



Buchanan Buzz

NEWS FROM 409 BLAIR AVE.

MARCH 2022

March

Racing clouds and
whistling winds,
Coats flapping
in the breeze,
Bright kites circling
in the skies,
The dance of
swaying trees,

The cheerful sight
of crocuses,
The first sweet breath
of spring
Just part of all
the many moods
The month of March
can bring.



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Precious Memories



Buchanan's "racketball" should be Canada's national sport - much softer & safer than hockey!



Reg, Mary & Cindy get along A-OK!



So good to have Alistair's music back!



Josie's trying to tell Dublin "lunch is later!"



Janet has a steady hand and a creative flair!

Thought for March

*Love means ~~never~~ having
to say you're sorry*

As predicted in last month's Buzz, February was the month for cheesy romance movies on TV, and yes, I watched too many of them! But the one I didn't go near was "Love Story," from 1970, starring Ryan O'Neal and Ali MacGraw. That one line, "Love means never having to say you're sorry," is one of the most parodied movie lines in cinematic history, and for good reason. It is so blatantly wrong! Real love requires an unending supply of apologies and forgiveness. We are human and we will make many mistakes in our relationships. However, if we are secure in who we are and already assured that God loves us no matter what, a lot of hurt feelings can be avoided.

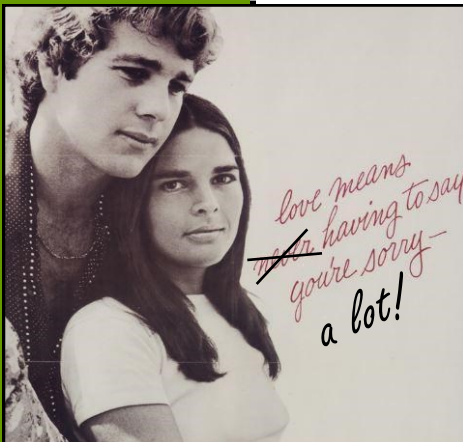
God's kind of love "is not easily angered; it keeps no record of wrongs" (1 Cor. 13:5b). Another version says that "love hardly even notices when others do it wrong." Now that's the best way to avoid misunderstandings, confrontation, damaged feelings, and the need for forgiveness. I learned a long time ago to believe the best about people. If they say something or do something that may seem personally offensive, I quickly tell myself, that's not what they meant. My wife calls me the "boy in the bubble" (I don't think she means it as a compliment but I take it that way!) and so far, no one has been able to burst that bubble. The key is to forgive people even before they ask for it, like Jesus did (Luke 23:34). Lewis Smedes, author of "Forgive and Forget," said that "to forgive is to set a prisoner free and discover that the prisoner was you." We try to use unforgiveness as a weapon to hurt others but like a knife without a handle, it only hurts the one who holds on to it!

A more difficult challenge for me, as the insensitive bubble boy, is to not offend others. The first part of that same verse we quoted earlier says that "love is never haughty or selfish or rude. Love does not demand its own way" (1 Cor. 13:5a).

When you are thinking about others and caring about how they feel, you are unlikely to cause an offense. If you do, then love demands an apology – who is right or wrong is not the only issue. It's one of the most powerful principles we can teach our children and grandchildren. And the best way to teach it is to provide an example for them to follow. Have you ever made a mistake with your children and asked for their forgiveness? This is not a sign of weakness, but of great inner strength.

Asking for and extending forgiveness is not easy. Smedes goes on to say: "Forgiving is love's toughest work, and love's biggest risk Forgiving seems almost unnatural. Our sense of fairness tells us people should pay for the wrong they do. But forgiving is love's power to break nature's rule." *Chaplain Rob*

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Happy Birthday

Robert B.	Mar. 8	Ed P.	Mar. 20
Deidre K.	Mar. 11	Ingeborg L.	Mar. 22
Alvera S.	Mar. 12	Vi G.	Mar. 24
Richard B.	Mar. 12	Frank F.	Mar. 24
Margaret E.	Mar. 15	Lilly J.	Mar. 24
Patricia M.	Mar. 16	Margaret W.	Mar. 25
Dora B.	Mar. 19	Philip L.	Mar. 28
		Charles B.	Mar. 30

Birthday Teas

Thursday, March 17
1:45 pm in Rose (Willow)
with Alistair

Thursday, March 24
1:45 pm in Camelia (Magnolia)
with Brian O'Neil



ARMCHAIR TRAVEL

with Chaplain Darlene

THE HOLY LAND

MONDAY AFTERNOONS
1:45 am & 3 pm

March 14
Camelia & Magnolia

March 21
Willow & Rose




March 19
at 2 pm - MPR

Don't miss **Johnny Cash and June Carter**
Live in Manhattan from 1973
Saturday, March 19 at 2 pm in the Multi-Purpose Room
for Camelia and Magnolia



THE HOLY LAND

LIVE MUSIC



- Mar 4 - Fri. 3 pm Camelia - Alistair
- Mar 5 - Sat. 1:45 pm Willow - Alistair
- Mar 10 - Thurs. 1:45 pm Magnolia - Brian O'Neil
- Mar 12 - Sat. 3 pm Camelia (Magnolia) - Alistair
- Mar 18 - Fri. 1:45 pm Camelia - Alistair
- Mar 25 - Fri. 1:45 pm Camelia - Alistair
- Mar 26 - Sat. 1:45 pm Rose (Willow) - Alistair



RESPECT

Find out what it means to us

When moving about the building, be mindful of residents looking for washrooms, programs, or someone to help them home, and then take a few moments to help!

RESPECT
suggestions are new each month.

Thank! you!



Bottle Depot Fundraiser for

Buchanan Resident Council

Through express recycling

Use the link below to view types of containers eligible for refunds and to find "Return It" locations near you.

<https://www.return-it.ca/beverage/recycling/recycling101/>

- ⇒ Collect your recyclables in a max 75-liter clear/blue bag
- ⇒ Tie and bring to an express location
- ⇒ Type in and print the label. (604-522-7033)
- ⇒ Attach the label to the bag(s)
- ⇒ Leave it with the return it staff.
- ⇒ The return it staff will count the products and deposit the funds into the Resident Council account in 5-10 business days.

NEW FLOORING

Thanks to generous extra contributions through Fraser Health, we were able to raise all the funding needed to replace high traffic flooring in the resident common areas with new beautiful, durable and cleanable vinyl plank flooring. Over the next few weeks be patient as we watch the transformation unfold!



The look as the old carpet and linoleum are removed.



A sample of the new vinyl plank flooring.

Our Festive Furniture Fundraiser over Christmas surpassed our goal of \$20,000!

Our old recliners had to be removed from resident lounges as they were difficult to clean and fully sanitize. Thanks to our donors and more funding through Fraser Health we were able to purchase even more furniture than originally planned. The new chairs on order are designed for durability and frequent cleaning and will look fantastic on our new floors!



Thank you to all who gave so generously!!



Saint Patrick's Prayer of the Faithful

May the Strength of God pilot us.
May the Power of God preserve us.
May the Wisdom of God instruct us.
May the Hand of God protect us.
May the Way of God direct us.
May the Shield of God defend us.
May the Host of God guard us
Against the snares of the evil ones,
Against temptations of the world.

May Christ be with us!
May Christ be before us!
May Christ be in us, Christ be over all!
May Thy Salvation, Lord, Always be ours,
This day, O Lord, and evermore. Amen.

