



My

MEMBERSHIP CONSULT

SAVE *Naturally*

• LIVE •

Naturally

START LIVING *Naturally*

Welcome to dōTERRA! This Membership Consult is designed to help you customize a wellness plan for you and your family by identifying the areas of greatest need. In the categories below, rate yourself on a scale of 1-10 (1 = poor and 10 = perfect). From this information, your wellness advocate will help you target 1-2 areas to focus on as you begin your wellness journey.

EAT RIGHT

1 2 3 4 5 6 7 8 9 10

Everything we eat either feeds disease or fights disease.



LIFELONG VITALITY®
Foundational nutritional support



TERRAZYME™
Supports healthy digestion
& clear skin



PB ASSIST+®
Both pre & probiotics



CHILDREN'S SUPPLEMENTS
Multivitamin, omegas and
live probiotics

EXERCISE & WEIGHT MANAGEMENT

1 2 3 4 5 6 7 8 9 10

Warning: Exercise has been known to cause health and happiness.



SLIM & SASSY®
Supports metabolism
& controls cravings



TRIM SHAKE™
Delicious protein
snack option



MITO2MAX®
Energy & stamina with
no stimulants



DEEP BLUE®
Provides a comforting sensation of
cooling and warmth to problem areas

REST & MANAGE STRESS

1 2 3 4 5 6 7 8 9 10

Sleep is the golden chain that binds health and our bodies together.



FRANKINCENSE
Supports mood stability



dōTERRA BALANCE®
Grounds emotions



dōTERRA SERENITY®
Sleep support



**EMOTIONAL AROMATHERAPY™
SYSTEM**
Powerful emotional support

REDUCE TOXIC LOAD

1 2 3 4 5 6 7 8 9 10

The accumulation of toxins in the body/mind system accelerates aging.



**dōTERRA ON GUARD®
TOOTHPASTE**



**dōTERRA ON GUARD®
CLEANER CONCENTRATE**



**VERÁGE™ SKIN
CARE SET**



**SALON ESSENTIALS
SHAMPOO & CONDITIONER**



My WELLNESS PLAN

YOU:

HEALTH GOAL

SOLUTION

HEALTH GOAL

SOLUTION

HEALTH GOAL

SOLUTION

FAMILY/FRIEND:

HEALTH GOAL

SOLUTION

HEALTH GOAL

SOLUTION

HEALTH GOAL

SOLUTION

FAMILY/FRIEND:

HEALTH GOAL

SOLUTION

HEALTH GOAL

SOLUTION

HEALTH GOAL

SOLUTION

My WISHLIST

-
-
-
-
-
-

My PROTOCOLS FOR SUCCESS

EAT RIGHT

- **Take 1/2 dose of LLV** in the morning & 1/2 dose in the evening. Always take with food.
- Choose foods that fight disease.
- Avoid sugar and processed items.



EXERCISE & WEIGHT MANAGEMENT

Trim Shake Recipe:

- 1 scoop Vanilla Trim Shake
 - 1 cup almond milk
 - 1 frozen banana
 - 1 TBSP organic peanut butter
- Blend and enjoy!



REST & MANAGE STRESS

Detox Bath:

- 1 cup epsom salt
- 1 tsp baking soda
- 3 drops Serenity Restful Blend



REDUCE TOXIC LOAD

All Purpose Cleaner:

- 2 TBSP On Guard Concentrate
- 16 oz spray bottle
- Water



My MEMBERSHIP PERKS

LOYALTY REWARDS (LRP) VS. STANDARD

Maximize your wholesale benefit by placing a completely customizable LRP order each month.

MONTH 1-3	MONTHS 4-6	MONTHS 7-9	MONTHS 10-12	MONTHS 13+	+ 25% WHOLESALE DISCOUNT
10%	15%	20%	25%	30%	

BENEFITS	STANDARD	LRP			
		1 PV	50 PV	100 PV	125 PV
25% wholesale discount on product	●	●	●	●	●
Shipping costs received in free product credits		●	●	●	●
10-30% received in free product credits			●	●	●
Able to receive income				●	●
Receive the free product of the month*					●

*orders must be 125 PV and be processed by the 15th of the month to qualify.

FREE!
OIL OF THE
MONTH*

SHARE OILS

Help us know how to support you best! Rate your interest level in the following:

USE	1	2	3	4	5	6	7	8	9	10
SHARE	1	2	3	4	5	6	7	8	9	10
TEACH	1	2	3	4	5	6	7	8	9	10

MY BUSINESS CONSULT

TIME:

DATE:

LOCATION:

LET'S LOG IN!

MYDOTERRA.COM

MEMBER ID#:

PASSWORD:

TEAM INFO

Facebook Groups

Websites

Other.....

dōTERRA Member Services:

productsupport@doterra.com

1.800.411.8151

To reorder this guide: go to
livenaturallytools.com

MY CONTACT INFO

Name

Phone

Email