

LITTLE ADVENTURER RECRUITS

classes

We've created classes for those that are looking to find a space for mum and bub to explore the world around them through the magic of movement and music! An introduction to movement, imaginative play in an inclusive social environment! From just 4 months old to 3 years old, it's the perfect way to be active and stay connected together whilst meeting other mums!

Whether you have a newborn that is only 4 months old and still in a carrier or one that is just starting to get up on their feet, we've created active movement for all! The classes will have a mix of aerobics, jazz and ballet barre dance fun, incorporate some props of course and to fun music to get your little one ready for the Little Adventurers Program. Most importantly, we love to instill the love of learning and community through dance.



times

18 mths – 3 years old

Wed 9 – 9:30am

4 mths – 8 mths old

Wed 9:45 – 10:15am





LITTLE ADVENTURER RECRUITS

imaginative play

Watch your child learn and play with you while you also have a blast! Our 'Move With Me' classes promote freedom, creative expression and imaginative play whilst using our props! Today we may be a fish looking for friends, or maybe a superhero soaring the world! Who knows what the day will provide? But we do know, is that nurturing our imagination and playfulness at a young age will help you open up experiences, moments and opportunities!



community

We know that this time is so special and such a momentous part of your life! So why not share this beautiful experience with other like-minded mums, creating an inclusive community of sharing, learning, laughter and love.

And there is always time for a good coffee and chat afterwards, one of the social perks of being a local Inner West studio!

active movement

We know in the early stages, it's so important to spend time with your little one, and we wanted to help you find a way to get moving outside the house whilst still cherishing the special bond! We'll focus on basic jazz dance moves, some ballet barre exercises and gentle aerobics movement that you can do with your little one!





LITTLE ADVENTURER RECRUIT CLASSES

4mths - 8mths

Our 4 month to 8 month program is designed with the mum and bub in a carrier class. Think basic jazz steps, some plies on the barre all while carrying and holding close your little one in a carrier.



cost
\$47.5

5-week term
(30-minute lesson)



18mths - 3 years old

Our 18 month to 3 years old program is designed with the mum and bub exploring movement and play, getting ready for the Little Adventurer's Program.

cost
\$145

10-week term
(30-minute lesson)

Now you're ready to take on the world in our Little Adventurer's Program!

contact

email

hello@dancedomain.com.au

address

Studio 4, 1-7 Unwins Bridge Rd
St Peters NSW 2044

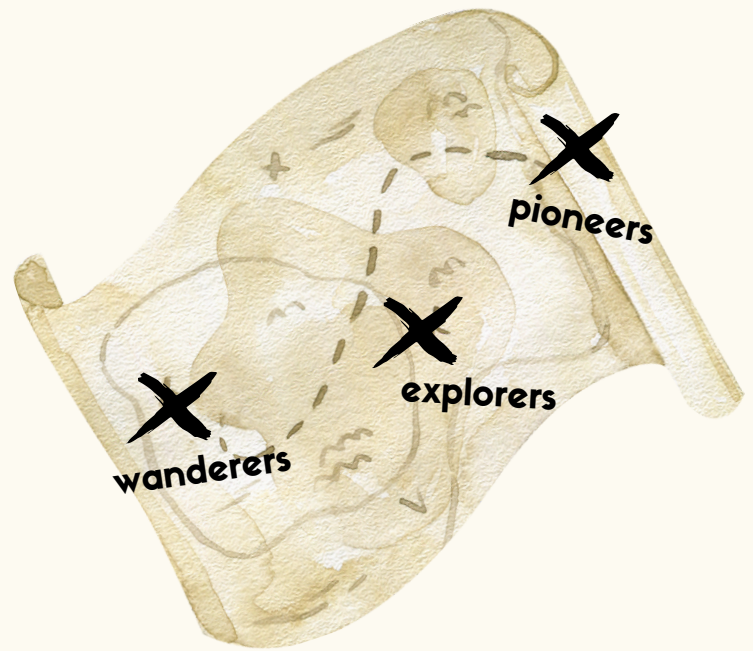


LITTLE ADVENTURERS PROGRAM

program

We've designed our Little Adventures Program for the adventurers who are bold, energetic and ready to move! They'll twist, jump, shake and move, you name it! No worries about what to wear, hair, shoes... we keep our class themes and material gender-neutral (maybe its an orange day today?!) and don't enforce uniforms as we want to ensure your child feels comfortable in whatever they want to dance in.

The program is a mix of dance; jazz, ballet and hiphop to introduce your little one to a range of movement ready for style-based dance classes. They'll be on their toes as they move dynamically through exercises to help with coordination, creativity and confidence. But most importantly, we love to instill the love of learning and community through dance.



classes

Wanderers	3-4 years old
Explorers	4-5 years old
Pioneers	5-6 years old





LITTLE ADVENTURERS PROGRAM

discovery and play

Dance is movement, and everyone can move right? All of our classes promote a space where your little one can continually play and discover ways that feel good for them, whilst learning coordination and technique to help them in their development of movement. There's no pressure to be the most flexible or have the best technique at a young age.. we nurture the playfulness and guide you at the pace that suits!



embracing diversity, celebrating community

If we round out our edge, we wouldn't have an edge... That's why we believe that there is so much beauty in embracing your own individuality but also celebrating the diverse community around us.

