

TEND TO YOURSELF, BODY AND SOUL



# Grab Your Glam and Go

A great beauty product at an awesome price is our love language, so we asked a team of mom experts to pinpoint the 20 best drugstore finds. Straight from the aisles, here are the winners.

by **DALEY QUINN** photograph by **MARLEY RIZZUTI** 



#### 1. No7 Laboratories 15% Glycolic Acid (\$40)

This is the highest-strength peel you can buy at a drugstore. Not only can it help with dark spots, uneven tone, and texture, but it also has some off-label benefits: "This glycolic-acid formula is very effective in treating the bumpy skin on my upper arms, called keratosis pilaris," Dr. Sarkar says.

#### 2. MELÉ EVEN Dark Spot Control Serum (\$24)

Shake this bi-phase serum to combine its pigment-fighting niacinamide, hexylresorcinol, and retinyl propionate, which are proven to diminish dark spots and discoloration, Dr. Robinson says.

#### 3. CeraVe Hydrating Creamto-Foam Cleanser (\$15)

It can be hard to find a do-it-all cleanser that won't strip your skin, but "thanks to the ceramides, glycerin, and amino acids, this one is gentle enough for daily use," Dr. Sarkar says. "It's a great pick for folks with normal to acne-prone skin."





These microfiber pads can be washed and reused 1,000 times.

# 4. Aveeno Calm + Restore Triple Oat Serum (\$18)

Maskne and chapped-skin sufferers will appreciate this formula's soothing oat extract. It's also hypoallergenic, lightweight, and nongreasy, and it can be used morning or night to moisturize and strengthen the skin barrier.

#### 5. Garnier SkinActive Micellar Cleansing Eco Pads (\$9 for 3)

A swap for mamas looking to up their earth-friendly game: These machine-washable, reusable pads offer a replacement for makeup wipes and cotton rounds. "I love that they remove every speck of makeup and can be used with micellar water or your fave cleanser," Dr. Sarkar says.

## 6. Bioré Brightening Clay Mask (\$6.50)

If your skin looks dull, dry, or just overall blah, consider this brightening clay mask.
Vitamin C (from yuzu lemons) brightens, papaya extract exfoliates, and glycerin hydrates to target dark spots and help balance skin.



# Meet the Judges

These beauty authorities reviewed and road tested new and best-selling products to narrow down the top picks.



# Papri Sarkar, M.D.

This Boston dermatologist and mom of two is known for covering followers' questions, from dandruff to pimples, on her account @paprisarkar.md.



#### Caroline Robinson, M.D.

Chicago dermatologist and mom of two daughters, @crobinsonmd advocates for diversity in dermatology and beauty.



# Clariss Rubenstein

Celeb hairstylist and mom of two, @clarissanya is literally making waves in Hollywood as she maintains Sofia Vergara's and Gemma Chan's soft curls



# Keanda Rebelle

We love all of New York City mom and makeup artist @keys\_ rebelle's makeup looks, but her work on eyes is especially fun, fierce, and mask-ready.



# Abra McField

At her St. Louis salon, hairstylist and mom of two @abramcfield is devoted to helping women heal damaged hair and grow longer locks through education and product recs.



# Toby Fleischman

Santa Monica, California, makeup artist and mom of two boys, @tobyfleischman is known for her red-carpet looks on celebs such as Evan Rachel Wood and Gina Torres



**FACE** 

#### 1. L'Oréal Paris Le Liner Signature (\$11)

Even beginner eyeliner users will fall in love with this formula. It dries quickly, lasts all day, and has a gel pencil on one end and a sponge tip on the other to blend out shaky lines, Rebelle says. Choose from the everyday black or brown, or try a slash of navy or plum.

### 2. Colgate Optic White Overnight Teeth Whitening Pen (\$25)

A steady stream of coffee powers your day, but the discolored teeth you could do without. Hydrogen peroxide in this brush-on gel coats teeth and works while you sleep. "After just a few days of use, I felt my teeth did look a bit whiter, and then on a recent Zoom call, I looked at myself smiling in the camera and did a double take at how bright they were," Fleischman says.

# 3. Physicians Formula Matte Monoi Butter Bronzer (\$16)

This matte bronzer has a putty-like powder texture that gives an airbrushed effect. Sweep on with a fluffy brush in the shape of a 3—hitting temples, cheekbones, and jawline—to frame the face, Fleischman says.

# 4. NIVEA 2 in 1 Lip Balm & Scrub (\$5)

"One swipe and I felt like my lips had had a spa treatment," says Rebelle. Plant-based particles exfoliate then quickly dissolve into a nourishing balm to make lips supersoft.

### 5. CoverGirl Outlast Extreme Wear 3-in-1 Foundation Full Coverage Liquid Foundation (\$11)

This humidity- and sweatproof product is made to last up to 24 hours—through meetings and park hangs—or until you wash it off. For light coverage, apply with your fingers, or buff with a brush for a flawless complexion.

## 6. Sally Hansen Hydrate Peel-Off Nail Masks (\$7.50)

Months on months of handwashing and sanitizing have likely left you with hangnails, rough cuticles, and dry fingers. Squeeze a bit of this cream onto each nail and around the cuticle, let set for 15 minutes (it's thick enough that you can still daintily type or scroll), then peel off to reveal moisturized digits.

#### 7. Maybelline New York Lash Sensational Sky High Mascara (\$11.50)

"After my full day running around with the kids, the formula didn't smudge, rub, fade, or flake. I also love how thick it makes my lashes look," Fleischman says.

Our makeupartist tester Toby Fleischman described this as "a new favorite."

WOMAN: LAUREN PERLSTEIN





medium, coarse, textured, curly, coily, or even kinky hair, this gel doesn't leave buildup and will make curls defined, shiny, and full of life for days," McField says. Yes, please.

### 2. Pantene Nutrient Blends Miracle Moisture Boost With Rose Water Sulfate-Free Shampoo & Conditioner (\$7 each)

This best-selling duo is superhydrating without weighing hair down. The shampoo gently cleanses and the conditioner glides through hair, leaving it smooth and frizz-free, Rubenstein says.

# 3. Nexxus Curl Define Ultra-8 Pre-Wash Treatment (\$15)

If the detangling process for your curls or coils tends to be

a headache, apply this cream to dry hair five to ten minutes before hopping in the shower. It seals in moisture, McField notes, making hair softer, shinier, and easier to manage during the rest of the washday process.

# 4. TRESemmé Compressed Micro Mist Hairspray (\$5)

A classic for a reason: It may look like any old hairspray, but this superfine mist gives weightless hold without the crunch (while using 50 percent less aerosol than typical formulas). "It's truly invisible on hair. As someone whose clients are regularly photographed, I can tell you just how important this is," Rubenstein says.