



## Thankful FOR EVERY MOMENT

DATE NIGHT IN BOX

FAITH DISCUSSION GUIDE





## Discussion Juide

It is God's promise to you that as you continue to love each other and seek His wisdom in your relationship, He will reveal Himself to you in beautiful ways. Be sure to have your Bible handy to look up scripture. If you don't have access to one, check out the Bible Gateway app available on your Apple or Android device. For a custom Date Night In Box - Faith playlist featuring Christian artists, visit datenightinbox.com/faith.

As you enjoy your Date Night In Box tonight, you are taking time to find gratitude in even the simplest parts of life. If you try hard enough you can find a reason to be thankful in every aspect of life, especially when you are walking with God. Through both joyful and tough times there is gratitude to be found. Whether it is lessons learned, increased appreciation for support shown by loved ones, or just cherishing the life you are living, we can always find a reason to be grateful. Keep in mind that perspective is everything. When we are actively searching for reasons to be thankful we will find them in abundance. A majority of time there is always some kind of good that accompanies the bad; we just have to be willing to find it.

In this discussion guide, we want to explore the concept of giving thanks for all things. As Christians, we are called to be thankful in all aspects of life - this means the good, the bad, and the ugly. God does not call us to be thankful only when things are going well for us; instead, He calls us to be thankful for ALL circumstances. This is way easier said than done. When we are experiencing a tough time it can be easy to complain and ask God, "why are you letting this happen?". The magic comes from when we change the question to "what are you trying to show me?". We live in a world that has come so far from God, and one big consequence of this is that we can expect bad things to happen to even the best people. However, when we take the time to look to God during these moments, we create the opportunity for beautiful things to be revealed.

1 Thessalonians 5:18 tells us "Give thanks in all circumstances; for this is the will of God in Christ Jesus for you."

It is literally God's will for us to give thanks in ALL circumstances. The 'all' is the tricky part. Of course we can be thankful when we buy a new home, welcome

a new baby into the world, or experience joyful moments with loved ones. But what about when we encounter illness, defeat, or a huge loss? This makes giving thanks far more difficult.

God's word never changes to match our circumstances. Instead, the truth He reveals rises above our circumstances so that we can too. When we are enduring tough times we are gaining strength, perseverance, and faith. We are also being reminded that true joy never comes from how we are feeling or what we are experiencing, but only from God. Hard times will force us to turn to God more deeply, and by doing this we strengthen the bond with our creator in ways we never even knew were possible.

Take this time to meditate on the following scriptures together. Read the verse aloud and then take a minute to think about what it means to you. Once you both have meditated individually, discuss together what you got from it and how it can be applied practically in your lives to give thanks for all things, and ultimately bring God the glory.

- Colossians 4:2
- 1 Timothy 4:4-5
- Hebrews 12:28-29

End your discussion guide with the following discussion questions:

- 1. Why do you think God calls us to be thankful for all circumstances?
- 2. What good things have come out of bad circumstances in your past?
- 3. How can finding thanks in all things show God's love to those around us?

## A Prayer For You to Say Together

Dear Lord, we truly thank You for all the blessings You have given us. From our loved ones, to our home, to our health, to dying for our sins and so much more, You have blessed us abundantly. Help us to give You praise and thanks in every moment. Help us to tap into You when we experience tough times and always find a way to be grateful. You bless us far beyond what we deserve. We want to bring You honor through our thanksgiving and praise. Thank You for always loving us and always having us in your hands. We pour out our praise to You. In Jesus' Name,

Amen

