

WISDOM BEYOND WHAT YOU KNOW



What if there is MORE?

What if there's more to life than feeling exhausted,
overthinking your every action, and questioning your next goal?

What if your analytical mind took a back seat and you JUST KNEW what was right for you?

Ulrika Sullivan's multitasking, up-in-her-head, stressful corporate career left her feeling like she was living on autopilot. She didn't know who she truly was. A complete career shift was carefully orchestrated by the Universe to open her up to the deepest level of her soul and purpose. This led to a life-changing "point-of-no-return" epiphany: There is an undeniable feeling of clarity and way forward available to us when we connect with our inner voice, heart's desire, and body consciousness.

Sullivan now invites you to expand beyond the re-run patterns of your mind and shift into heart-centered living. In *Wisdom Beyond What You Know: How to Shift from Being Driven by the Mind to Living from the Heart and Intuition*, she presents seven essential, realistic, and actionable inner shifts to connect you to the universal wisdom of your true self through commitment, self-awareness, sovereignty, embodiment, manifestation, and spiritual practice to stay centered and in flow with the universe.

Discover the seven transformational shifts to help you expand beyond what your mind knows. Take action today towards multidimensional living through the heart and intuition, just in time for the new future.



ULRIKA SULLIVAN

Ulrika Sullivan is a former scientist turned intuitive spiritual life coach (CPC, ELI-MP), yoga teacher (RYT-200), and energy healer (Usui Reiki II). She is passionate about helping busy women to connect with their intuition, energy, and true selves to find inner calm, self-love, and life balance so that they can live from the heart with more ease and flow. Ulrika is the creator of the podcast *New Light Living - See Your Life in a New Light* and the founder of the *Beyond the Mind* membership community.

Connect with Ulrika at UlrikaSullivan.com OR WisdomBeyondBook.com.

TO ORDER OR FOR MORE INFORMATION: UlrikaSullivan.com