

## Anti-wrinkle injections Aftercare

- There are a few side effects that can occur after the treatment, and they tend to happen around the injection site. The most common side effects include:
  - Swelling
  - Bruising
  - Tenderness
  - Redness

These side effects are temporary and often last for a few days.

- Stay upright for 24 hours post treatment to avoid the solution spreading.
- Avoid alcohol for 24 hours before and after treatment. Ideally avoiding alcohol 1 week before and 1 week post treatment is best.
- Do not apply pressure to the area for 48 hours and be gentle when cleaning the skin and applying products.
- Sleep on the back to avoid pressure being applied to the face.
- Avoid applying any makeup for a minimum of 24 hours, as it is important to keep the injection site clean.
- Avoid massaging the skin.
- Avoid vigorous exercise for 24 hours post treatment, however, gentle exercises such as walking is permissible, simply avoid working up a sweat.
- Avoid heat, steam, sauna, hot baths and showers for 24 hours.
- Avoid any further skin treatments in the area for up to 2 weeks post anti-wrinkle procedure. This includes laser hair removal and waxing treatments.

If you have any problems or queries regarding your removal, please call in and see us on 01707 662 477.