



Booking consultation | *R900

Follow-up consultations | *R600

During the first check-up we will take a full medical history, necessary blood tests & do an assessment of mother and baby's well-being. We then discuss all available options for the birth as well as pregnancy advice.

Christian Antenatal course | R1250

a Christ-centred childbirth preparation course that empowers couples to prepare mentally, spiritually, emotionally as well as physically for pregnancy, birth and parenthood.

Medical aid rates apply



As midwives we believe that our bodies were created to give birth. We believe in empowering women to trust in their own bodies and to trust the process of natural birth. Although we monitor strictly to ensure a healthy mom and baby, we only intervene when medically necessary. We are registered on the Discovery Health Medical Aid midwives network.

Booking fee

R 4 000

This is a **non-refundable** booking fee to book Stephni Coetzee as your midwife as we only book a specific amount of moms due per month. This fee will **deducted** from the total birth birth fee.



Homebirth (Excluding birthpool) R 17 000

Homebirth (with birthpool) R 19 000

Durbanville birth-suite R 20 500

Plumstead Birth-suite R 22 500

Above fees include facility fees for birthsuites



Lactation Consultation (In Clinic) | R750

Lactation Consultations (Home Visit) | R750 **

One-on-one sessions to enable you to reach your goals as well as overcome challenges of breastfeeding during your journey.

Sessions include an assessment with guidance and support from the comfort of your own home. A free follow-up is included.

Postnatal visit (In clinic) | R600

Postnatal (Home visits) | R750

This check-up involves screening of the mother & baby for any post-birth complications. It's also an allocated time for parents to ask specific questions.

Breastfeeding is assessed, baby is weighed and guidance offered accordingly.

**** Excludes travel costs- AA rates**



Baby Massage Classes | R200 each

Our baby massage course is aimed at establishing a loving connection between parent and baby. No prior experience with massage is required as each massage stroke will be taught and reviewed to build your confidence. We'll teach you how to tune into your baby's needs and how to read your baby's body language to make sure that the massage experienced is loving and relaxing. Only you as the parent or caregiver will massage your baby.

Our course consists of 5 x 90 minute sessions, usually held at weekly intervals to not only allow the parent to learn all the strokes, but also allowing the baby to get used to the massage, prevent them from becoming overstimulated and teach parents to respect their babies cues. Classes are conducted in small, intimate groups with a maximum of five parents and babies. Tea and coffee will be provided.



2 Corinthians 12:9

"My Grace is sufficient for you, for my power is made perfect in weakness".

Contact Stephni Coetzee



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