

LUNCH MENU

PICK UP & DROP OFF DELIVERY SERVICE:

Drop off delivery service starts at \$20, within Calgary city limits. Delivery service is available between 8am - 4pm, Monday through Friday. We cannot guarantee an exact delivery time and therefore request a window of 30 minutes to 1 hours time for your delivery.

Pick up is available at our Foothills kitchen, located at #4, 5329 72 Ave SE, between the hours of 8am - 4pm, Monday through Friday.

EXTRAS:

COFFEE SERVICE

- Includes: Tim Hortons coffee, cream, sugar, disposable hot cups & stir sticks Provided in 12cup disposable insulated containers

\$30/dzn *must be ordered in quantities of 12

TEA SERVICE

- Includes: Tim Hortons tea bags, cream, sugar, disposable hot cups & stir sticks
- hot water provided in 12cup disposable insulated containers

\$30/dzn *must be ordered in quantities of 12

COMPOSTABLE PLATES & INDIVIDUAL CUTLERY PACKS (fork, knife, spoon, napkin, salt & pepper) \$1/person

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DISPOSABLE SERVING TONGS (recommended for platters)

\$2.50

DISPOSABLE HOT LUNCH SERVING SPATULA

\$4

BOTTLED WATER

\$1.50

ASSORTED POP / JUICE

\$2.50

SAN PELLEGRINO SPARKLING WATER

\$3



LUNCH MENU



*MIN ORDER OF 8

BASIC LUNCH BOX

Each box includes a fresh, artisanal sandwich on housemade bun, a small side salad, a pop and cutlery

\$14.50ea

GLUTEN WISE @ AVAILABLE - ADD \$2

SIGNATURE LUNCH BOX

Each box includes a fresh, artisanal sandwich on housemade bun, a small side salad, a pop, a mini dessert and cutlery

\$17.50ea

GLUTEN WISE **3** AVAILABLE - ADD **\$2**

Sandwich options:

- THE VEGGIE: ♥ roast vegetables, brie cheese, pesto aioli, lettuce & tomato
- CHICKEN CLUB: roast chicken, smoked bacon, vine-ripened tomato, pesto aioli and lettuce
- HAM & CHEESE: smoked ham, monterey jack & cheddar cheese, dijonnaise, lettuce and tomato
- ROAST BEEF: roast beef, caramelized onions, horseradish mayo, cheddar cheese, lettuce and tomato
- THE DELI: salami, calabrese & capicola, provolone cheese, roasted garlicaioli, lettuce and tomato

Salad options: (*1 salad type per 6 boxes)

- MIXED GREENS 🐶 🚳
- CAESAR
- POTATO
- PASTA

PREMIUM LUNCH BOX *MIN ORDER OF 12 & MIN 6 PER SANDWICH SELECTION

Each box includes a fresh, artisanal, premium sandwich on housemade bun, a small side salad, a mini dessert and cutlery

Sandwich options:

- SPICY SESAME CHICKEN: ginger, garlic and lemongrass marinated chicken, lime and honey infused shredded carrot and red cabbage, Thai chili mayo
- SMOKED MEAT: house cured meats, pickles, dijon mustard, provolone, smoked paprika mayo
- CUBANO: roasted pork, maple glazed ham, swiss cheese, pickles and grainy dijon aioli
- ALBACORE TUNA: tuna, roasted red peppers, asiago cheese, mixed greens and creamy caesar
- SMOKED TURKEY: sliced roma tomato, mixed greens, red onion and grainy mustard mayo

Salad options: (*1 salad type per 6 boxes)

- MIXED GREENS V
- CAESAR
- POTATO
- PASTA

\$21ea

GLUTEN WISE @ AVAILABLE - ADD \$2

WHIPPT KITCHEN

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- FIESTA: We tomato, avocado, radish, corn, black beans, lime, rice, creamy chipotle lime dressing
- MEDITERRANEAN:

 √ tomatoes, cucumber, grated carrots, fresh mint, chickpeas, lemon tahini dressing

