

**WEEK 1**

Fall/Winter

**BUCHANAN LODGE MASTER MENU**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Apple Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Cinnamon Buns Cheese Slice Jam & Peanut Butter Tea - Coffee - Milk	Orange Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Poached Eggs Toast Jam & Peanut Butter Tea - Coffee - Milk	Cranberry Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Scrambled Eggs Toast Jam & Peanut Butter Tea - Coffee - Milk	Apple Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Boiled Eggs Toast Jam & Peanut Butter Tea - Coffee - Milk	Orange Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Bacon Raisin Toast Jam & Peanut Butter Tea - Coffee - Milk	Cranberry Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Waffles/Syrup Jam & Peanut Butter Tea - Coffee - Milk	Apple Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Poached Eggs Raisin Bran Muffins Jam & Peanut Butter Tea - Coffee - Milk
Apple Juice  Roast Beef & Gravy Whipped Potatoes Corn  Pumpkin Squares with Whipped Topping	Orange Juice  Potato Crusted Cod with Lemon Wedge Savory Mashed Potatoes Spinach  Fruit Cocktail	Cranberry Juice  Teriyaki Beef Strips Jasmine Rice Julienne Carrots  Red Velvet Cake	Apple Juice  Lemon Parmesan Chicken Parslied Potatoes California Mix Vegetables  Strawberry Ice Cream	Orange Juice  Swiss Steak Whipped Potatoes Diced Turnips  Raspberry Cranachan	Cranberry Juice  Turkey Schnitzel with Cream Gravy Blushing Potatoes Wax Beans  Lemon Sauce Pudding Cake	Apple Juice  Ham Steak with Honey Mustard Sauce Creamy Hash Browns Sautéed Green Cabbage  Pineapple Tidbits
Chicken & Rice Soup Perogies with Sour Cream and Green Onions Chicken and Apple Sausages  Chocolate Éclair	Beef and Barley Soup  Croissant Chicken Salad Garden Pasta Salad  Apple Crisp & Whipped Topping	Corn Chowder  Ham & Broccoli Quiche  Yam Fries  Date Squares	Vegetable Barley Soup  Shepherd's Pie with Gravy Whole Wheat Bread Pickled Beet Slices  Diced Peaches	Tomato & Rice Soup  Grilled Cheese Sandwich Creamy Coleslaw Dill Pickle Slice  Fresh Apple Cake	Lentil Rice Soup  BBQ Ribs Parmesan Herb Scone Long Green Beans  Mandarin Oranges	Cream of Mushroom  Pancakes/Syrup Sausages Warmed Apple Slices  Vanilla Coconut Custard