

HEY THERE KIDDOS!

My name is Bentley the Bear, and I am so excited for you to join me on this Kids Night In Box journey. Through this box, we are going to learn what it means to have a grateful heart. There are so many things in your life that you can be thankful for. It is important that you take time to show these things your appreciation.

You are going to read a book, make an awesome craft, watch some cool videos, get active and build a tree, all while learning about gratitude! Are you ready!? Find activity #1 to begin your journey and remember to HAVE FUN!

(PS: Adults, look on the back of this card for instructions specifically for you.)

#KIDSNIGHTINBOX #KNIGRATEFULHEARTS KIDSNIGHTINBOX.COM



OUR HOPES

Through this box, we hope that your child will get a better understanding of what it means to show gratitude. We want to get them thinking of all of the different things that they have in their lives to be thankful for. We also hope that they will get a better grasp on ways that they can show their appreciation through their words and actions.

CONTEST

This month we are giving away a **FREE** Kids Night In Box to someone who snaps a picture of themselves enjoying this month's box. To qualify, simply post your photo to Instagram or Facebook using the hashtags **#KidsNightInBox** and **#KNIGratefulHearts**.

GATHER SUPPLIES NOT INCLUDED

Pen, drawing utensils (optional), scissors (optional)

RECIPE

In every box, you will find a themed recipe card that includes instructions for an optional recipe for you and your little one(s) to make! We always send the shopping list to you ahead of time via your shipping confirmation email! You can find this card in the bottom of your box.

QR

Whenever we reference a video throughout this box, you can use this QR code or follow the link provided below to the web page where you can locate it. If you would like to use the QR code, all you need to do is download a QR code reader app. The videos will be numbered to help you keep track. You can also find your custom Grateful Hearts Spotify playlist here!

[KIDSNIGHTINBOX.COM/GRATEFUL-HEARTS](https://kidsnightinbox.com/grateful-hearts)



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