

Trust *the* Process

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*Your Guide*  
To Overcoming  
Fear About Boudoir

Empowering Women to:

*love the skin they're in*

MOOD BOOD  
*included*

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WILD SKYES BOUDOIR



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*Let's get started, shall we?*



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## Welcome To The Boudoir Guide

Welcome to Wild Skyes Boudoir! I am beyond thrilled to have you here, ready to embark on a transformative journey of self-discovery, empowerment, and pure radiance. Get ready to celebrate your unique beauty like never before!

At Wild Skyes Boudoir, I truly believe in capturing the raw essence of who you are, embracing every curve, every freckle, and every bit of your incredible spirit.

My mission is to create an unforgettable experience where you can truly let your inner goddess shine.

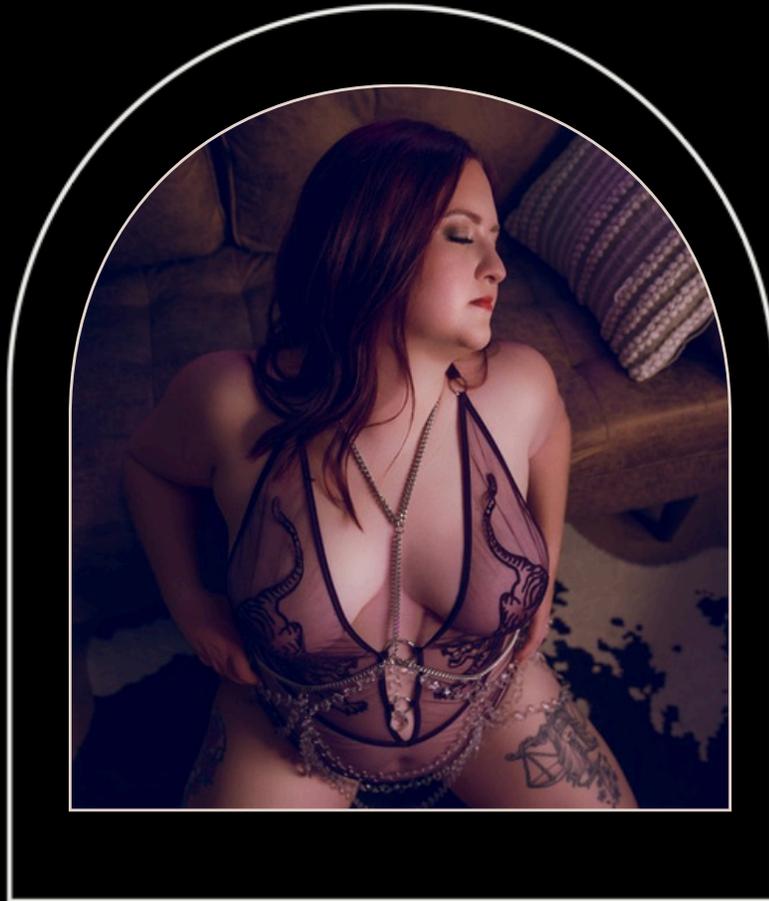
From the moment you step into the studio, you'll be greeted with warmth, laughter, and a safe space where you can be your authentic self. I'm here to make you feel comfortable, confident, and utterly amazing throughout your boudoir session

“

**Be your own kind of beautiful; it's the most rebellious thing you can do**

”

# WHY DO I SHOOT BOUDOIR?



**First and foremost, I believe in empowerment.** Every woman has the right to feel like an absolute powerhouse, regardless of shape, size, age, or any imperfections. You are stunning in your uniqueness. Remember, women like you are a rare gem.

**Secondly, it's about celebration.** Celebrate your incredible self while being indulged in our elegantly appointed private in-home studio nestled in Elizabethtown, Kentucky. This experience is a tribute to your beauty.

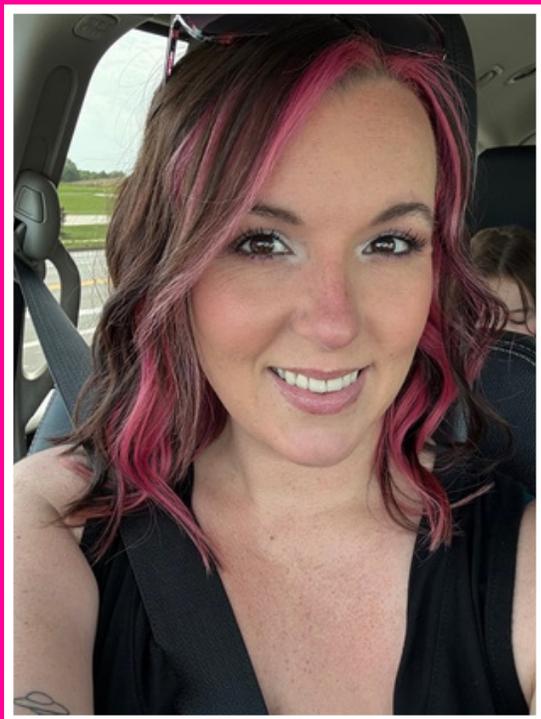
## **The Essence of Sexy**

Sexy is a state of mind, not just attire. Be it in lingerie, a simple white T-shirt, or a snug sweater, these are merely tools to awaken that inner allure. The most beautiful sound in my studio? It's the moment you recognize your worth, enveloped in love and support. Honor Your Journey. Your body is your lifelong companion, witnessing every chapter of your story. It's time to shower it with the love it truly deserves.

*Hello, my name is*

# SKYLAR

..and it's so nice to meet you. I'd love to share a little bit about myself here, so you can get to know me a little bit better!



**just wanted to take a moment to express my heartfelt gratitude for your interest in Wild Skyes Boudoir.**

**It's not just about the pictures—it's about the experience. You'll find that our studio is a safe, supportive space where you can let your hair down, be yourself, and truly shine. No judgment, just pure celebration of your journey and your unique story.**



*xoxo Skylar*

# ABOUT *the* TEAM



## SKYLAR NELSON

### Lead Photographer (Boudoir Bestie)

Owner, lead photographer, and head creative goofball; Skylar has been a professional photographer for over 4 years and a true master of her craft. She will be with you every step of this process.



## BETHANY

### HMUA

Bethany has been in the beauty industry for several years and knows all the tips and tricks to make you look like a goddess! She specializes in airbrush foundation application, making your skin look like YOUR skin while highlighting all your natural beauty!



## KRISTEN

### HMAU

Kristen is a wonderfully talented hair and makeup artist who specializes in soft natural glam makeup. She makes every client look like they are glowing from within, and it shows in their photos! She has a natural ability to enhance your beauty while still keeping your look true to YOU!

## **Embrace Your Unique Story**

Celebrate every part of your journey, acknowledging the beauty in your scars, smiles, and stories. Reflect on what makes you uniquely you before the shoot, embracing your authenticity.

### **STEP ONE**

# *Empowerment Through*

# *Boudoir Photography*

## **Collaborate with the Right Photographer**

Choose a photographer who resonates with your style and vision. Establish a connection and trust to ensure comfort and authenticity during the shoot.

### **STEP TWO**

## **Reveal and Celebrate Your Strength**

Use the shoot to express your strength and vulnerability. See each pose as a celebration of your resilience. Post-shoot, reflect on this empowering experience.

### **STEP THREE**

# *Three Key Steps*

# BOUDOIR PHOTOGRAPHY: THE JOURNEY TO SELF-EMPOWERMENT

Welcome to the world of boudoir photography, a realm where the lens captures more than just images – it captures strength, beauty, and the intimate journey of self-discovery. But what exactly is boudoir photography, and why has it become a must for those seeking empowerment?

At its core, boudoir photography is a celebration of individuality and self-love. It's an art form that focuses on capturing the intimate, personal, and often sensual aspects of one's character. These sessions are not just about posing in alluring attire; they are about embracing your true self, flaws and all, and seeing beauty in vulnerability.

