common symptoms of adhd in women



FATIGUE		JUMPING FROM NEW HOBBY TO NEW HOBBY
FREQUENTLY LOSING ITEMS		DIFFICULTY TRANSITIONING BETWEEN TASKS
POOR TIME MANAGEMENT		EXTREME PROCRASTINATION
FEELING CHRONICALLY OVERWHELMED		IMPULSIVE SPENDING
DREADING / AVOIDING TASKS		FORGETTING WHAT YOU'RE SAYING MID SENTENCE
FORGETFULNESS		
DISORGANIZED / MESSY	Ш	CONSTANTLY MISPLACING THINGS (KEYS, PHONE, ETC.)
PROBLEMS MANAGING MONEY		LATE TO APPOINTMENTS
LOSING TRAIN OF THOUGHT		SENSITIVE TO REJECTION
PROBLEMS FINISHING TASKS		PERFECTIONISM

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