

gialacqua



Empowerment Coach
Motivational Speaker
Women's Leadership Expert
Children's Book Author
Podcast Host

EMPOWERING WOMEN TO BREAK FREE FROM THE NEVER ENOUGH CYCLE
WITH THE TRANSFORMATIVE POWER OF **RADICAL PRIORITIZATION**

meet gia!



Gia Lacqua is a renowned empowerment coach, international motivational speaker, podcast host, children's book author, board officer, and leadership expert known for her transformative work with high-performing women. With nearly 20 years of experience in the biopharmaceutical industry, including serving as Vice President of a Fortune 100 Company, she brings a wealth of expertise in strategic change management, innovation, and transformation.

Gia specializes in working with women holistically, recognizing the interconnectedness of personal and professional growth. She works with high-performing women who, despite their external success, silently struggle with chronic overwhelm and self-doubt. She supports clients who are facing the relentless demands of balancing a career and family to break free from the cycle of over-functioning and rediscover their inner essence to feel confident, fulfilled and grounded in purpose. Her unique blend of neuroscience-based coaching and deep inner healing work has helped countless clients uncover the hidden connection between their past, and their present, empowering them to create a future that aligns to their soul.

As a trailblazer in the field of women's empowerment, Gia specializes in bridging the gap between the personal and professional domains, forging a path to success that transcends conventional norms.

Gia holds a Bachelor of Science in Human Development. In addition, she is a Trauma-Informed Certified Coach and a Certified Neurological Fitness™ Trainer. She is Forbes Coaches Council member and contributor. Her work and insights have been featured in well-known media outlets such as Newsweek, Forbes, Thrive Global and Authority Magazine, solidifying her reputation as a leading voice in the realm of women's empowerment.

Gia's mission is to guide high achieving women to redefine success on their own terms, so they can thrive in every aspect of life.

SIGNATURE TOPICS

- ✓ Personal Reinvention
- ✓ Holistic Success
- ✓ Navigating Change
- ✓ Inner Healing
- ✓ Authentic Confidence



Work With Me

Keynote Speaking

Elevate your next event with captivating and insightful keynotes by Gia Lacqua. With her dynamic presence and engaging delivery, Gia delivers thought-provoking talks on topics ranging from leadership and empowerment to resilience and personal growth. Each keynote is tailored to inspire, educate, and empower audiences to unleash their full potential and thrive in both their personal and professional lives.

Seminars & Workshops

Ignite inspiration and foster growth within your organization through interactive workshops and seminars led by Gia Lacqua. Designed to provoke thought, stimulate discussion, and drive action, these sessions cover a range of topics including leadership development, self-confidence, and navigating change. With a focus on practical tools and actionable strategies, participants leave empowered to implement positive change and thrive in both their personal and professional lives.

Coaching

Experience transformative coaching with Gia Lacqua, where she guides high-achieving individuals on a journey of self-discovery, empowerment, and growth. Through personalized sessions, Gia provides a supportive and empowering environment for clients to overcome challenges, conquer self-doubt, and unlock their authentic confidence. With her trauma-informed approach and neuroscience-based techniques, Gia empowers clients to navigate life's transitions with clarity, intention, and purpose.

Testimonials



"Gia is a truly inspirational speaker. Her talk "Unstoppable - Expanding your Capacity for Success" really resonated with our women's network."

"Gia shared invaluable insights related to internal and external expectations, self-identity and the role it plays in our lives, and overcoming the worth wound. Gia led us through thought exercises to identify patterns holding us back for success. It was a incredibly empowering session - Gia is simply phenomenal, 10/10!"

"Because attendees felt as if they were in a safe space, Gia's keynote evoked very authentic and passionate responses."

"Gia very quickly identifies what may be holding you back or creating feelings of self-doubt, and then paves a clear path to you helping yourself achieve what you believe to be possible! The return on investment is lifelong, not just the length of the engagement."

"Simply incredible! The experience surpassed my expectations and Gia delivered a truly inspirational session. Her passion and honesty came through the talk that was professionally delivered and grounded in research. Our survey feedback provided a rating of 4.9/5 stars."

"Gia offered an inspiring, honest, and impactful account of her experiences and the common lived experience for most women. Gia was professional, prepared, and a true pleasure to work with."

"Delivered with passion and professionalism that resonated with the audience."



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www.gialacqua.com



gia@gialacqua.com



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THE GO-TO PODCAST FOR EXTRAORDINARY WOMEN