LUNCH MENU

\$14.00ea

ADD-ONS:

- SALMON +6 - GARLIC SHRIMP +4 - BOILED EGG +2

- TOFU +4 - GRILLED CHICKEN +5

MIX & MATCH:

LUNCH 2 / REAL FOOD / HANDCRAFTED

SIGNATURE SANDWICH * MIN ORDER OF 10

Sandwich options: (See page 1) - avialable plattered or individually packaged

\$10ea | GLUTEN WISE @ AVAILABLE - ADD \$1

PREMIUM SANDWICH *MIN ORDER OF 12 & MIN 6 PER SELECTION

Sandwich options: (See page 1) - available plattered or individually packaged

\$12ea | GLUTEN WISE 8 AVAILABLE - ADD \$1

SOUP *MIN ORDER OF 10 PER SELECTION

Soup options:

- ROAST CARROT & GINGER V
- CURRY COCONUT BUTTERNUT SQUASH 🐓
- HEARTY CHICKEN VEGETABLE

\$4ea SM CUP

\$8ea LG CUP (*served with housemade bread)

- TOMATO BASIL 🐓
- CREAM OF MUSHROOM V
- FEATURED SOUP OF THE WEEK

SALAD *MIN ORDER OF 6 PER SELECTION

Salad options:

- MIXED GREENS 🐶 🎯 / CAESAR / POTATO / PASTA

\$3.50ea SM CUP

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HOT MENU



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HOT MEALS can be provided hot & ready to enjoy, or cooled with reheating instructions

SIZING:

- -Individual Portions (*min qty of 12)
- M edium Pan (serves 12-15ppl)
- Large Pan (serves 18-24ppl)
- *all meals are provided in disposable pan(s)

For a quote, please CLICK HERE to link to our website and fill out our Hot Meal Order Form or email us at catering@whippt.ca with your hot meal menu ideas and event details.





PLATTERS: *SIZES & SERVINGS: SM 10ppl | MED 20ppl | LG 30ppl

ASSORTED ARTISAN SANDWICH

- sandwiches are halved on platter. 2 halves per person

10/PERSON (Custom quantities over 10 are welcome. Gluten wise sandwiches available +1)

ASSORTED WRAP

10/PERSON (Custom quantities over 10 are welcome. Gluten wise wraps not available)

ASSORTED MIXED SANDWICH & WRAP

10/PERSON (Custom quantities over 10 are welcome)

MARKET FRESH VEGETABLE V

seasonal fresh vegetables served with assorted dip
 SM 65 | MED 90 | LG 120

MARKET FRESH FRUIT 50 80

- seasonal fresh fruit including an assortment of berries, melons and grapes SM 70 | MED 110 | LG 150

CHARCUTERIE

 chorizo, salami, prosciutto, spicy capicola, pate, gherkins, assorted olives, pickled onion, grainy mustard and rosemary flatbread
 SM 80 | MED 130 | LG 180

ASSORTED CHEESE V

 not limited to: havarti, sharp white cheddar, roquefort, brie & fromage de chevre, with assorted compotes, nuts and fresh housemade bread
 SM 75 | MED 125 | LG 175

MEDITERRANEAN DIP

- roasted garlic hummus, tzatziki and roma tomato bruschetta, served with naan and flatbreads MED 120 | LG 170



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PARTY PLATTER MENU



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PLATTERS: *SIZES & SERVINGS: SM 10ppl | MED 20ppl | LG 30ppl

ANTIPASTI

- grilled vegetables, olives, artichoke hearts, italian meats and bocconcini cheese, served with housemade focaccia bread

MED 125 | LG 175

THE GRAZE

- mixed charcuterie, cheese and antipasti MED 130 | LG 180

ASSORTED MINI DESSERT

SM 55 | MED 85 | LG 115

ASSORTED COOKIE

SM 28 | MED 50 | LG 70

FAMILY STYLE SALAD

- mixed greens 🐶 🍪 / caesar / potato / pasta

4.25/PERSON (Min 12 per salad type. Custom quantities over 12 are welcome)



