



IGNITE YOUR VERVE

PROFILE MAKEOVERS

ACCUMULATED FROM CURRENT
AND PAST SOCIAL MEDIA CLIENTS

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A F T E R
B E F O R E



“
EVEN THE SMALLEST
shift in perspective
CAN BRING ABOUT
the greatest healing.

- JOSHUA KAI



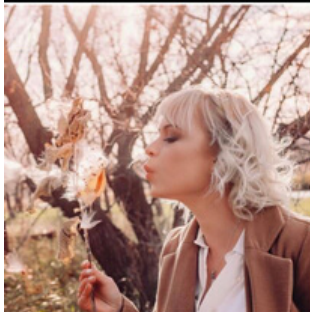
“
HONOR YOUR DESIRE FOR
A NEW LIFE. **Say yes** TO
THE SMALL INKLINGS OF
INTEREST AND CURIOSITY
that present
themselves each day.

- LYN ROBINSON



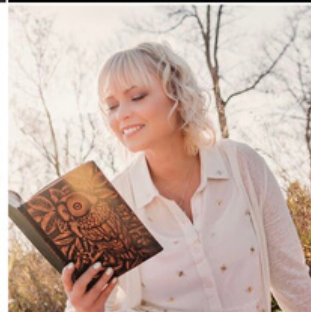
“
AS LONG AS WE REMAIN VIGILANT AT
BUILDING OUR INTERNAL
ABUNDANCE—AN **abundance of**
integrity, AN abundance of
forgiveness, AN abundance of
service, AN abundance of
love—THEN EXTERNAL LACK IS BOUND
TO BE TEMPORARY.

- MARIANNE WILLIAMS



“
IF YOU BEGIN TO
understand what you are
WITHOUT TRYING TO
CHANGE IT, THEN WHAT YOU
ARE **undergoes a**
transformation.

- JUDU KISHINABREI

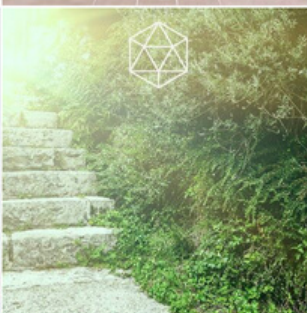


SOUL RETRIEVAL
48 Hour
FLASH SALE!!



I'm not here to
teach you to follow
in my foot steps.
I'm here to show
you how make
your own.

@mysticrebelarts



My
pendulum
determined...
that
was a LIE.

Mystic Rebel Arts

Sage
Advice

Mystic Rebel Arts



It has come to our attention that some of the pre-
release marketing for Mystic Rebel Arts Magazine was
not credited properly.

These posts have been deleted, and we want to
apologize to all of our contributors for this oversight.

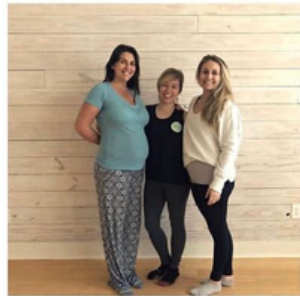
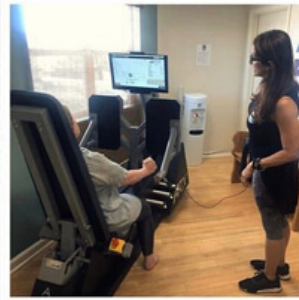
Our intention for this magazine is to collaborate with
likeminded individuals, and this omission was
completely unintentional.

Thank you all for your support, and we're so excited to
watch this magazine change lives.

Blessed be,
Lola

AFTER

BEFORE



CEC'S
The Standard in Classical Pilates Education

Good teachers never stop learning! Earn your credits at an upcoming Continuing Education Conference or take workshops online at Leaders in Fitness with top Power Pilates Teacher Trainers. You can also audit any program you have already passed for CECs and immerse yourself in the material from a new perspective.

Not yet Power Pilates certified? What are you waiting for? Join Core Mat 1 TODAY!

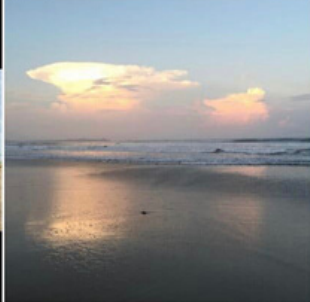
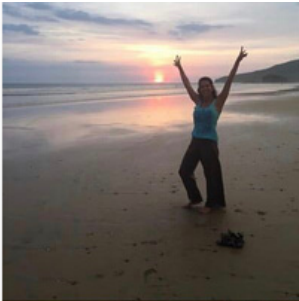
CORE MAT 1
June 26-27 in Orlando

Learn to teach the 18 beginner level mat exercises and be introduced to Power Pilates teaching tools, philosophy and business formula.

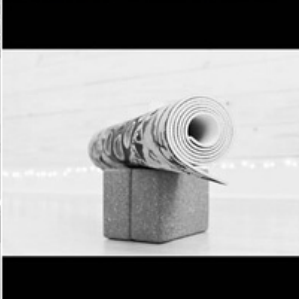
14.4 ACE CEC's

Already Core Mat 1 trained? Audit for \$375 and earn 8 Power Pilates CEC's!

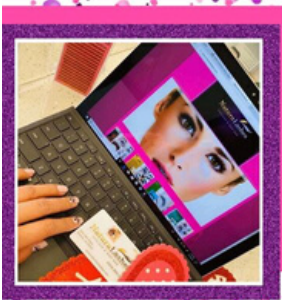
SIGN UP TODAY!



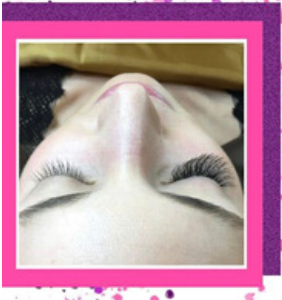
Physical fitness can neither be achieved by wishful thinking nor outright purchase.. "Joseph Pilates"



A F T E R
B E F O R E



Lashes
SPEAK
LOUDER THAN
WORDS



WHEN LIFE
GIVES YOU
LEMONS SELL
THEM FOR
Lashes



SCHEDULE
your
LASH
appointments
NOW!!

Have a
Fabu-LASH
Thanksgiving

What are YOU
Thankful For?

Lashed
POTATOES
AND
GRAVY



M  N  D  A  Y



Perfect lashes
 
Easy morning

 
Lash Models Needed
Text 504-990-7797
Date: December 4th
Cost: \$40
Time: 12 & 2pm