Why is boudoir photography so empowering? It's simple yet profound. In a world where we are often told to conform, to fit into molds, boudoir photography stands as a bold statement of self-acceptance. It's a space where you can let go of societal expectations and embrace your unique beauty. Whether it's a celebration of a personal milestone, a journey of self-healing, or simply a moment to feel unapologetically beautiful, boudoir photography offers an experience that goes beyond the superficial.

## THIS INTIMATE GENRE OF PHOTOGRAPHY EMPOWERS BY:

**Boosting Self-Confidence:** Every click of the camera acts as an affirmation, a reminder that you are worthy of being seen and celebrated.

**Encouraging Self-Love:** It allows you to view yourself through a new lens – one that focuses on your strengths and embraces your imperfections.

**Creating a Safe Space for Expression:** Boudoir photography provides a platform to express your individuality, sensuality, and personality in a non-judgmental environment.

**Capturing Your Story:** Every photo tells a story – your story – filled with depth, resilience, and beauty.



Empowerment through Boudoir Photography is designed to take you on a journey. A journey where you'll discover the transformative power of this art form, learn how to prepare for a session, and explore various styles and themes that resonate with your essence. Whether seeking to embark on this empowering experience or just curious about the art, this guide is your first step towards uncovering the empowering magic of boudoir photography.

So, let's turn the page and begin this beautiful journey of empowerment together.



# CHAPTER 01

The Journey of Self-Love Begins Here

Embrace your uniqueness;  
your true beauty shines  
brightest when you are  
unapologetically yourself.



## THE SESSION THAT FUELS ME



There was this one shoot that will forever be etched in my memory. I remember it like it was yesterday. Her name was Jen, a woman in her forties, with a laugh that filled the room and eyes that held a depth of stories untold.

Jen walked into the venue I had rented for some of my first sessions when I started boudoir, her nervousness almost tangible. She confided in me, her voice a soft tremble, about how she'd always struggled with self-image. After years of placing herself last, this photoshoot was her stepping stone towards self-love.

As we began, I could see the layers of doubt clinging to her. But with each click of the camera, something incredible happened. It was like watching a flower bloom in fast-forward. With every pose, every change of outfit, Jen started to shed her apprehensions. Her initial shy smiles transformed into expressions of unabashed joy and confidence.

Halfway through the shoot, as Jen stood wrapped in lace, something shifted. She caught a glimpse of herself in the mirror, and for a moment, time stood still. The look on her face was indescribable. It was as if she was meeting herself for the first time – the self she had lost in the hustle of life, the self she thought she wasn't allowed to be.

That day, Jen didn't just leave with a collection of photographs. She left with a newfound sense of self. And as for me, I realized the profound impact of my work. It wasn't just about capturing images; it was about capturing the essence of empowerment, one frame at a time.

This is what 'Empowerment through Boudoir Photography' is all about. It's more than photography; it's a journey of rediscovery and celebrating the beauty that resides within every individual.

## WHY DO A BOUDOIR SHOOT?

A boudoir shoot is more than a photo session; it's a journey of self-discovery. It's an opportunity to see yourself in a new light, to celebrate your body and your journey. In the safe and supportive environment of a boudoir studio, you can explore aspects of your personality and sensuality that you may not have acknowledged before.



# *6 Reason's to do a Boudoir Photoshoot:*

# 1

## **STRUT YOUR STUFF – BECAUSE WHY SHOULDN'T YOU?**

Thinking about a boudoir shoot? Oh, honey, it's like asking yourself if you deserve that extra scoop of ice cream – the answer is a resounding yes. It's all about strutting into that studio and declaring, "World, brace yourself, because I'm about to show you what I'm made of."

# 2

## **A MEMORY THAT STICKS, LIKE THAT ONE SONG ON THE RADIO**

These photos? They're not just for now. They're timeless. On those days when you're feeling more like a hot mess than a hot tamale, these pictures are your reminder that, yes, you've still got it. They're like that one song that never gets old – always there to lift you up.

# 3

## **CELEBRATE YOU – BECAUSE WHY NOT?**

Life's full of milestones and hey, sometimes just making it through a Tuesday feels like one. A boudoir shoot is your way of celebrating you. Got a birthday? Celebrate with a shoot. Overcame a challenge? Commemorate it with a lens. It's like giving yourself a high-five, but way cooler.

# 6 Reason's to do a Boudoir Photoshoot:

## 4

### **SELF-LOVE: THE ULTIMATE REBEL MOVE**

In a world that's constantly trying to tell us how to be, choosing to love yourself as you are is pretty rebellious. A boudoir shoot is like saying, "I play by my own rules." It's about taking a moment to appreciate the masterpiece that is you – unapologetically.

## 5

### **THERAPY, BUT MAKE IT FASHION**

Let's face it, we've all got stuff we're dealing with. A boudoir shoot can be your moment of therapy – no couch required. It's about confronting those nagging insecurities and showing them who's boss. And the best part? You get to look fabulous while doing it.

## 6

### **CONFIDENCE: NOT JUST A SPICE, BUT THE MAIN DISH**

A boudoir shoot is like a shot of espresso for your confidence. You're not just playing dress-up; you're embracing every curve, every freckle, every unique part of you. It's like looking in the mirror and saying, "You know what? I'm more than enough." And let's be honest, who doesn't need more of that vibe in their life?

You may be wondering if boudoir is right for *you*:



Hint: *It is* 😊

Self-Doubt:



Empowering Reality:



Too Shy?



