

# TRADITIONAL MÉTIS PLANTS

1. Look at the plant names written next to the empty boxes on your worksheet.
2. Listen to the videos and try to draw a picture of the plant in the box next to its name.
3. Make your drawing colorful and try your best to make it look like the real plant!



**STINGING NETTLE**

**ROSE HIPS**

**PLANTAIN**

**SPRUCE TREE**

**CAMOMILE FLOWERS**

**MARSHMALLOW ROOT**

**BEESWAX**

**BLACK POPLAR**

**BIRCH TREE**

**TREE GUM**

**PINE PITCH**

**ROSE HIP TEA**

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Name: \_\_\_\_\_

# How to care for plants

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## How to care for plants

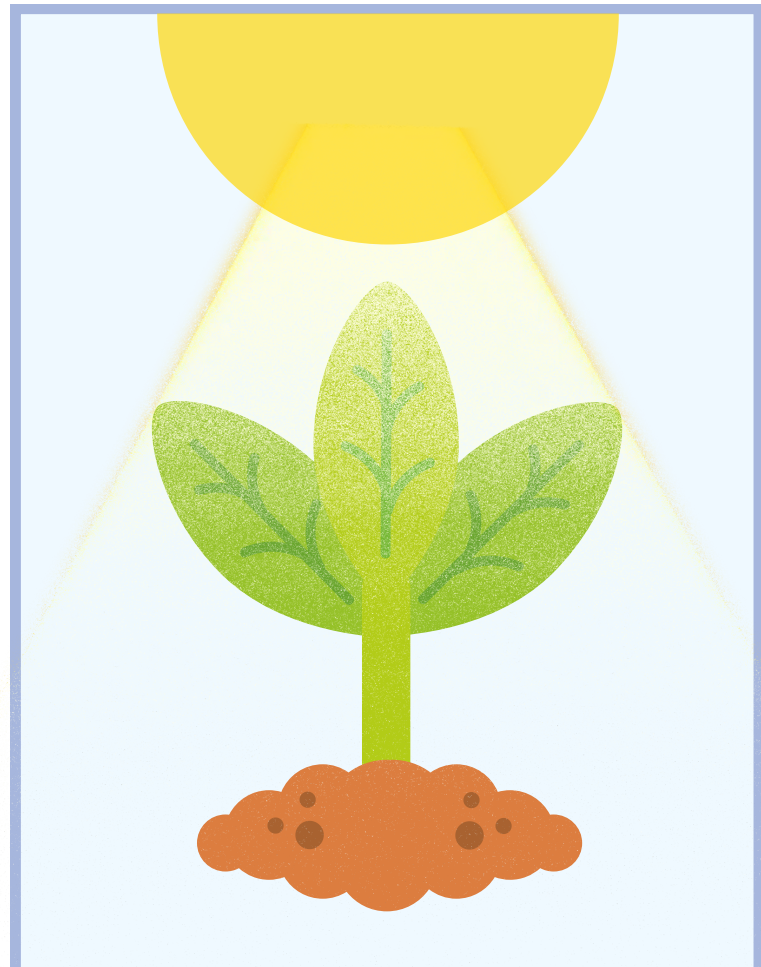
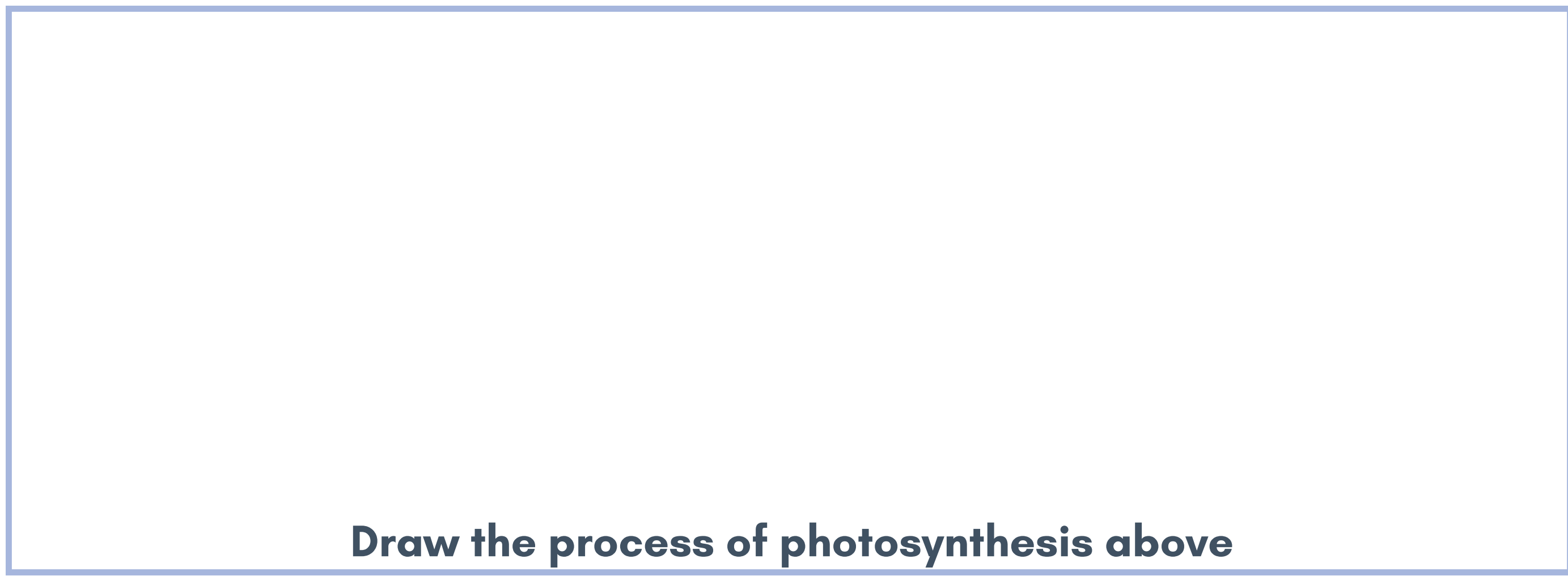
- ▶ Water your plants regularly
- ▶ Keep the soil moist
- ▶ Reducing or overwatering the plant also damages it so give it sparingly
- ▶ Water the plant when the soil color changes to light/dry
- ▶ Add fertilizer to the pot to provide nutrients for the plant.
- ▶ Prune your plants regularly



