

December 2025 Newsletter

NEEDING SOME RECS FOR THE
BEST EDUCATIONAL TOYS
AROUND TO STOCK YOUR
KIDDOS STOCKINGS?

[CLICK HERE FOR THE GUIDE!](#)



Christmas Updates...

The Dear Sister Therapy office will be closed for two weeks at Christmas



Enjoy this special time with family + friends

Dec 22nd -
Jan 2nd

Let us know if you will be traveling and miss any appointments this holiday season!



December's theme

HO
HO
HO



CELEBRATING THIS CUTIE

CHLOE

Goodness gracious do we love this sweet little cutie 🍷😄. She is so smart, so witty, and so gifted! Boy has it been fun watching you soar 🏔️. Chloe, you are so much fun and have such cool, creative ideas 🧊. You take on challenges 🍌 and are becoming quite the little artist now 🎨. You bring an energy and joy to the gym 🏃 that lights up Ms. Abby's world 🌟. Your sweet 🍷💎 nature super smart 🧠 and BIG 🍷💎 will serve you so well in life. Never ever change, we 🍷 you oh so much! We are so proud of you 🍷!

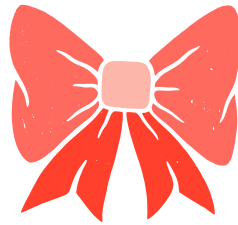
*Permission granted from parents for sharing

Kids are welcome to dress festively the week of Dec 15th-19th





THE ULTIMATE



Christmas toy guide.

CLICK THE LINK FOR A GIGANTIC
LIST OF THE BEST EDUCATIONAL
(BUT STILL COOL) TOYS AROUND!
(ALL VETTED BY YOUR FAVORITE TOY EXPERTS) 😊

[CLICK HERE FOR THE GUIDE!](#)



SPRING 2026

REGISTRATION

IS NOW

OPEN

FOR

EXECUTIVE

FUNCTION

GROUPS



GROUPS WILL CONTINUE JAN 12TH & 13TH 2026



To-Do



1. OPEN SIMPLE PRACTICE APP
 2. FILL OUT SPRING EXECUTIVE FUNCTION GROUP FORM
 3. GET READY FOR MORE FUN!
 4. GROUP STARTS JAN. 12TH & 13TH
- DONE!**

We can't wait for the 2nd part of our Executive Function series to kick off in the New Year! ✨

Starting January 12th & 13th



DOWNLOAD THE SIMPLE PRACTICE APP



Download on the
App Store



GET IT ON
Google Play



Dear Sister Therapy



wishes you a very
Merry Christmas



The DST Office will be closed for Christmas break 12/22 - 1/2