Unleash Inner Bold

Not Model Material



Unique Beauty Rocks

Too Old for This

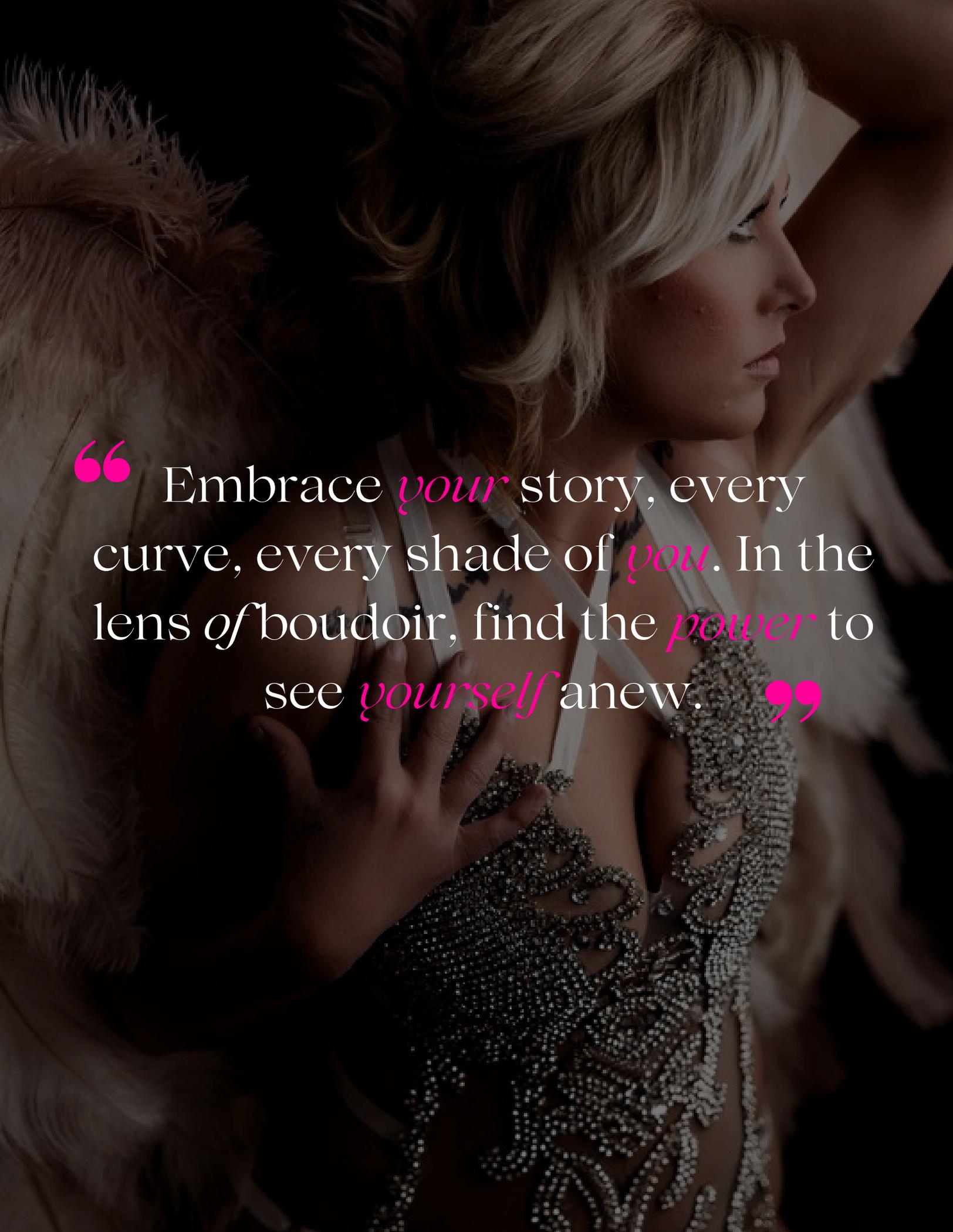


Timelessly Alluring

Not My Thing



Surprise Yourself!

A woman with blonde hair is shown in profile, wearing a sequined bodice. A hand is placed on her chest. The background is dark and moody.

“ Embrace *your* story, every curve, every shade of *you*. In the lens of boudoir, find the *power* to see *yourself* anew. ”

## “PRE-SHOOT PEP TALK” GETTING YOUR MIND IN THE GAME

So, you've decided to take the plunge into boudoir photography. Bravo! Now, let's chat about getting your head in the game. Think of this as your personal pep talk, minus the cheesy sports metaphors.



# 1 "Embrace Your Why"

Before we even get to the camera clicks, remember why you're doing this. Is it to celebrate yourself? To mark a milestone? Or just because you're feeling spicy?

Whatever it is, hold onto that reason. It's your anchor, your 'why', and trust me, it's more powerful than any pre-shoot jitters.

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# 2 "Mirror, Mirror: Self-Talk Time"

Stand in front of the mirror. Go on, I'll wait. Now, give yourself some love. You're about to show off what your mama gave you, and that deserves some hype! Tell yourself something uplifting – it can be as simple as, "Hey, gorgeous." Because self-love is your secret weapon in the boudoir battlefield.

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# 3 "Visualize the Vibe"

Close your eyes. Imagine the shoot going fabulously. See yourself laughing, twirling, owning it. Visualization isn't just for athletes or meditation gurus; it's for fierce, camera-ready warriors like yourself.

# 4

## "Goodbye, Perfection"

Perfection is like that overrated, overpriced coffee – not necessary. Your shoot is about capturing the real, incredible you. So, if you trip in your heels or laugh-snort, embrace it. It's these unscripted moments that often make the best shots.

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# 5

## "Bring a Piece of Home"

Feeling a tad nervous? Bring something familiar to the shoot – your favorite playlist, a comfy robe, a lucky charm. It's like having a piece of home with you, minus the actual house.

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# 6

## "Your Photographer is Your Ally"

Remember, your photographer (*hopefully that's me!*) isn't the paparazzi. They're more like your personal cheerleader, there to guide you and make you shine. Trust in their expertise and let them lead you through this empowering dance.



### **Mood Board Magic**

Utilize Pinterest to create a visual mood board, capturing your desired shoot theme and feel for perfect vision alignment

### **Comfort First**

Select outfits that not only look stunning but also make you feel comfortable and confident

### **Mindset Matters**

Embrace a positive, open mindset; it's the secret ingredient for a truly empowering boudoir experience

# **BOUDOIR PREP** *essentials*

# *prepare for your* Boudoir Timeline

## 1 MONTH

Schedule any beauty appointments. Hair and makeup is provided on the day!

If you are bringing your own lingerie, give yourself lots of time to shop for something that makes you feel confident and gorgeous in.

## DAY BEFORE

Hydrate! Drink lots of water.

Take a long bubble bath to relax. Listen to calming music. Meditate or do some yoga.

Try on outfits and narrow down your wardrobe selection.

Moisturize your skin all over before bedtime.

Most important of all: Get a good night's sleep!

## 3 -6 MONTHS

You've scheduled your boudoir session with Wild Skyes Boudoir, you go girl! This timeline will help prepare you for your empowerment session.

How about that yoga class you've been meaning to try? The better you feel, the better you'll look. And the stretching will be great to prep for the session!

## 1 WEEK

Stay out of the direct sun. A tan and or spray tan can make you look orange in your images. Some tanning products also rub off or transfer onto fabrics and can ruin any of the lingerie pieces, the bedding or furniture pieces.

If you get waxed (bikini, lip, brow—whatever your normal routine is), make sure it's at least a few days prior to your session to make sure any redness or irritation has subsided.

Drink plenty of water for that of so beautiful & flawless skin.

## DAY OF

I might sound like a broken record with this tip, drink your water girlfriend!

Wear LOOSE and comfortable clothing prior to arrival. This ensures there are no creases or marks from tight fitting clothing on your skin.

Eat something light but filling.



# BOUDOIR PREP: QUICK-CHECK LIST

- Confidence: Bring Loads**
- Outfits: Your Faves**
- Lingerie: Feel Fabulous**
- Makeup: Show Flair**
- Hair: Your Style**
- Accessories: Spice It Up**
- Props: Personal Touch**
- Mindset: Be Bold**
- Hydration: Stay Quenched**
- Snacks: Energy Boost**
- Mood Music: Your Beats**
- Relax: Deep Breaths**

**Boudoir**

# Priority

*List*

**TOP  
PRIORITY**

**Your  
Authentic  
Self**

This one's non-negotiable. Make sure everything about your shoot screams 'you'. From the outfits that make you feel like a million bucks to poses that let your personality shine, this is where your focus should be. It's like ensuring there's always cream for your coffee – absolutely essential.

**NOT  
URGENT**

**Perfection  
in Details**

Sweating the small stuff? Let's dial it back. Whether it's finding the exact right accessory or fretting over hair strands, remember, some details won't make or break your shoot. It's like having every dish match at a dinner party – nice, but not what guests remember.

