

# Down Syndrome Association of Central Kentucky Support · Educate · Celebrate Winter 2018



# Keeping up with DSACK



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Medical and Community Outreach Coordinator

Medical and Community Outreach Coordinator: Courtney Elbert

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DSACK Bylaws and financials are open for review, and the Board of Director Meetings are open to our community. Agenda items are determined well in advance.

DSACK does not endorse the opinions or views expressed by third parties or the products or services they offer. Reference to any specific commercial products, brand names, processes or services, or the use of any trade, firm, or corporation name is for the information and convenience of the public and does not constitute an endorsement.

The DSACK newsletter is published quarterly by the Down Syndrome Association of Central Kentucky, 1050 Chinoe Road, Suite 204, Lexington, KY 40502



# Stay Connected



You can now RSVP for events right from our website calendar at www.dsack.org



To receive our weekly email blitz, email be Terri at: dsack.org@gmail.com



To join our private facebook group where you can communicate with other DSACK families, go to https://www.facebook.com/groups/82674673490/ and request to be added to the group.



To "like" our official facebook page and receive updates from our association, go to https://www.facebook.com/TheDownSyndromeAssociationofCentralKentucky.dsack.org@gmail.com



Follow DSACK @DSAofCentralKY on Twitter.

Visit our calendar on www.dsack.org to see current events, activities and educational opportunities!

# From the Executive Director

### By Traci Brewer

We did it! We did it!

Thanks to the hard work of so many over the past few months, we not only met our Fall Family Fun Day and Walk goal, we surpassed it. Together, we raised a whopping \$166,696!

Meeting our fund-raising goal means we will be fully funded for 2019. And being fully funded means we can continue to offer all the free events and life-changing programs we offer to individuals with Down syndrome and their families. This includes our Learning Program. Summer Enrichment Program. Strider Bike Camp, Coffee Chats, Healthy Movement class, College Bound classes, pumpkin patch visit and holiday luncheon ... the list is getting too extensive to mention everything.

However, with as much as we currently offer, there is so much more we can be doing to ensure the best future yet for people with Down syndrome. We can't allow ourselves the



luxury of getting too comfortable, as time keeps marching on. Every program, every dinner, every social activity, every advocacy outreach meeting has a price tag.

Now is not the time to relax our fund-raising efforts. We run all of these programs and events with very little staff and keep overhead expenses to the bare minimum. Before we can expand programming, increase our advocacy efforts and build stronger relationships within our community, we have to have a

strong financial foundation. Our walk and gala bring in much needed resources in bulk, but what we are lacking is a steady stream of donations to help us plan programming and services better.

The good news is we have the platform in place to do this through our Club 21 monthly donation program. If every family gives as little as \$5/month, that's a base of about \$12,000 in which to build our financial foundation.

Now, imagine, if every family asks grandparents, aunts/uncles, older siblings and friends to give just \$5/month, we can easily double that to \$24,000. We can count on that money year-to-year to give us stability in addition to fundraisers that can ebb and flow in revenues.

Remember, too, that the money donated from your family through Club 21 can be credited to your walk team, so it's

an easy, easy way to build your team all year long. Win-Win for everyone!

You'll be hearing more about Club 21 over the next few months. To find out more, go to www.dsack.networkforgood.com. It really takes about five minutes to get registered.

Now is a great time to talk to friends and family about donating, too. How about, nobody gets pie at Thanksgiving until you sign up for Club 21! Too pushy?! Seriously, asking a grandparent or relative to give to this platform during the holiday season is great timing. You may even find they would love to give all year long instead of writing a big check yearly.

Thank you again to each and everyone of you who worked hard to ensure we exceeded our goal at the Fall Family Fun Day and Walk! What a great tribe we have at DSACK! I can't wait to see how we grow!









# 2018 Fall Family Fun Day & Walk Facts

### Thank you to all the teams participating in the 2018 Walk for Down Syndrome!



(\$5,000+)

Abel's Avengers

Ava's Parade

Awesome Emily

Bella's Blessings

Big Ben Nation

Big Boone Nation

Brandon Brigade

Brianna's Bunch

Cassidy Colts Crew

Cody's Carnival Crew

Conor's Corps IV

Conor's Wolfpack

Dream "Chase"rs

Drew's Crew

Emily's Angels

For the Winn

Gabe's Gang

Harrison's Heroes

Jaxson's Jellybeans

Jayla's Jingle Bears

John's Jammers

Jonathan Hardy

Juno's Juggernauts

Joella's Joys

Incredible Clark

Down with Deacon

DownWright Perfect

Emmett's Entourage

**FCPS Preschool Family** 

Elijah's Construction Crew

Ethan's Egg-ceptional Friends & Family

Captain Clay & Company

Alvin, Leann & Co.

