

LEADER AS COACH

TARGET AUDIENCE:

- People Leaders
- Project Leaders

COURSE TIME:

- 54 hours of instructor-led learning
- 28 hours of self-led learning

DELIVERY OPTIONS:

Instructor-Led and Blended

DELIVERY METHOD:

In-person and/or virtual

OTHER DETAILS:

This program provides transfer credit to ShadowLight's CREATE CLEAR Change™ Level 1 Leadership Coach Track, for leaders looking to achieve a formal coaching designation

Our Leader as Coach Program provides opportunities for leaders to learn and experience coaching skills in order to support team members to excel performance and contribute to sustained change.

Our CREATE CLEAR Change™ coaching model is anchored in the framework of Whole Person intelligence™, an embodied and trauma-informed leadership approach to coaching. Through our proprietary process, participants will use a consistent approach of discovery that safely supports an individual to move from where they are now to where they want to be.

This highly experiential program will support you to learn and apply a coaching framework built on principles derived from the fields of leadership, change, learning, psychology, neuroscience, physiology, and trauma.

BY THE END OF THIS PROGRAM, PARTICIPANTS WILL BE ABLE TO:

- Integrate coaching skills into existing career/expertise.
- Partner with others to facilitate whole person change, support improved relationships, and drive greater professional and personal success.
- Gain comfort in facilitating learning and change using both a directive and non-directive coaching approach.
- Promote positive, sustainable change within an organization
- Adapt communication to recognize the diversity of each team member.
- Demonstrate sincerity and authenticity in acknowledgement practices.



CREATE™ is a model and conversational framework that allows an individual to navigate the distance between where they are now and where they want to be in the future.



CLEAR the AlIR™ is an interactive model that sets the foundation for performance. Individuals are supported to define what success looks like and are empowered for sustainable growth and long-term development.



Whole Person intelligence™ describes the five intelligence centres (spiritual, mental, emotional, physical, and social) that gather data about the world within an around an individual.



CLEAR as MUD™ is a framework to assess the degree of motivation, understanding, and decision-making rights required to achieve desired results.



CLEAR is a presencing practice to remain grounded and centered in conversation. Through this holistic approach, individuals build trusting relationships with self and others.



CLEAR is KIND™ describes the conversational principles that create the conditions for open, safe, and engaging dialogue.