Name: \_\_\_\_\_

# PHOTOSYNTHESIS

Photosynthesis is the process by which plants make their own food.



**SUNLIGHT  
ABSORPTION**

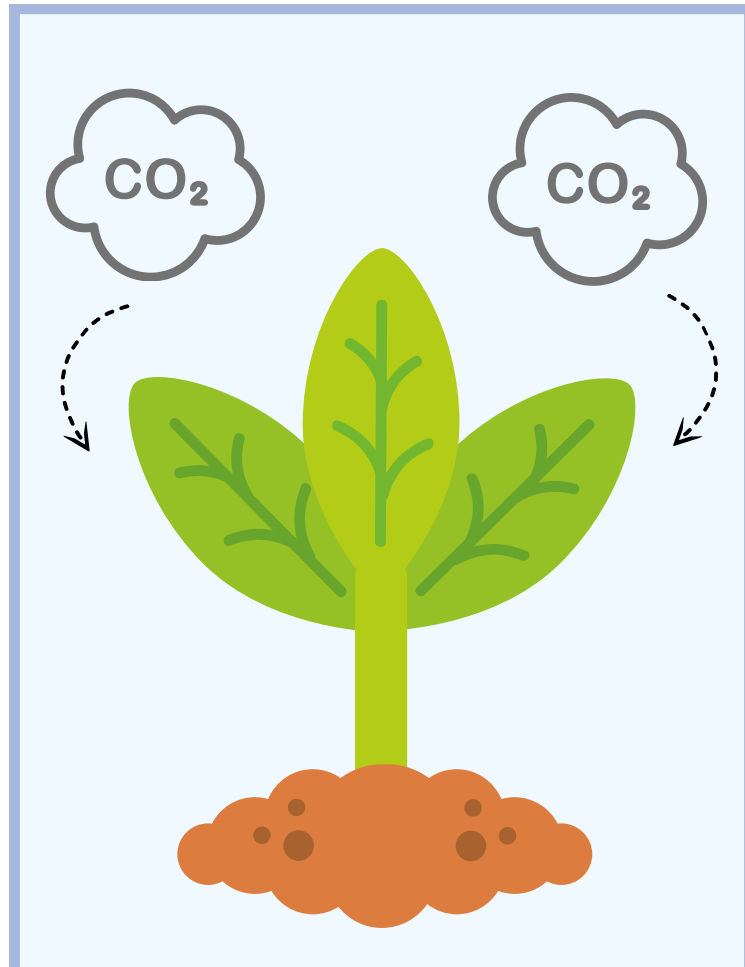
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**CARBON DIOXIDE  
INTAKE**

