

To those triggered by my IG...

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Tue, Feb 8, 2022 at 11:59 AM



If you follow me on IG, you've seen a good bit of me—both in skin and soul (not to mention dance moves 🕺).

Time and time again, I get asked, “*how do you have the confidence DO that???*”

I haven't always been so unapologetic about being myself.

Once you become aware of what emotional blocks are holding you back from the highest version of yourself, then you can actually take aligned actionable steps to get unstuck. But it's not quick, and it's not easy.

You can't snap your fingers and magically heal just like that.

It takes digging in.

It takes work.

It takes commitment.

It takes consistency.

It takes being willing to feel all the feels (*this shit gets MESSY!*).

It often takes support from others.

We live in a quick fix society. Where we're taught we can just pop this pill and we'll be all better in the morning.

Healing doesn't work like that. It's an unwinding of patterns and conditioning, and it's not even all yours.

What your parents didn't deal with, and their parents...well that's been passed on to you to heal.

And, yes you will face resistance. That's part of it.

But on the other side, is the beauty, the joy, the freedom, the feeling at home in your skin, the relaxing into life.

It's worth it.

If you've been struggling and bumping against those walls of “I can't,” and “I don't wanna,” then this is the sign you've been waiting for.

Tomorrow is the final day to claim a bonus **1:1 Reveal & Heal Session** with yours truly.

Here's what we can achieve in your 1:1 intensive:

- ✨ A full Chakra clear to remove any stuck energy between you and another person. This allows for you to be reconnected back to YOUR energy, and not someone else's.
- ✨ A deep root clear to release any unconscious limiting beliefs that have been holding you back from your greatness.
- ✨ Uncovering core emotional wounds and how they're [[showing up]] in your individual life.

Ready to heal and allow yourself to have it all?
>>> Enroll in Radiant AF! and claim your FREE bonus healing session

With Hip Swirling Love + Magic,
Megumi



MEGUMI *Fujita*

**EMBODIMENT + SELF-LOVE COACH &
FEMININE ENERGETICS EXPERT**

As an Embodiment and Self-Love coach, I use transformational, trauma-informed coaching to uplift and empower women like you to reclaim their magic through manifestation and oh-so juicy pleasure.

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