



# WISE UP

📍 New Life Christian Center | July 30, 2023  
Pastor Brian Benton | Turlock

LIVING GOD'S WISDOM FROM THE BOOK OF PROVERBS  
"LOVE DISCIPLINE"

*To learn, you must love discipline; it is stupid to hate correction. Proverbs 12:1 (NLT)*

## 1. Discipline \_\_\_\_\_ from regret.

*I have discovered this principle of life—that when I want to do what is right, I inevitably do what is wrong. I love God’s law with all my heart. But there is another power within me that is at war with my mind. This power makes me a slave to the sin that is still within me. Oh, what a miserable person I am! Who will free me from this life that is dominated by sin and death? Thank God! The answer is in Jesus Christ our Lord. Romans 7:15-25a (NLT)*

## 2. Discipline \_\_\_\_\_ to keep moving forward.

*Don’t you realize that in a race everyone runs, but only one person gets the prize? So run to win! All athletes are disciplined in their training. They do it to win a prize that will fade away, but we do it for an eternal prize. So I run with purpose in every step. I am not just shadowboxing. I discipline my body like an athlete, training it to do what it should. Otherwise, I fear that after preaching to others I myself might be disqualified. 1 Corinthians 9:24-27 (NLT)*

## 3. Discipline \_\_\_\_\_ to devotion.

*For God did not give us a spirit of timidity or cowardice or fear, but [He has given us a spirit] of power and of love and of sound judgment and personal discipline [abilities that result in a calm, well-balanced mind and self-control]. 2 Timothy 1:7 (AMP)*



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*To learn, you must love discipline; it is stupid to hate correction. Proverbs 12:1 (NLT)*

## 1. Discipline PROTECTS ME from regret.

*I have discovered this principle of life—that when I want to do what is right, I inevitably do what is wrong. I love God’s law with all my heart. But there is another power within me that is at war with my mind. This power makes me a slave to the sin that is still within me. Oh, what a miserable person I am! Who will free me from this life that is dominated by sin and death? Thank God! The answer is in Jesus Christ our Lord. Romans 7:15-25a (NLT)*

## 2. Discipline EQUIPS ME to keep moving forward.

*Don’t you realize that in a race everyone runs, but only one person gets the prize? So run to win! All athletes are disciplined in their training. They do it to win a prize that will fade away, but we do it for an eternal prize. So I run with purpose in every step. I am not just shadowboxing. I discipline my body like an athlete, training it to do what it should. Otherwise, I fear that after preaching to others I myself might be disqualified. 1 Corinthians 9:24-27 (NLT)*

## 3. Discipline LEADS ME to devotion.

*For God did not give us a spirit of timidity or cowardice or fear, but [He has given us a spirit] of power and of love and of sound judgment and personal discipline [abilities that result in a calm, well-balanced mind and self-control]. 2 Timothy 1:7 (AMP)*

# DISCUSSION QUESTIONS

“LOVE DISCIPLINE” | July 30, 2023

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## [CONNECT]

The idea of discipline is so complex. You can give or receive discipline or you exercise self-discipline. Talk about these differences and how all forms of “healthy” discipline can be a positive thing in our lives.

## [ENGAGE]

What impacted you the most personally from the message?

## [GROW]

- The definition Brian used for discipline was this...discipline is choosing between what you want now and what you want most. Dig into that a little. Do you agree or disagree with that definition? What exactly does that mean?
- Read Proverbs 12:1. This scripture is blunt and to the point. Do you believe in what it says? Do you believe that its possible to develop an attitude where we love discipline?
- How can self-discipline protect you from regret? Is this a true statement? Is regret a byproduct of a lack of discipline? Discuss your thoughts and opinions.
- Read 1Corinthians 9:24-27 and talk about how this is monumental in the life of a believer. How do we go about running with purpose? What does it mean to just shadowbox? What did Paul mean when he said that he “feared being disqualified?”
- Do you believe that discipline leads to devotion? How does this work? Do you have a personal story you can share?

## [LEAD (YOURSELF)]

Sometime this week, ask yourself these questions:

What do I want most?

What is it going to take to get there?

What’s God going to have to give you to make this happen?

What part do you play in achieving this goal?

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