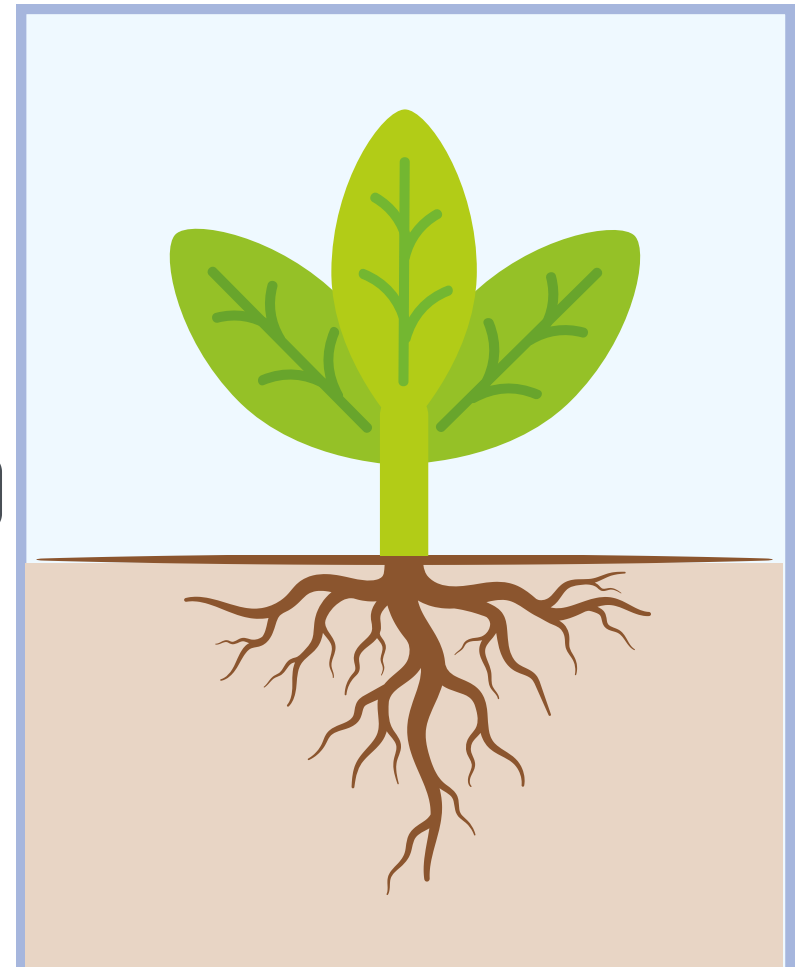
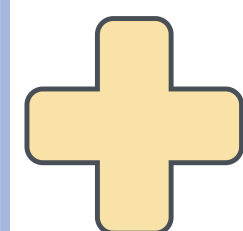
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**WATER INTAKE**

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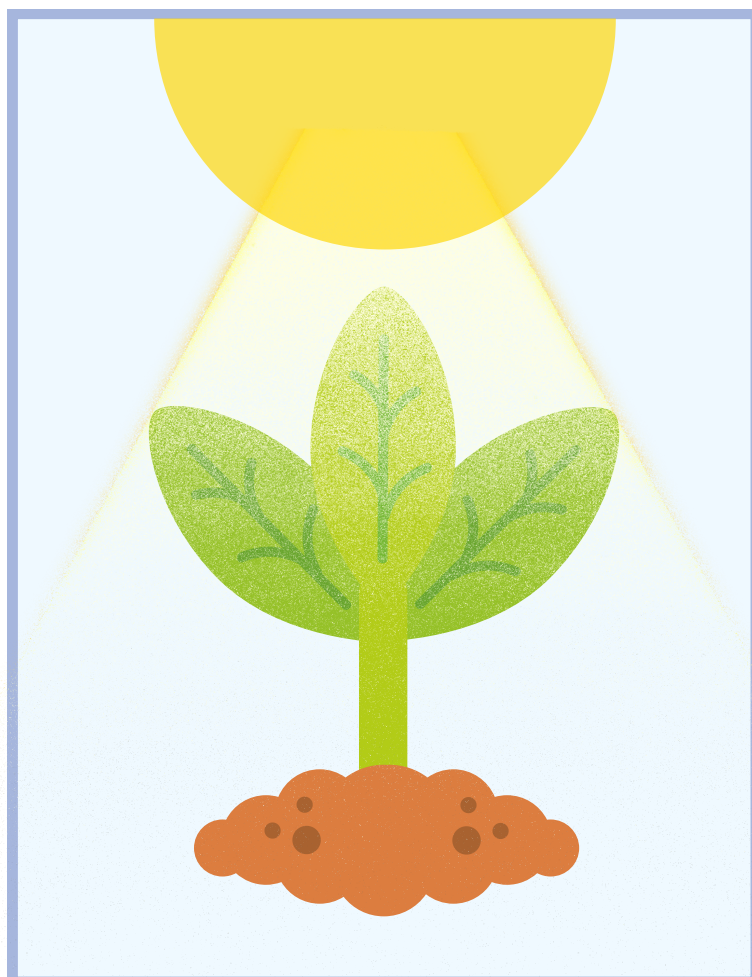
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Inside the leaves, the plant uses sunlight energy to mix carbon dioxide and water. This process creates glucose (sugar) as their food and releases oxygen as a byproduct.



