

MEDIA



Chic

The Making of a Queen

From surviving the unthinkable to
captivating the world stage - Perle Noire
reigns in her own power

Letter from the Editor

Hello and welcome to Moda Chic Magazine!

My name is Minahil Erkin, and I'm the founder of Moda Chic Magazine. Our mission has always been simple: to empower women by sharing empowered women's stories. When Moda Chic first launched in 2016, it quickly grew to reach thousands of readers around the world. Then, as life unfolded and seasons changed, we took a step back. During that time, I reflected deeply on what Moda Chic truly represents, what makes it meaningful, and how it can continue to inspire women in a genuine way.

Now, as we relaunch and rebrand, our mission remains the same: to celebrate women's strength, resilience, and the beauty of their stories. This issue is extra special because it's our Empowerment Issue, our Relaunch Issue, and it features three incredible women whose journeys remind us of the power within each of us. You'll also find a few favorites from past issues that continue to uplift and empower.

I hope this issue connects with you and reminds you that your story matters too. If you or someone you know would love to be featured, please reach out. We'd love to hear from you because everyone has a story worth sharing, and we're here to share yours.

Minahil Erkin

Editor-in-Chief | Founder





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ABOUT US

Moda Chic Magazine is a dynamic, inclusive lifestyle platform that empowers women from all walks of life to share their unique voices and perspectives.

OUR MISSION

We curate a vibrant blend of content spanning fashion, wellness, travel, and culture, all told through the personal experiences and expertise of our contributors. By providing an open space for women to express their creativity and insights, we foster a community where fresh ideas and authentic voices converge. Each issue is a celebration of contemporary trends and individual stories, offering a window into the richness of modern living through the eyes of those who shape it.

RACHAEL MAC GREGOR

A Style Glow Up, Is A Mental Health Glow Up
When it finally reaches spring, can you imagine picking one flower and thinking, "You're not as beautiful as the rest?"

Instagram: @myvioletdelights



PERLE NOIRE

Reclaiming Sensuality: How Perle Noire Teaches Women to Heal Through Seduction

"Our ancestors were once shamed for dancing with abandon," she said. "But those same movements were rituals of power. Burlesque brings us back to that truth."

Instagram: @theperlenoire

DESPINA - NAFSIKA HAIDEMENOS

Trust the Timing of your life

If something doesn't feel right in your heart, then it is probably not. And the right time to do something will come. It always does and you'll always know when it does.

Instagram: @despina.haidemenos @poisenberries_



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A STYLE GLOW UP IS A *Mental Health Glow Up*

BY RACHAEL MAC GREGOR

Imagine in late winter you decide to plant a garden to bloom in spring with an array of beautiful colours, shapes, and textures. You throw caution to the wind and combine the seeds, deciding that it doesn't matter the order they're planted...you just know they will look incredible and bring joy no matter where they are. They will showcase their own beauty while being surrounded by the unique loveliness of others within their company. You've spent months nurturing and putting love into this quickly sprouting and thriving garden. When it finally reaches spring, can you imagine picking one flower and thinking, "You're not as beautiful as the rest?"

I can. Not just about a garden I've poured my heart into, but with my own reflection. Picking apart each feature like the petals of a dahlia, examining and discarding them slowly, petal by petal. Thighs. Eyebrows. Nose. Chin. Each deserving love but compared to a non-existent, ideal future version. I don't just imagine, but remember putting an exorbitant amount of energy into "eating correctly," tracking my calories, and measuring how much I burned during exercise: all in the name of dressing myself in a way that "best suits my shape." It only created a temporary solution to my lack of confidence, slowly and unconsciously slipping through my fingertips.





Let me reintroduce myself. I'm Rachael - also known as fashion and lifestyle creator My Violet Delights. I've spent the past 13 years teaching people to dress confidently and, along the way, slowly redefining what that means to me. As it turns out, my perception of myself and my identity has a far greater impact on my confidence than any piece of clothing ever could.

It's about deciding that you are more than what you look like. Your personality and your core being will always shine brighter than any new dress or pair of jeans ever will. I used to want to be the prettiest and most attractive person in the room, under the illusion that this would grant me power and control over how worthy I was in the eyes of others. Quite frankly, now I'd much prefer to be a sunflower person, someone who's always looking toward the sunlight, brightening the day, and bringing joy into every encounter. I'd rather be known for making others feel loved, safe, and happy than for being the most desirable person in the room.

"I'VE LEARNED THAT PEOPLE WILL FORGET WHAT YOU SAID, PEOPLE WILL FORGET WHAT YOU DID, BUT PEOPLE WILL NEVER FORGET HOW YOU MADE THEM FEEL."

— MAYA ANGELOU

I've also learned that I deserve to feel safe and confident in what I wear. It should bring me joy. I should be able to walk through my day draped in grace and contentment. In a world where the expectation to be thinner is slowly creeping back into trend cycles, wearing free-flowing dresses and oversized sets feels like an act of rebellion. It says, "I'm wearing what fills my heart with joy," and "I feel comfortable and safe enough to wear whatever silhouette my heart desires."