

A WOMAN'S GUIDE TO OVERCOMING ADVERSITY
AND LIVING WITH CONFIDENCE



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SESSION FIVE

It's not my job to try to make everyone accept who I was created to be. And it's not my job to try to create a version of myself that makes sense to others. My job is to step out, show up, and be who God made me to be. Nothing more, nothing less.

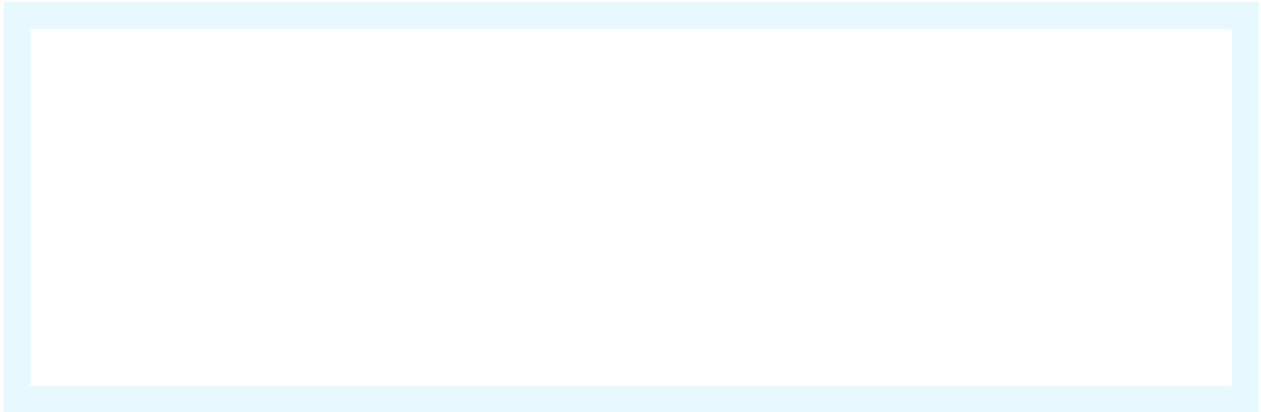
Waiting doesn't mean allowing ourselves to be paralyzed with fear and doubt; it means moving forward (yes, even in those single, scared, shaking steps) in courage to build our strength.

- Qavah means “to wait, hope for, look, expect,” and it also means “to gather.” Write or share what you are looking for/expecting/gathering while you wait? How does the act of active waiting lead to transformation?

- Discuss or reflect on how your view of waiting has changed over your life. Can you see growth and patience build as you grow in your relationship with Jesus?

The waiting, the in-between, the messy middle is where the good and the hard stuff is. This is where your wobbly legs get strong, where the voice you've lost comes back. It's where the heart that was broken gets healed.

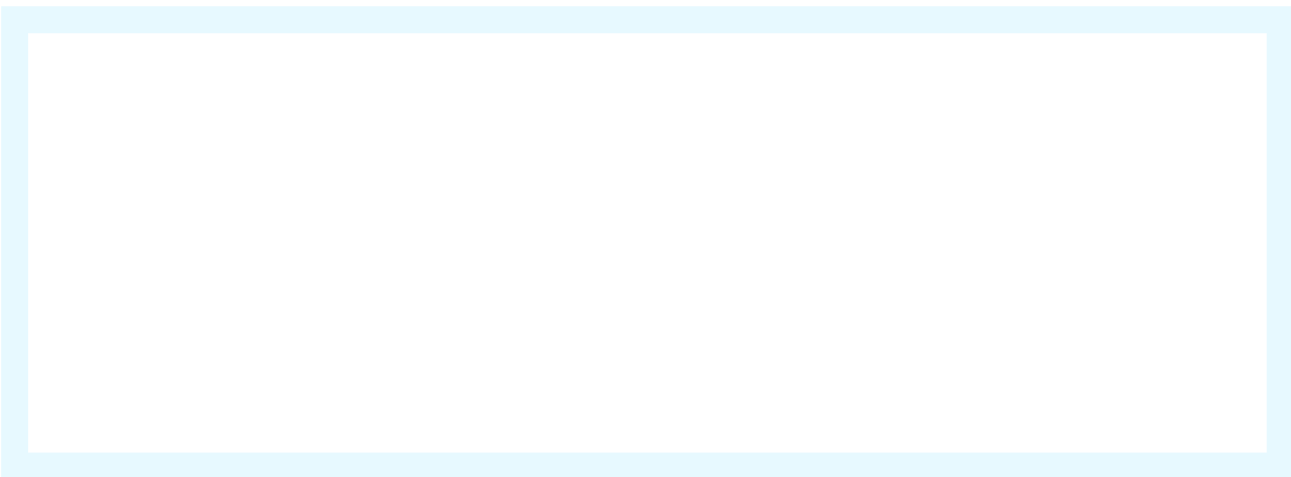
- Reflect on or discuss what brokenness needs to be healed in your life.
- Write down or share what you are learning in the messy middle that God is using to mend what was broken.