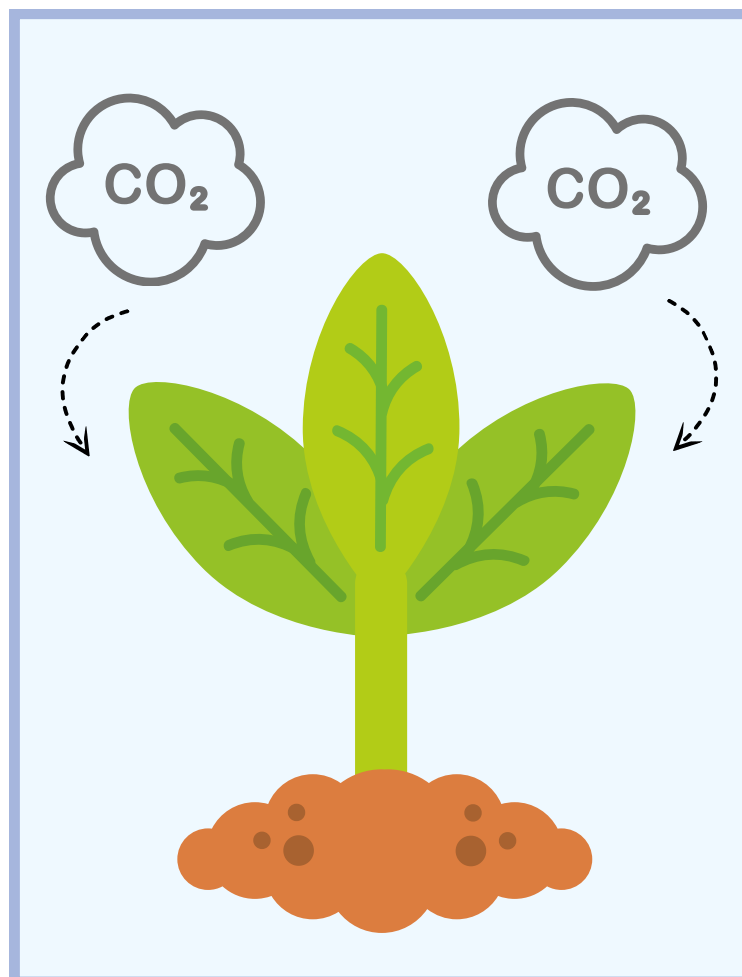
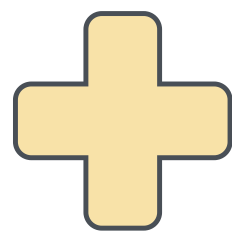
# PHOTOSYNTHESIS

