

BREAKERS TRAINING PLAN 2025 - TERM 4

MON	BJC	BJC 1A	BJC 1B		RHG 1A	RHG 1B		OSBORNE 1A	OSBORNE 1B
	7.00PM - 8.15PM	14.1 B		7.00PM - 8.00PM	12.1 B	12.2 B	7.30PM - 9.00PM	14.2 B	
	8.15PM - 9.30PM	18.2 B	18.3 B	8.00PM - 9.00PM	16.3 B	16.4 B			

TUE	BJC	BJC 1A	BJC 1B		RHG 1A	RHG 1B
	7.00PM - 8.15PM	18.1 G		5.30PM - 6.30PM	12.3 B	12.4 B
	8.15PM - 9.30PM	18.1 B		6.30PM - 7.30PM	14.3 B	14.4 B
				7.30PM - 8.30PM	16.1 B	16.2 B

WED	BJC	BJC 1A			RHG 1A	RHG 1B
	7.00PM - 8.15PM	14.1 G	14.2 G	5.30PM - 6.30PM	12.3 G	12.4 G
	8.15PM - 9.30PM	16.1 G	16.2 G	6.30PM - 7.30PM	12.1 G	12.2 G
				7.30PM - 8.30PM	14.3 G	14.4 G

THUR	BJC	BJC 1A			RHG 1A	RHG 1B
	7.00PM - 8.15PM	18.1 G		7:45PM - 9:00PM	16.3 G	18.2 G
	8.15PM - 9.30PM	18.1 B				

SUN	MBS	MBS 1A	MBS 1B	MBS 2A	MBS 2B	MBS 3A	MBS 3B
	9.00AM - 10.30AM	12.1 G	12.2 G	12.3 G	12.4 G	14.3 G	14.4 G
	10.30AM - 12.00PM	14.1 G	14.2 G	16.1 G	16.2 G	16.3 G	18.2 G
	1.00PM - 2.30PM	12.1 B	12.2 B	12.3 B	12.4 B		
	2.30PM - 4.00PM	14.1 B	14.2 B	14.3 B	14.4 B		
	4.00PM - 5.30PM	16.1 B	16.2 B	16.3 B	16.4 B	18.2 B	18.3 B
	5.30PM - 7.00PM	Big V Teams & U20 Boys					

VENUES	Mornington Basketball Stadium	MBS 1 to 3			1051 Nepean Hwy, Mornington
	Benton Junior College	BJC			Racecourse Road, Mornington
	Robert Herbert Gym	RHG			1051 Nepean Hwy, Mornington
	Peninsula Grammar Junior Gym	PGS			20 Wooralla Drive, Mt Eliza