- How could you “live a life worthy of the calling you have” right now in the messy middle? Who do you need to be gentle and humble and patient with?

God put you here on earth right here, right now, because he wants you to partner with him, and he has something special that only you can do in his kingdom.

- Discuss or reflect on how God could use your set of gifts and talents. If you are in a group, take time to call out gifts and talents you see in each other.
- What dream do you hold that you are uniquely capable of fulfilling? Write It down on the next page.

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- As you look back on your story, reflect on what God has already redeemed. How might those parts of your story be the catalyst to move you into your next chapter?



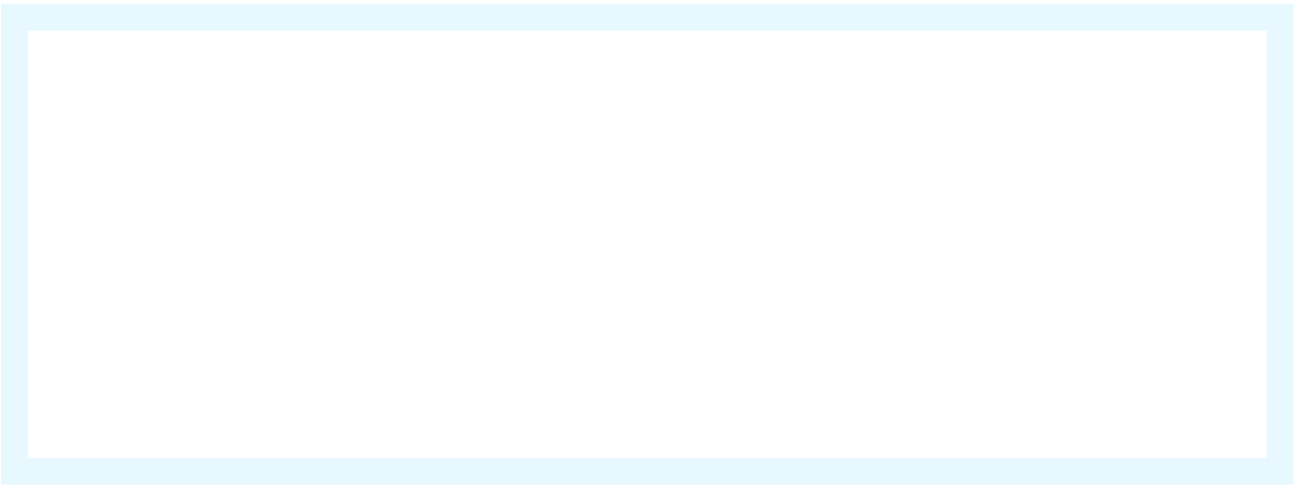
Reflection:

Does your time of waiting reflect an active or passive stance? How have you been strengthened in the waiting?

God wants to use everything you think is weird about yourself. He wants to take everything bad that has happened to you and redeem it for his glory. Think about how you can show up, in all your uniqueness, for yourself and your calling?

Action Steps:

Testimonies build our faith and remind us that breakthroughs can come from seasons of waiting. Take time to remember your stories of God's breakthroughs. Write them down so you can bring them out in hard seasons and recall what God has already accomplished in and through your life as you wait for him to do it again.



List things that are unique about you. They could be skills, passions, experiences, etc. Pray over the list and ask God to show you who you are and reveal how he wants to use you, in your uniqueness, to accomplish his plans.