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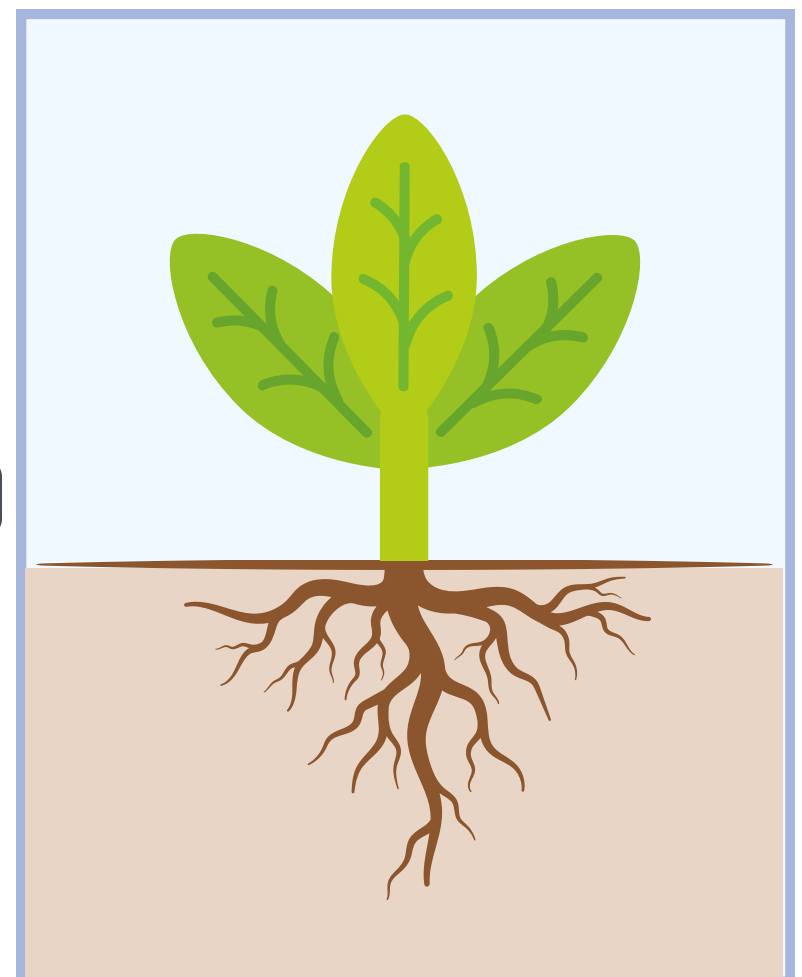
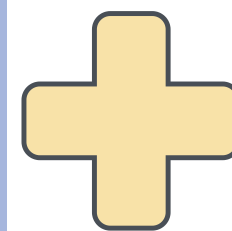
## SUNLIGHT ABSORPTION

Chlorophyll in the leaves of plants absorb light energy from the sun.



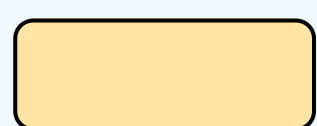
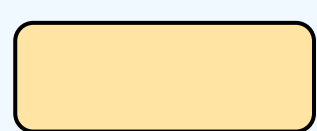
## CARBON DIOXIDE INTAKE

Tiny holes in leaves of plants, called stomata, take in carbon dioxide from the air.



## WATER INTAKE

Water from the soil is absorbed through the roots and travels all the way to the leaves.



Inside the leaves, the plant uses sunlight energy to mix carbon dioxide and water. This process creates glucose (sugar) as their food and releases oxygen as a byproduct.

Name: \_\_\_\_\_

# The Life Cycle of Plants

The life cycle of plants starts from the seed form, which is buried in the ground through different methods. It germinates and gives rise to the first leaves known as seedlings. Following this, the growth of the plant continues, and it reaches a mature stage, then it pollinates.





Name: \_\_\_\_\_

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## 01 Seed

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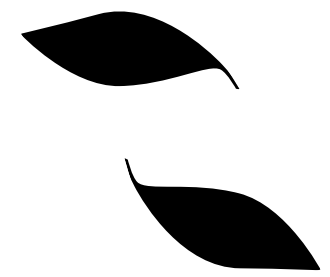
## 02 Germination

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## 05 Pollination

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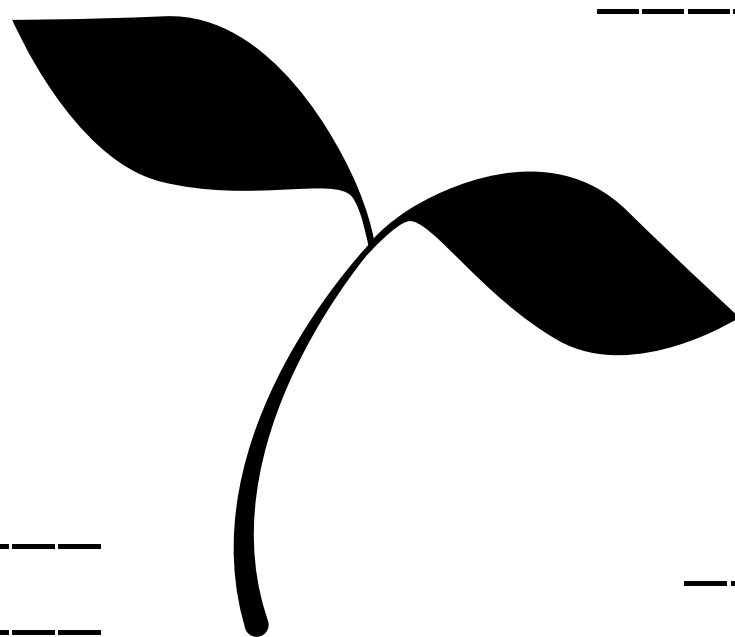
## 03 Fertilisation

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## 04 Flowers



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