

Tips & Tricks to Not Forget the BIG & LITTLE MOMENTS



5 Ways to Capture Precious Times
With Your Children.

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As a Mama to three little ones, my once amazing memory is definitely not what it once was before kids. And time has flown by faster than ever since my babies were born. So what helps?

Every time I look at the albums or wall portraits I've created over the years of our children, the moments come right back. It's a gift to have these memories.

I've created these tips to make sure they don't slip away for you and your family.



1 – Take Photos

It doesn't matter what phone you have...use the camera! Pretty much every phone now has one and they have come so far! They are better than the first digital cameras we used to carry around back in the day. Take pictures of your kid's artwork, their stats from the doctor, their silly faces and selfies with them, along with day to day life.



2 – Journal

Write things down and in a way that works for you. A bullet journal is great since it's so flexible! It is a blank book that you make yours. Let the kids draw a picture in it while you're waiting somewhere, write down a quote they say, menu plan, & more. It can be fancy or in pencil. It is a great way to document your days.



3 – Love Letters

Start a special book to your spouse. I decided when my first baby was born to not give cards to my husband. Each significant holiday (birthday, Father's Day, Christmas, etc) I do handprints of the kids in his book. I then write a letter to my husband. The kids love to look at them and whenever I start a new letter, it brings back my memories.



4 – WRITE TO YOUR KIDS

Think of something you want to remember? Use Evernote. Silly things they say are great to document. Write your little one a note on their birthday each year.

Include:

- how much you love them,
- favorite things
- how much they've changed over the year.

Recalling every moment can start with a Note. An EVERNOTE to be exact. Craft one-of-a-kind letter or even a book for your little.

Then transfer everything to a special book each kiddo with their name artistically lettered on it. Evernote is just a spot to get started, but you want them to have something to look at as they grow up and read so they know just how much you love them.

5 – Family Portraits

Have family portraits done by a professional photographer so your home shows off your most favorite people! Let your kids be kids in these and capture them at this age and stage of life. Your photographer should be able to help you decorate your home to feature your favorites. Your family is your greatest gift and your children will know it when they see themselves on your walls. These will become your family's heirlooms and will be loved for years.

If you don't have a family photographer who does this for you, I'd be honored to be the one you trust to capture your family's love!

Becky



Always IMAGES

213 N. Michigan St. Plymouth, IN
Becky@Always-Images.com | 574.598.0022
www.Always-Images.com