Our Little Adventurers will be part of a family and you'll feel welcomed from the start! Being a local studio, you may see your fellow adventurers or even older students around Marrickville Metro!



love for learning

We build a community of doing things with the right intention, whilst sharing our love for dance as a collective. We aim to teach in a way that is relatable to the kids, by making connections to real world scenarios. Our little adventurers will:

- Develop balance and coordination
- Learn to take turns and work together
- Build music and rhythm understanding
- Boost sense of connection with friends
- Expand their dance vocabulary

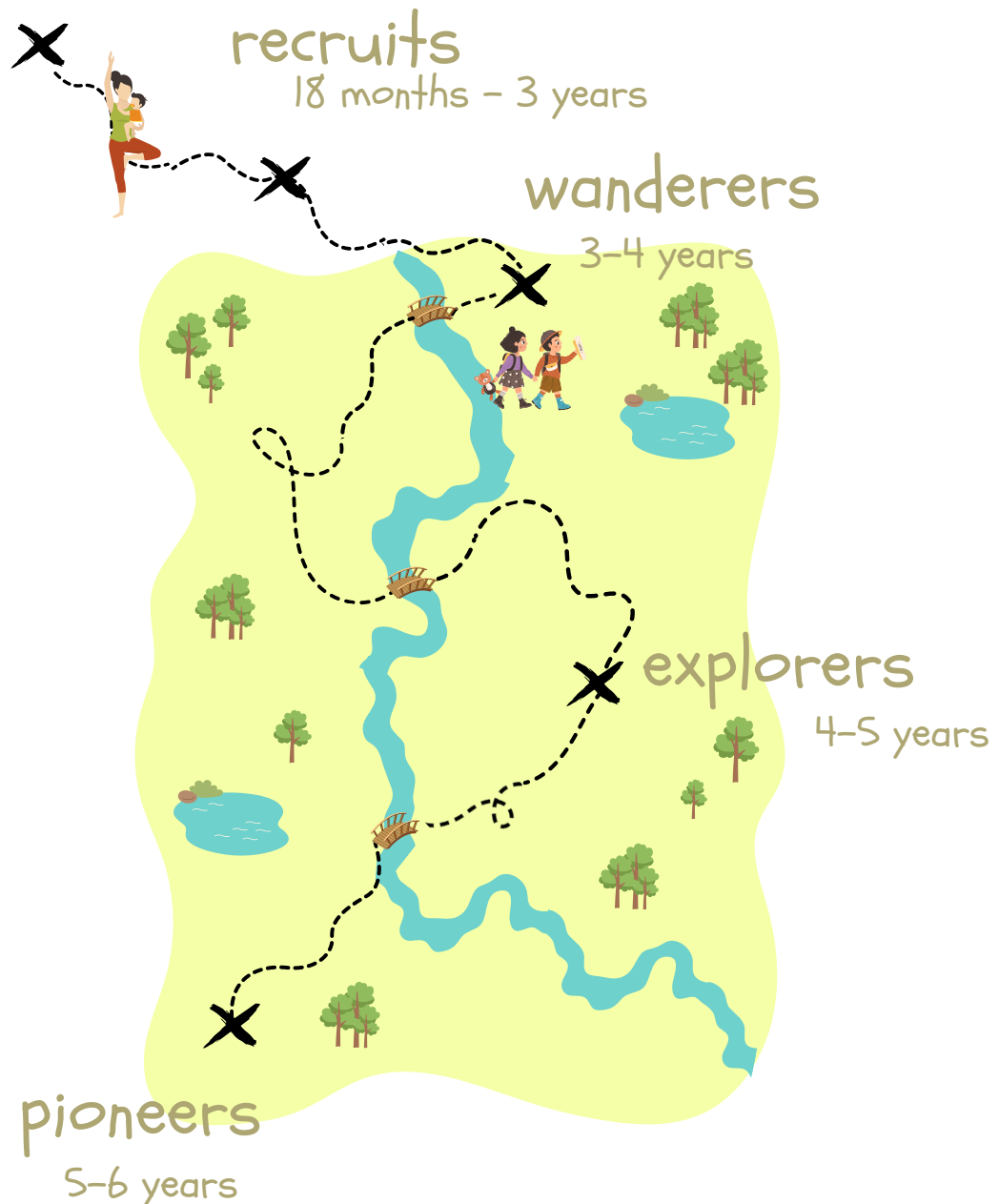


THE ADVENTURE MAP

Dance done different in our Little Adventure's Program means that we don't just learn dance... we learn lifelong skills that help navigate new social and emotional situations. There is a map that guides us, however the path to get there isn't always straightforward which is totally okay! We embrace the loops, turns and detours, all in a fresh and exciting way to help them grow into a pioneer!

littlest recruits

4 months - 8 months



THE PATH AHEAD!

wanderers

3-4 years

"Not all those who wander are lost".. but our program will help the adventurers find their way in dance.

Our wanderers will learn and increase their motor skills such as walking, running and twirling. They'll be able to identify colours, shapes and sounds and work on their balance!

And what is more exciting than doing this while using imaginary stories to engage in their creative minds!

explorers

4-5 years

Dora explores and dances, so we thought the same!

Our explorers are building on their wanderers journey while beginning to navigate new social and emotional skills such as taking turns, listening and sharing.

They'll grow increased confidence as they start to achieve personal accomplishments!

pioneers

5-6 years

Our pioneers are ready to take on the world... both in big school in Kindergarten but also preparing for more style-based dances!

Their personality will shine through more than ever as they discover their groove, individuality and way they like to move. They'll gain a better understanding of musicality and rhythm and develop more comprehensive skills in listening, complex movement sequences, problem-solving and working as a team.



cost
\$195

10-week term
(30-minute lesson)

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