



www.maggiekangmd.com

Maggie Kang, MD

RESILIENCE SPEAKER
LIFE & HEALTHCARE COACH

MEDIA KIT



Hi, I'm Maggie

RESILIENCE SPEAKER & COACH

Dr. Maggie Kang's mission is to help individuals and organizations transform pain into purpose, viewing adversity as a powerful opportunity to regroup and move forward with clarity.

A Yale-trained physician, TEDx speaker, and certified life and healthcare coach, Dr. Maggie brings over 20 years of experience in medicine and six years as a rare disease advocate and caregiver. Her journey took a profound turn when her daughter was diagnosed with a rare incurable disease, prompting her to shift from doctor to full-time caregiver overnight.

Through navigating medical complexities and personal challenges, Dr. Maggie learned how to let go, adapt, and move forward with purpose. Today, she empowers individuals and workplaces with mindset tools to build resilience, embrace change, and lead with clarity, transforming obstacles into catalysts for success.





SPEAKING TOPICS

- ✓ From Crisis to Clarity: Empowering Professionals to Transform Life's Disruptions into Powerful Leadership
- ✓ How Women Turn Parenting Challenges into Unstoppable Leadership
- ✓ Navigating the Journey: Empowering Caregivers of Children with Rare Diseases

AS SEEN IN



Psychology Today

TEDx

THE Sumaira FOUNDATION

MSNVA
The Medical Society of Northern Virginia

Client Testimonials

“Dr. Maggie Kang is a powerhouse speaker who brings wisdom, authenticity, and deep compassion to every stage.

*Tracey Wynne,
McLean, VA*

“Dr. Maggie’s humor and deep understanding of human experience make complex ideas accessible and actionable.

*Dr. Jenn Kim,
Ann Arbor, MI*



ABSTRACT TO KEYNOTE

✓ From Crisis to Clarity: Empowering Professionals to Transform Life's Disruptions into Powerful Leadership

In today's fast-paced and often unpredictable world, professionals face numerous challenges that can disrupt their sense of stability and purpose. This keynote invites attendees to explore the powerful connection between personal growth and overcoming life's inevitable disruptions.

Drawing from personal experiences, including childhood memories and profound moments of crisis, the speaker illustrates how the inner critic often hinders our growth and leads us to doubt our capabilities. By using the natural molting process of lobsters as a metaphor, the speaker emphasizes the importance of shedding outdated beliefs and embracing the discomfort necessary for transformation.

Through captivating stories and actionable insights, this keynote aims to inspire professionals to view disruptions as opportunities for personal and collective empowerment, fostering purposeful leadership in their lives and workplaces. Join us for a transformative journey that will reignite your drive, resilience, and clarity in the face of adversity.





MY SPEAKER STATEMENT

When people hear my talk, they will leave with a renewed sense of agency and purpose.

They will feel empowered by understanding that life's unexpected challenges are not roadblocks, but opportunities to pivot, grow, and craft a more meaningful path forward as leaders in their personal and professional spheres.

Headshot link

Dr. Maggie's Speaker Bio



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GET IN TOUCH

If you're looking for a speaker who blend heart, humor, and hard-won wisdom to inspire meaningful change—let's talk. I'd love to bring this message to your stage and your audience.

Maggie Kang, MD

