction of your dreams.

Attendees will learn:

- The three essential practices modern working women need to feel balanced
- How our cultural definition of success leverages fear to steer us away from these practices
- Why our addiction to being busy is the single greatest detriment to our happiness
- How we can gracefully reimagine our lives with these practices at the center
- What we can expect to experience when we do



About Cherylanne

As the founder and CEO of Brilliant Balance, Cherylanne is the creative engine for the company; she is also a popular speaker, an advisor to corporate leaders, and a trusted coach to a roster of private clients.

An authority on well being, work-life balance, and human potential, Cherylanne equips professionals to get the most out of work and life through compelling content, comprehensive coaching programs, and a tightly knit community. She hosts the toprated Brilliant Balance Podcast which reaches thousands of listeners each week with inspiring messages and practical advice.

Cherylanne lives in Cincinnati, Ohio with her husband John and their three children.

"Loved Cherylanne's energy & I felt like I was with her in person. She kept my attention at all times - it felt like she was talking right to me! Thank you for one of the best virtual speaking engagements I've attended!"

- Hewlett Packard Enterprise keynote attendee