Anna's Fantastic Family & Friends







(\$1,000 - \$1,999)

(\$18 - \$999)











\* 78 teams













**\*** 1,983 walkers







(\$2,000 - \$4,999)

Kaislyn Peanuts Kate's Krew

Kayden's Krusaders Kicking it with Kennedy

Ky-Man Kylie's Krew

Landon the Pirate That Can Do Anything

Lawton Love Lincoln's League Lindsey's Rascals Lizzie's Busy Bees Maddie's Minions Molly's Walkers

Nico's Crew Olivia's Ovengers Reese Rocks Remi's Racers Roger's Raiders

Sam Elbert's Friends & Fam

Scarlett's Village

Stewart Home & School Team APT

Team Blake Team Emily Baldwin Team Gunnar Clay

Team Olivia Team Tage Team Taylor The Incredible Huck The Moon Walkers Toni's Tigers

Tori's Tornadoes **Treasuring Tarenne** Trey's Troops

Walking for Weldon

WGM Walks for Down Syndrome

Will Power **Woods Warriors** 





# Fall Family Fun Day & Walk Photos





















































# More Photos





































# Team Contest Winners



Most money raised (Picture on billboard)

Teams Raising \$10,000+ (Trip for three to attend the 2019 NDSS Walk on

**OLIVIA'S OVENGERS** 



Teams raising \$5,000+ (Entered for drawing for picture on billboard)

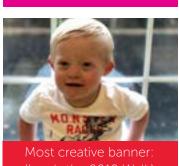
Team with most new registered walkeras in two weeks (Picture on Save the Date)

Teams raising \$10,000+ (Trip for three to attend the 2019 NDSS Walk on Capitol Hill):

**Team Blake** 







(Leads the 2019 Walk) **CARTER'S CHROMIES** 



FOR THE WINN **WOODS WARRIORS** 



**REESE ROCKS** 



**JOSHUA'S FANATICAL FAMILY** 



Teams raising \$2,000 (Entered into drawing for cover photos on Winter 2018 magazine)

**SCARLETT'S VILLAGE** 



(Picture on

**CASSIDY COLTS CREW** 

First five teams with 20 registered walkers (digital countdown graphics)

**BRIANNA'S BUNCH, TEAM BLAKE, REESE ROCKS, SAM ELBERT'S** FRIENDS AND FAM, CAPTAIN CLAY, **FOR THE WINN** 

TEAM BLAKE, REESE ROCKS, SAM ELBERT'S FRIENDS & FAM, DOWNWRIGHT PERFECT, FOR THE WINN, BRIANNA'S BUNCH, CAPTAIN CLAY, CAR-TER'S CHROMIES, GABE'S GANG, CASSIDY COLTS CREW, WILL POWER, WOODS WARRIORS, SCAR-LETT'S VILLAGE, ALVIN & LEANN, TORI'S TORNA-DOES, AWESOME EMILY, LINDSEY'S RASCALS, NICO'S CREW, KYLIE'S KREW

Teams that secure a business sponsor (Picture on A-frame sign)

**BRIANNA'S BUNCH, CASSIDY COLTS CREW,** ABEL'S AVENGERS, OLIVIA'S OVENGERS, BELLA'S **BLESSINGS, WOODS WARRIORS, REESE ROCKS, ALVIN & LEANN, TREY'S TROOPS, EMMETT'S ENTOURAGE, STEWART HOME & SCHOOL,** AWESOME EMILY, SCARLETT'S VILLAGE, LINDSEY'S RASCALS, AVA'S PARADE





# Thank you to our 2018 Sponsors

### GOLD

Applied Behavioral Advancements Pop's Resale

### SILVER

Horn, Richardson and Associates
Pediatric Dentistry of Hamburg
Kentucky Marble and Granite
Bluegrass.org
Lion's Club Organization
Animal Hospital of Nicholasville
New Tech Systems, Inc
Associates in Pediatric Therapy
Owl
Stewart Home and School
US Bank
SVN Stone Commercial Real Estate
White, Greer, Maggard Orthodontics
Bank of Lexington
UK Healthcare

### BRONZE

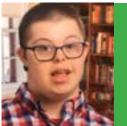
Speedflo
IPM
Life Plan of Kentucky
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Keystone Financial Group
Clays Mill Veterinary Clinic
H&R Block
Synergy Electrical Services

# GIFTS IN KIND Air-Time Inflatables

Party Central Lamar Advertising Baby Boo Photography



# Let's Celebrate



Happy birthday to Spencer Hanson, who turns 18 or Nov. 18!









Happy 4th birthday, Conor!
Here's to another year of
your awesomeness! We are
so proud of you and love
you so very much!
- Mommy, Daddy, Davis,
and Grayson



Happy 12th birthday, Drew! You greet every day

with your beautiful smile ~ We love you!

Dad, Mom and Chad

Emily Faith you will be 21 on Dec. 5. How can that be! Every single day you amaze us with your determination, hard work, and intelligence. Never, never,

never give up! We love you, Mama and Daddy



Be sure to check the DSACK calendar at www.dsack.org for additional information about these and other events and activities. There are plenty of exciting events and activities planned for the new year.
Here are just a few to keep your eye out for:

Healthy Movement Classes
New We Work! Session
New Parent Dinner
Teen Cuisine Cooking Class
Learning Program
World Down Syndrome Day
Spring College Course





1050 Chinoe Road, Suite 204 Lexington, KY 40502 Return Service Requested





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