**DELEGATE  
OR DUMP**

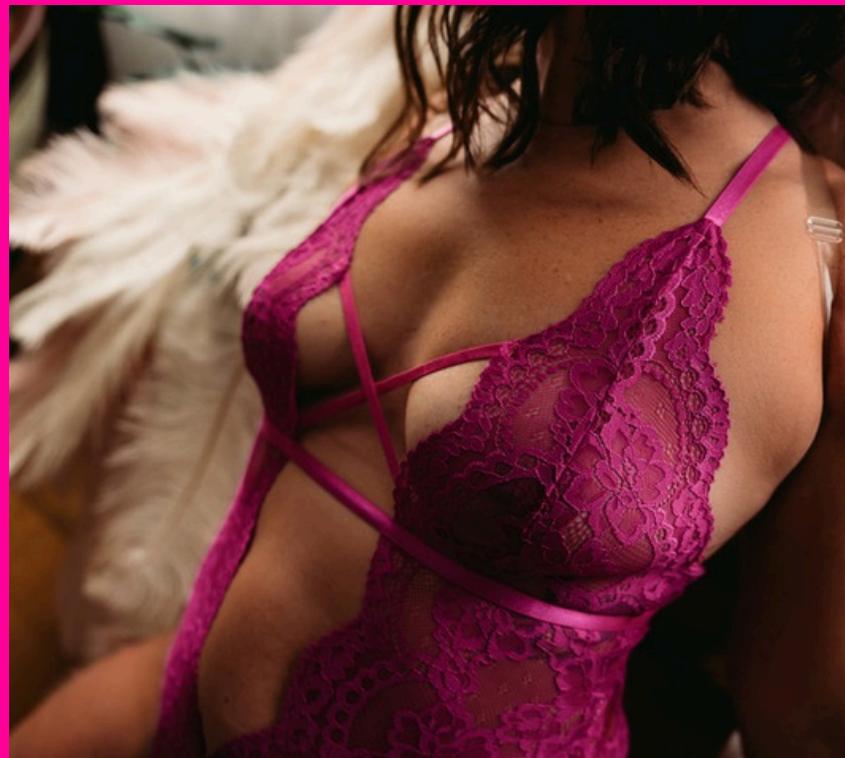
**The Nitty-  
Gritty of  
Planning**

Sorting out the perfect outfit, setting up props, figuring out the best poses – sounds like a headache? Delegate it to me. I'm here to help plan your boudoir photoshoot down to the last detail. Think of it like having a personal assistant for all things boudoir – you get to relax and focus on being your amazing self, while I handle the logistics.

# CHAPTER 02

## Dress to Express: Outfit Selection Secrets

Embrace your uniqueness;  
your true power lies in being  
unapologetically you.





Alright, let's talk outfits. Because in *the* world of boudoir photography, what *you* wear is more than fabric; it's a *statement*. Here's how to pick the *perfect* ensemble that screams '*you*' – in the *most* fabulous way, of course.

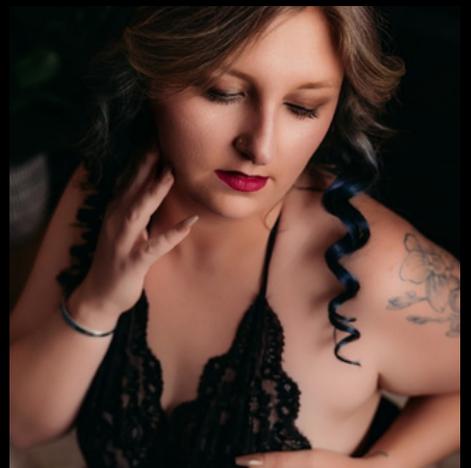


## STEP INTO MY CLIENT CLOSET

You can either treat yo' self and purchase a few gorgeous outfits for your photoshoot or leave it to me, because girl, I've got you covered! At my studio, I offer over 450+ pieces of lingerie and outfits ranging XS-4X. I literally have something for everyone.

My closet is packed with luxury robes, corsets, stockings, garters, body jewelry, angel wings, fun pasties, bondage accessories, crop tops/ white t-shirts and of course lingerie. If you choose to take advantage of the client closet, for sanitary reasons, you will need to make sure you bring your own undergarments in nude, black or white to hide under the garment you end up choosing.

*from the client closet*



lingerie mood  
*board*



## DRESS TO EXPRESS

*Your Style. Your Statement*

01

### Comfort is Key

First rule of boudoir club? You gotta feel good. If you're tugging at your lace or wincing in those heels, it'll show. Choose something that makes you feel comfortable yet sensational. Remember, if you're comfy, you're confident.

02

### Show Your Colors

Got a favorite color that makes you feel like a million bucks? Wear it. Colors can be powerful mood boosters. Whether it's a sultry red or a tranquil blue, let your color choice reflect your personality.

03

### Mix and Match

Why settle for one look? Bring a variety of outfits. Think a cocktail of styles – something soft, something bold, something uniquely you. It's like a wardrobe cocktail party, and you're the star.



04

## Accessorize, Accessorize

Never underestimate the power of accessories. A statement necklace, a daring hat, or even a pair of funky socks can add that extra oomph to your photos. It's the little things that can turn a good shot into a great one.

05

## Play with Textures

Silk, lace, leather, oh my! Playing with different textures can add depth and intrigue to your photos. Mix it up – let each outfit tell its own story.

06

## The Bare Necessities

Sometimes, less is more. If you're feeling bold, consider a shot in the buff, draped in a sheet, or just your partner's oversized shirt. It's all about celebrating your body, in whatever way you choose.

07

## Pre-Shoot Fashion Show

Do a trial run at home. Dance around in your outfits, strike some poses. It's like your personal fashion show – a confidence-boosting rehearsal for the main event.

## HOW TO FLATTER YOUR BODY TYPE



### FLATTERING FOR CURVES

Rock those curves, beautiful! If you're a curvy girl, lingerie can be a great way to accentuate your curves and feel confident in your body. Embrace high-waisted panties and bodysuits that cinch at the waist, creating a beautiful hourglass silhouette. Look for lingerie with lace details or strategic cutouts that highlight your best assets. And don't forget the power of a well-fitted bra that lifts and supports, making you feel confident and sexy.

### EMBRACING A SMALLER CHEST

Flaunt what you've got, babe! Opt for bras with push-up padding or bralettes that offer delicate lace details. Play with lingerie sets featuring ruffles, bows, or intricate patterns to add volume and enhance your natural beauty. Remember, it's all about embracing your unique shape and feeling amazing in your own skin.

## BOOSTING A FLAT BUM

Don't worry, gorgeous, I've got your back(side)! Look for lingerie with ruching, lace-up details, or cheeky cut bottoms to create the illusion of more curves. Boyshorts or Brazilian-style panties can also add some oomph to your booty. And most importantly, rock that confidence, because confidence is the sexiest curve of all!



## EMBRACING MOM BOOBS

Mama, you are gorgeous just the way you are! Embrace your beautiful mom boobs with confidence. Look for bras with extra support and coverage, such as full-coverage or balconette styles. Play with beautiful babydolls or robes that accentuate your curves and provide a touch of elegance. Celebrate the beauty of motherhood and all the incredible changes your body has gone through.

## ROCKING A THIN PHYSIQUE

You're a lean, mean, fabulous machine, babe! Embrace lingerie with intricate details like delicate lace, embroidery, or playful patterns to add texture and create the illusion of curves. Look for lingerie sets with padded or push-up bras that enhance your natural shape. And always remember, your confidence and attitude are what truly shine!



## PROPS

Alright, girlfriend, let's talk about bringing props to your boudoir session! Props are like icing on the cake, adding that extra touch of personality and fun to your photos. Think about items that reflect your interests, hobbies, or a special memory you want to capture. From your favorite book to a bouquet of fresh flowers, or even a cheeky little prop that adds a playful twist, the choice is yours! Props can help create a unique story and add a personal touch to your images. Just remember, keep it classy and true to you! I'm here to help you brainstorm and incorporate props that will make your session pop. So, let's get creative and bring those fabulous props along to create unforgettable boudoir moments!



## ACCESSORIES AND SHOES

Don't forget the little details! Bring along accessories like jewelry, heels, or any props that will add that extra sparkle to your photos.

## SKINCARE AND GROOMING

Get that glow, girl! Take care of your skin leading up to the session, moisturize, and don't forget to pamper yourself. Remember to groom as you feel comfortable, whether it's getting a fresh manicure, waxing, or simply trimming.

We *love* lingerie! It's the best way to feel *your* most confident *and* sexy.  
Here are some of our favorite lingerie brands:



## LUXURY BRANDS

Honey Birdette  
Lingerie D'Amour  
Thistle and Spire  
Love Vera  
Savage X Fenty  
Victoria Secret  
Love and  
Lemons  
Bluebella

## POPULAR BRANDS

Oh La La  
Cheri  
Hips and  
Curves  
La Vie En Rose  
Torrid  
La Senza  
Yandy  
Shein  
ASOS

*My favourite store is "Honey Birdette"*

# CHAPTER 03

## Setting the Scene

Embrace your journey with courage, celebrate your story with grace, and walk in the power of knowing you are your own masterpiece.





