

November 2025 Newsletter

Let's

Travel

TRAVELING OVER THE HOLIDAYS?



Do you need some help making the trip without excessive tablet time?

[CLICK HERE FOR THE GUIDE!](#)

November's theme

Office Updates...

The holidays are upon us! Don't forget that our office closes the week of Thanksgiving & 2 weeks at Christmas! If you are needing to meet with your child's therapist before the end of the year, reach out now to find out if you're due for a conference & get it on the schedule!



these cuties...



CELEBRATING OUR FRIENDS FROM OUR SCHOOL SUCCESS SKILLS GROUP

Y'ALL ROCK

We sure are proud of these precious kiddos in this sweet group! They worked hard developing some great tools 🌟 that they can use when they get the kindergarten 🎒 next year. They learned a whole of preparatory knowledge and gained some skills that will really come in handy when they get to school. They really blew us away 🙌 with their willingness to work hard 💪 and experience new things! We can't wait to see what their first year of school 📚 🎒 🍎 will bring!

*Permission granted from parents for sharing

The DST Office will be closed the week of Thanksgiving 11/24 - 11/28



EXECUTIVE FUNCTION GROUPS

AT DEAR SISTER THERAPY
THIS UPCOMING SPRING SEMESTER



targeting:

impulse control
working memory
attention + focus
problem solving
time management
initiation + follow through
challenge tolerance
emotional + self-regulation
self-motivation + awareness

**EXECUTIVE
FUNCTIONS**

Monday Afternoons
4:00-5:00

ages 6-9 years

**EXECUTIVE
FUNCTIONS**

Tuesday Afternoons
4:00-5:00

ages 9+ years

resumes jan 2026

monday



group

tuesday



group

\$800 for the entire 16 week fall semester program



Fill out the contact form
online to reserve your spot!



*must scroll to the
bottom of our website

Boost the powerful brain
skills called executive
functions. Increase your
child's awareness and
understanding so that your
child can thrive, not just
survive!



Please fill out the contact form on our website if you are interested
ASAP to reserve your spot!