

POLYNUCLEOTIDES- AFTERCARE

Following treatment, there may be some mild swelling or bruising on the skin, this is normal and should subside within 24-48 hours. There may also be some slight redness and possible small bumps at the injection sites.

- Avoid the sun and use a sunscreen daily.
- Avoid makeup for 24 hours if possible. However, if use is essential, mineral make-up is better for the skin.
- Use collagen stimulating peptides and products.
- Keep well hydrated.
- Avoid active skin care products such as retinols, AHAs, acids for 72 hours.
- Avoid other facial treatments for 72 hours.
- Avoid touching or washing your face for 4 hours.
- Avoid makeup for 12 hours.
- Avoid heat exposure such as hot baths/showers and steam rooms for 48 hours.
- Avoid exercising for 24 hours after treatment, as sweating can allow bacteria to enter the injection sites.

If you have any problems or queries, please call us on 01707 662 477.