Embrace *your* unique story; each chapter reveals your *strength*, beauty, and *the* power to inspire.



WILD SKYES BOUDOIR

# ELIZABETHTOWN, KY

INFO



PLANNING

“CELEBRATE  
YOUR CURVES.”



WILD SKYES BOUDOIR

Embrace *your* reflection with kindness; it's *the mirror* of your inner strength and *beauty*.



Boudoir photography isn't one-size-fits-all. It's more like a choose-your-own-adventure book, but way sexier. Whether you're all about lace and romance or leather and edginess, there's a theme that screams 'you'. Let's explore a few:

1. **Romantic & Dreamy:** Think soft lighting, delicate fabrics. It's like being in a love song.
2. **Bold & Edgy:** Darker tones, striking poses. It's your inner rockstar unleashed.
3. **Classic & Timeless:** Elegant outfits, graceful charm. Old Hollywood called, and it approves.
4. **Playful & Fun:** Bright colors, quirky props. Who says boudoir can't have a sense of humor?
5. **Mystical & Fantasy:** Unleash your inner goddess or mythical creature. Why not?



# CHAPTER 04

The Many Flavors  
of Boudoir:  
Pick Your Passion

Confidence is your best accessory.  
Wear it, own it, flaunt it.





## YOUR BOUDOIR, YOUR RULES: PICKING YOUR STYLE

Boudoir photography? It's not just one flavor; it's like your favorite coffee shop with a menu that has something for everyone. From the sweet to the spicy, every type of boudoir shoot tells a different story, and guess what? You're the author. Let's take a stroll through the different styles, finding the one that feels just right for you. Whether you're all about classic elegance or looking to break the mold, there's a boudoir style with your name on it.



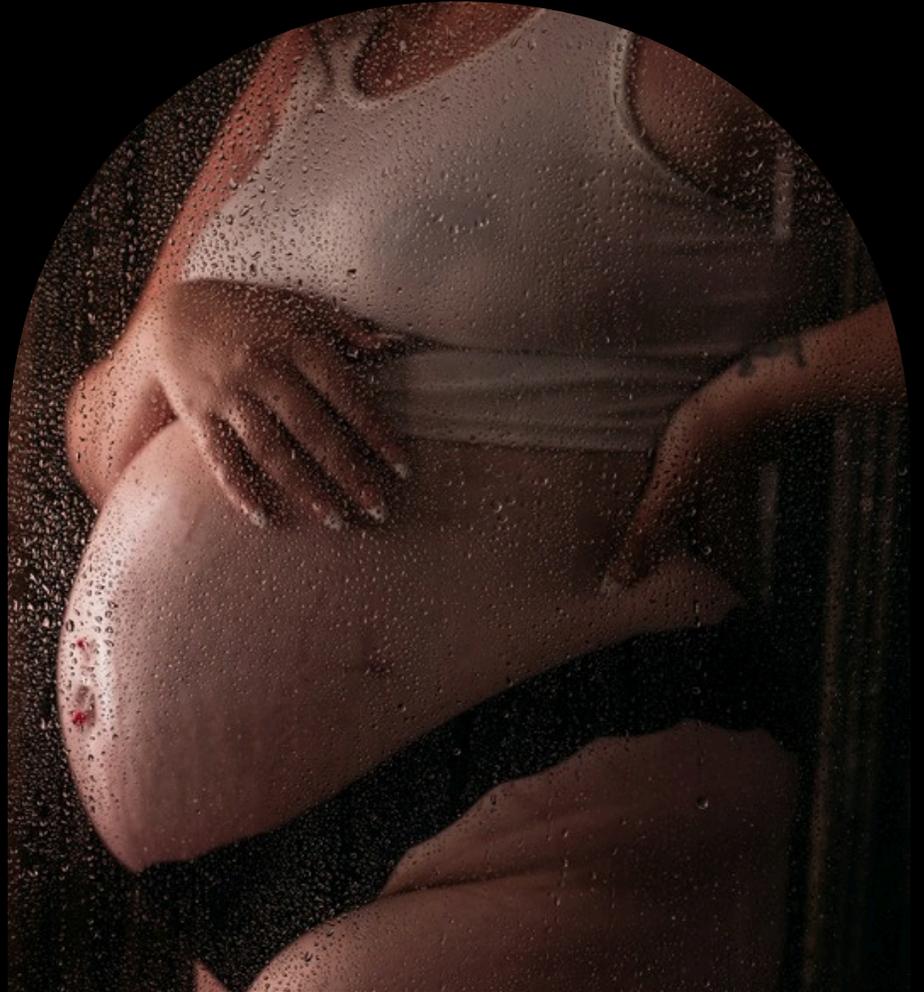
## BRIDAL BOUDOIR: VEILS AND VIXENS



Ah, bridal boudoir, the hidden gem of wedding festivities. It's the spicy side of wedding prep, a secret celebration of your love story and the journey ahead. Imagine yourself in delicate bridal lingerie, embodying both elegance and allure, a mischievous sparkle in your eye. This is where you get to play with the dualities of being a bride – the romantic and the daring.

Think of it as the ultimate pre-wedding gift, a moment for you and a thrilling surprise for your significant other. It's an intimate expression of love and excitement, a sneak peek into the life you're about to embark upon together. Bridal boudoir is about capturing the anticipation, the joy, and yes, all those delightful butterflies fluttering in your stomach.

Bridal boudoir isn't just about the photos; it's a rite of passage. It's a way to pause and celebrate yourself amidst the whirlwind of wedding planning. It's a chance to reflect on who you are at this pivotal moment and the beautiful journey you're about to begin. So, drape yourself in that veil, let your confidence shine, and let's create some unforgettable, beautifully bold memories.



## MATERNITY BOUDOIR

Maternity boudoir is a beautiful celebration of the journey to motherhood and the awe-inspiring changes your body undergoes. It's a powerful statement: 'Hey world, I'm not just carrying life; I'm radiantly embracing this transformation.' It's about capturing the strength and beauty inherent in this unique time of your life.

These sessions are an ode to the wonder of creating life, a chance to showcase the elegance and resilience of your changing body. It's like saying to yourself and the world, 'I am a powerhouse of life, and I look absolutely stunning in this moment of change.' The glow of motherhood, combined with the art of boudoir photography, creates images that are both tender and strong.

Timing is Everything" Timing is like that secret ingredient in your favorite recipe – it makes all the difference. Aim for that sweet spot in your pregnancy, usually between 27-34 weeks, when your bump is gloriously round but you're still comfortable moving around.

## COUPLES BOUDOIR

Okay, let's get into the thrilling world of couples boudoir! Brace yourselves for an experience that's as electrifying as it is intimate. This is where we capture the raw, unfiltered passion you share, where every playful moment and every look of love gets immortalized.



Thinking of a unique way to celebrate an anniversary or just want to turn up the heat? Couples boudoir is your go-to. It's like taking the essence of your relationship and setting it ablaze – in the best way possible. Whether it's about commemorating your journey to the altar or just because you're both feeling a little adventurous, these sessions are tailor-made to fan the flames of your connection.

As your guide, I'm here to make sure we showcase all that chemistry you've got going on. We'll explore poses that not only look amazing but feel natural – the kind that makes you say, "Wow, that's so us." It's about highlighting what makes your bond unique, whether it's those tender moments or the ones where you can't help but laugh together.

Prepare to create some steamy, heart-stopping memories. These images? They're not just photographs; they're reminders of the fire you two share, the kind that leaves you both a little breathless and a lot in love.

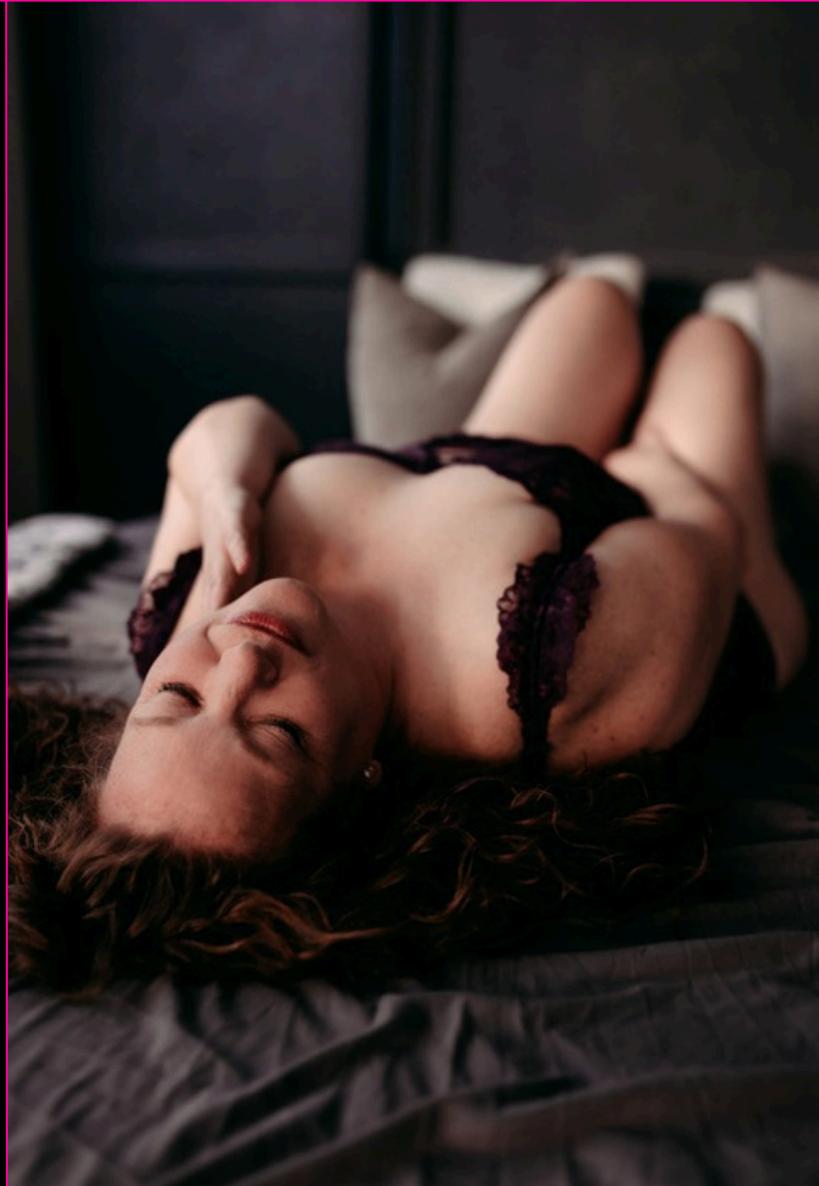
# *Solo Boudoir: The Self Love Session*

Solo boudoir is your personal ovation. It's where you embrace every part of yourself, turning self-doubt into self-celebration. This is your stage to say, 'Here I am, and I'm extraordinary.'

These sessions are intimate journeys of self-discovery. You get to explore and express different facets of your personality, seeing yourself in a new, empowering light. Like Maya, who arrived shrouded in hesitation but left radiating confidence, each session is a transformative experience.

Solo boudoir is more than photography; it's a narrative of self-empowerment. It's your chance to play, experiment, and discover the confidence that's been there all along. This isn't just about capturing stunning images; it's about the journey to recognizing your worth and beauty.

In essence, solo boudoir is a love letter to yourself, a celebration of your unique journey, and a testament to your resilience and beauty. It's an invitation to reveal the masterpiece that is you.



## EMPOWERMENT AND SELF LOVE

# CHAPTER 05

## Past Clients: Tales of Triumph and Transformation

Embrace your journey, for in your uniqueness lies your true power. Be bold, be brave, be unapologetically you.



Let's talk about *the amazing* souls who've walked through my studio doors. Each one, a *unique* story, a different journey, all culminating in a click of *the* shutter. It's *not* just about taking *pretty* pictures; it's about capturing *milestones*, transformations, *and* sometimes, revolutions.



*From everyday beauty*



*To Boudie Babe*

# EVERY CLIENT, A NEW ADVENTURE

01

## THE SHY BUTTERFLY

Remember the caterpillar who thought she couldn't fly? Met her. She came in, cocooned in layers of self-doubt. But as the shoot progressed, out came the wings. By the end, she wasn't just posing; she was soaring. Her photos? More than images – they were symbols of newfound confidence.

02

## THE COMEBACK QUEEN

Then there was the woman who'd battled through life's thorniest paths. Her shoot was more than a session; it was a declaration. Each click of the camera was her way of saying, "I'm back, stronger and more fabulous than ever." Her pictures? Each one, a testament to her unbreakable spirit.

03

## THE UNSEEN STAR

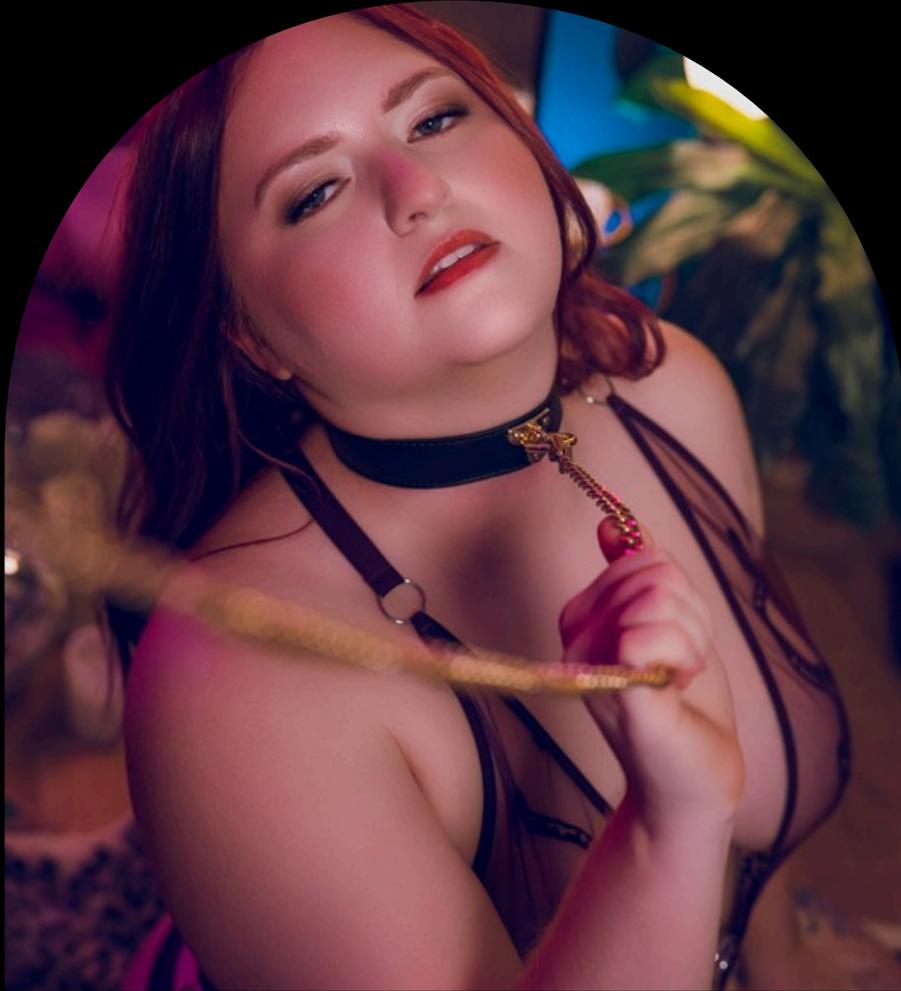
Can't forget the behind-the-scenes hero, the one always supporting others, never in the spotlight. Her shoot? A revelation. There she was, front and center, shining. It was like watching a star being born, and let me tell you, the universe took notice.

04

## THE SURPRISE ENTHUSIAST

And who could overlook the skeptic turned enthusiast? Came in thinking, "Let's get this over with," left with, "When's the next shoot?" Her transformation wasn't just visible in the photos; it was in her walk, her smile, her entire vibe.





## TESTIMONIAL

“ Hands down the BEST experience. I was super nervous going into my shoot but Skylar made sure to not only make me comfortable, but confident as well. I would recommend Skylar 1000% times over from the pride she takes in her work to being a phenomenal hype woman. For anyone still on the fence, this is your sign – take that leap for YOU. ”



# CHAPTER 06

## Strike a Pose: Your Power Stance

You're not a one-in-a-million kind of person. You're once in a lifetime.



# Finding *your* Inner Supermodel



Alright, let's talk about posing. It's not just about where you put your hands or how you tilt your head. It's about finding that inner supermodel we all have (yes, even you in the back). Here are some tips and tricks to make you feel like you own the camera, not the other way around.



## STRIKE A POSE: PREP LIKE A PRO

Hey, gorgeous! Want to add an extra zing of confidence to your shoot? Consider giving your mirror some love with a little pose practice. It's like a rehearsal for your big show – where you're the star, obviously.

### **Posing: Not Just for Yoga**

Now, don't worry. During the shoot, I'll guide you from head to toe, turning you into a posing pro – think less 'deer in headlights', more 'goddess in her element'. But if you're feeling adventurous and want to give it a whirl beforehand, check out my top poses on the next pages.

### **No Mirror? No Problem!**

Don't have a full-length mirror? No biggie. Practice in front of your partner, your pet, or hey, even your plant (they're great listeners). It's all about getting comfortable with your body and having a bit of fun.

Remember, this is your time to shine. Whether you come in ready to hit every pose or just want to go with the flow, you're going to rock this shoot. Let's capture the incredible you!



## RULE YOUR REALM: THE SIDE-LIE POSE

Get ready to lounge like royalty. Settle comfortably on your side, elbows firmly planted, ready to channel those fierce vibes. Picture yourself as the queen of your domain, commanding the scene with style and grace. For your legs, play around with options. Keep the bottom one sleek and straight or add a playful bend for a touch of whimsy. The top leg? Bend it to create that perfect 90-degree angle, exuding runway-level sass. Now, let's talk about that front elbow – bend it with purpose, like you're in the middle of a high-stakes negotiation at a VIP event. Plant it just so, aligned and precise. It's your secret weapon for stability and style. For a touch of effortless glamour, let your back hand casually drift through your hair, as if caught in a fabulous, windblown moment. And don't forget the shoulder – roll it forward gently, as if you're about to share the juiciest gossip, and lift your face towards the camera. You're in the spotlight, and every angle is your best angle.

In this pose, you're not just lying down; you're making a statement. You're powerful, confident, and oh-so-glamorous. Show off that inner diva and own every moment in front of the camera.

## STAND TALL, OWN IT



Alright, beautiful! Time to plant those feet firmly on the ground and own that space like you're ruling the runway. Start by giving one knee the spotlight – bend it forward so it crosses your body's center line. It's all about crafting those irresistible angles that scream confidence. Remember to keep it graceful – roll your foot inward, making sure that heel aligns perfectly. It's not just a stance; it's a statement.

Now, let's bring in some hip-swinging drama. Pop that opposite hip out like it's the main character in your story. Sink into it, letting your curves shine and steal the show. And your head? Give it a flirty turn towards the hip that's doing all the talking. Lift your chin slightly, like you're sneaking a confident glance at the world.

Stretch one arm up high, reaching for the stars, showing off that ambition and drive. Keep the other arm bent at a chic 90-degree angle, exuding elegance. And for that final touch of magic, let the hand on the bent arm gently clasp the forearm of the other. It's those little details that transform a pose into a piece of art.

In this pose, you're not just standing; you're making a bold, beautiful statement. You're confident, you're fabulous, and you're ready to grab those dreams.



## EMBRACE YOUR ELEGANCE

When it comes to boudoir posing on a bed, think of it as your stage for glamour. Start by getting cozy on the bed, using your elbow as your stylish support system; it's not just part of your arm, it's the foundation of your fabulousness. From there, gracefully extend your forearm and hand forward, reaching out as if you're about to seize your spotlight moment. Let your fingers gracefully curl onto the floor, each one making its own statement.

Creating space is key, so form a chic triangle with your elbow to showcase that superstar confidence. Now, for a touch of drama with your legs: keep the bottom one sleek and straight or with a subtle bend, and for the top leg, introduce a bold 90-degree angle, a bend that exclaims, 'This pose? I own it!' Remember, sinking into the bed is a no-go; instead, push away from your supporting shoulder, as if dismissing any doubts, asserting that you're on top of the world.

Finally, the crowning touch – your head. Tilt it towards your supporting shoulder and angle your face upwards, giving your pose a regal finish. It's all about projecting grace, confidence, and owning your space on that bed, making every shot a testament to your elegance.

## THE CASUAL LEAN: EFFORTLESSLY CHIC



The Casual Lean isn't just some move you see in high school flicks. It's the epitome of relaxed confidence. Picture this: you, leaning against a wall or draping over a piece of furniture, looking like you've been born to do just this. It's a pose that whispers, "I'm not just comfortable in my skin; I'm rocking it."

This pose is your secret weapon for those 'effortlessly cool' shots. It's like you're saying, "Oh, this old thing? I just threw it on and, look how fabulous I am." It's casual, yet intentional. The lean says you're laid back, but every angle suggests you're totally in control.

Remember Rachel from that shoot last summer? She started off a bit stiff, a deer in headlights. But once she eased into the Casual Lean, it was like watching a transformation. Suddenly, she was this mix of grace and ease, owning her space like she's always been a pro at it. That's the magic of the Casual Lean – it takes you from guarded to 'I own this room' in a heartbeat.

So next time you find yourself wondering how to pose, go for The Casual Lean. It's like your chill pill for the camera – making you look as naturally stunning as you are, with just a hint of 'I woke up like this' vibe.



Previous clients have confidently rocked their poses, exuding true goddess vibes.

# CHAPTER 07

The Empowering  
Boudoir Experience  
*with Wild Skyes Boudoir*

In the market of life, self-love  
is the currency. Spend it  
generously on yourself.





Each piece of furniture here isn't just a prop; it's a statement. Picture yourself on the luxury tan leather couch, where sophistication meets comfort, or the Honey Birdette Luxury Swing that adds just the right amount of spice. And let's not forget the lounge that screams chic – because why settle for ordinary?

The shower scene? It's like stepping into your own personal music video, steamy and sensational. And the cozy bed, adorned with faux fur, is a haven of softness, waiting to frame you in luxury.

In my studio, every corner tells a story, every setup is a new adventure. Your shoot is more than a session; it's a carefully orchestrated dance of lights, camera, and you – the undeniable star.

## MY LUXURY STUDIO

Nestled in the heart of Elizabethtown, Kentucky, my studio is where luxury meets creativity – a playground for your boudoir dreams. This isn't just a space; it's a carefully crafted experience, designed to leave you in awe and a little bit of delightful disbelief.

Imagine stepping into a world where every detail is a nod to cinematic glamour – from the mood-setting movie-inspired lighting that makes every angle your best angle, to the abundance of plants that add a touch of wild elegance. It's a feast for the senses, with textures that beckon to be touched and an atmosphere that whispers, "Let's make some magic."

Welcome to a space where the extraordinary is the norm, and every shot is a love letter to your unique essence. Let's turn those boudoir dreams into stunning, tangible memories.





## PRIVACY AND CONFIDENTIALITY

Listen up, gorgeous! Your privacy and confidentiality is my top priority here at Wild Skyes Boudoir. I understand that boudoir is an intimate and personal experience, and I take all necessary steps to protect your images and personal information. Rest assured that your images will never be shared without your explicit consent. I use secure online galleries,

accessible only to you and those you choose to share them with.

I adhere to a strict code of ethics, ensuring the utmost discretion and professionalism. Any personal information you provide me, including contact details and consent forms, is handled with the utmost care and stored securely. Your trust means the world to me, babe, and I'm here to make sure your boudoir experience is not only fabulous but also completely confidential.

# THE BOUDOIR BOOKING PROCESS



## 01|INQUIRE

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The first step to booking your boudoir session is to fill out a contact form. You'll hear back from me within 48 business hours

## 02|SCHEDULE A CALL

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If you'd like, We can have our quick 10 minute phone consult , where I will get to know you a bit before you are in front of my lens.

## 03|BOOK YOUR EXPERIENCE

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After you book your experience, you'll send your \$299 retainer, sign the contract and pick your collection + any add-ons.

## 04|SESSION PREP

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Keep your eye on your email, you'll receive a boudoir session preparation guide.

## 05|SESSION DAY

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It's the day you've been waiting for! Your session day! You are going to ROCK this photoshoot and we are going to have so much fun! Get ready for empowerment sister

## 06|IMAGE REVEAL

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You will receive an email link to view your soft-edit gallery to choose your final images and pick images for any of your print products.

## 07|GALLERY DELIVERY

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After your selections are made, I will fully retouch your images and deliver those to you within 2-3 weeks.

# SESSION FEE

## *What's Included*

The Session fee provides you with lots of goodies including an incredible self-love empowerment experience. Products and Digitals are sold separately.



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Session Prep Guide & Personal Guidance for Wardrobe Selection+

Full Access to Client Closet- S-4XL

Professional Hair & Makeup

Photoshoot in Beautiful Studio

2-3+ Outfit Changes

Posing Direction for Every Body Type

# PACKAGES

*Best Value*

## THE TEMPTRESS

8x12 " Luxury Album  
Full Digital Gallery  
90 Minute Session  
Diamond Cover Upgrade

**\$2,599 ( \$5,975+ Value)**

## THE SIREN

6x8 " Luxury Album  
20 Digital Images  
60 Minute Session

**\$1,599 ( \$3,850 Value)**

## THE FLIRT

5x5 " Little Black Book  
10 Digital Images  
60 Minute Session

**\$999 ( \$1,900 Value)**



You'll find luxury products, from stunning lay-flat, luxurious albums to prints matted in a gorgeous 11x14" keepsake box, and much more.



[contact](#)

[@wildskyesboudie](#)

[www.wildskyesboudoir.com](http://www.wildskyesboudoir.com)

# PACKAGES

## THE DIGITAL LOVER

Full Digital Gallery  
60 Minute Session

**\$2,000 (\$2,599 Value)**

## THE TEASE

10 Digital Images  
30 Minute Session

**\*\*No Hair or makeup services included  
in The Tease Collection\*\***

**\$799 (\$1,349 Value)**



You'll find luxury products, from stunning lay-flat, luxurious albums to prints matted in a gorgeous 11x14" keepsake box, and much more.



[contact](#)

[@wildskyesboudie](#)

[www.wildskyesboudoir.com](http://www.wildskyesboudoir.com)



## A LA CARTE MENU

A La Carte is for those who want to create a customized Collection or for those who only wish to purchase one product rather than multiple!

### ALBUMS

Stunning Luxurious  
Albums

8x12 30 Images .....\$1,200  
 6x8 20 Images .....\$900  
 5x5 LBB 10 Images .....\$500

### PRINTS

Gorgeous metal print with  
framed mounted back

11x14" .....\$400  
 12x18" .....\$500  
 16x24" .....\$600  
 24x36" .....\$800

### ADD-ONS

Selection of add-ons

Full Digital Collection .....\$1,500  
 Acrylic Block (8x8) .....\$300  
 Diamond Cover .....\$400

# PAYMENT PLAN INVESTMENT DETAILS

The payment plan is a customizable pre-payment plan for you to gradually save up before your session. First, determine what Products, Packages & Budget you'd like to save up for. Second, Once you have chosen your package or budget limit, you have two options of how you would like to pay your total (interest free).

You can choose to either do weekly, bi-weekly, monthly payments, or pay as you go. OR we now also accept Affirm and Klarna as buy now, pay later options!

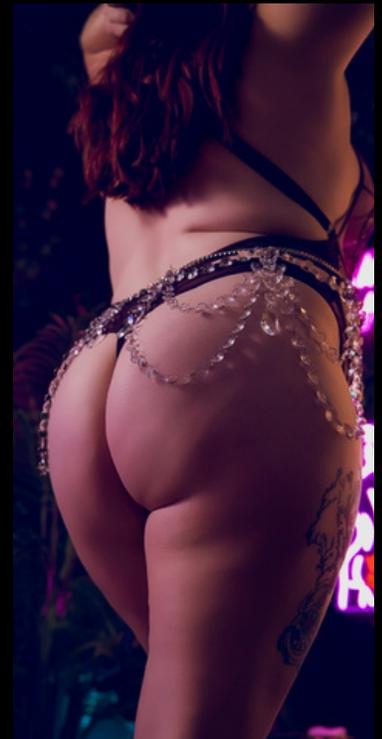


# *Luxury Products*

## ARE YOU READY TO SEE *YOURSELF* LIKE NEVER BEFORE?

There are so many options to cherish your boudoir photographs.

Whether you want to keep them private, curate them into a tangible luxury album, or you want to display them as a piece of art on your wall, you've come to the right place!



## A'S TO YOUR Q'S

FAQ  
01

### **How long does a typical boudoir session last?**

Usually, sessions last between 2.5-3 hours, giving us plenty of time to capture a variety of stunning shots without feeling rushed.

FAQ  
02

### **What if I'm feeling extremely nervous?**

It's totally normal to feel nervous, but don't worry – I create a relaxed environment, and many clients find the nerves disappear quickly once we start.

FAQ  
03

### **Can I bring a friend for support?**

Absolutely! Bring a friend if it helps you feel more comfortable. They can be a great source of encouragement and add to the fun.



Can't find the answer you're hunting for? No sweat! Just give me a shout, and I'll be more than thrilled to help out. Think of me as your personal boudoir encyclopedia – ready, willing, and able to assist with any query or quandary you might have.

[contact@wildskyesphoto.com](mailto:contact@wildskyesphoto.com)

## MORE A'S TO YOUR Q'S

FAQ  
01

### **WILL MY BOUDOIR IMAGES BE POSTED ONLINE?**

This is totally up to you. If you don't mind your photos being shared online, I'll have you sign a model release form and you can specify where you would like them posted. If not, that's ok! I'll never share your photos without your permission.

FAQ  
02

### **HOW DO I KNOW HOW TO POSE?**

I've totally got you covered there. I know all the tips and tricks to create the most flattering angles for women of all shapes and sizes. Don't you worry about posing, I'll help you pose everything from your head to your toes.

FAQ  
03

### **DO YOU RETOUCH MY PHOTOS?**

Yes, your portraits are fully edited by removing any bruises, scratches, skin blemishes, cleaning up fly away hairs and I do minor/light skin softening. I will NEVER EVER alter your body as that is not what an empowering boudoir session is about. It's about loving the skin you are in. I want you to look back on these in 10+ years and say "That's what I look like and I'm damn proud I did this for myself."

# Thank-you

I just wanted to take a moment to express my heartfelt gratitude for choosing [Your Boudoir Studio].

It's not just about the pictures—it's about the experience. You'll find that our studio is a safe, supportive space where you can let your hair down, be yourself, and truly shine. No judgment, just pure celebration of your journey and your unique story

[Inquire to book \*your\* empowerment session](#)



