

WEEK 4 SPRING/SUMMER

BUCHANAN LODGE MASTER MENU

WEEK 4 SPRING/SUMMER

| | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|-----------|---|--|--|---|--|---|--|
| Breakfast | Apple Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Cheese Slices Pineapple/Banana Muffins Jam & P'nut Butter Tea - Coffee - Milk | Orange Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Scrambled Eggs Toast Jam & Peanut Butter Tea - Coffee - Milk | Cranberry Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Boiled Eggs Toast Jam & Peanut Butter Tea - Coffee - Milk | Apple Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Poached Egg Raisin Toast Jam & Peanut Butter Tea - Coffee - Milk | Orange Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Sausages Toast Jam & Peanut Butter Tea - Coffee - Milk | Cranberry Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Poached Eggs Toast Jam & Peanut Butter Tea - Coffee - Milk | Apple Juice Stewed Prunes or Banana Half Hot Oatmeal Asstd. Cold Cereals Bacon Toast Jam & Peanut Butter Tea - Coffee - Milk |
| 10AM | Assorted Beverages | | | | | | |
| Lunch | Apple Juice Roast Pork & Gravy Whipped Potatoes California-mixed Vegetables Apricots | Orange Juice Beef Stroganoff Egg Noodles Diced Squash Cherry Cake | Cranberry Juice Roast Chicken with Gravy Scalloped Potatoes Braised Green Cabbage Crushed Pineapple | Apple Juice Savoury Lamb Stew Whipped Potatoes Diced Turnips Butterscotch Pudding | Orange Juice Baked Teriyaki Salmon Vegetable Rice Stir-fry Kernel Corn Jellied Fruit Salad | Cranberry Juice Orange Glazed Chicken Breasts Mashed Potatoes Long Green Beans Mango Pudding | Apple Juice Baked Pork Chops Creamed Potatoes Green Peas Lemon Pudding |
| 2:00 PM | Assorted Beverages, Bake goods & Fresh Fruits | | | | | | |
| Dinner | Cream of Mushroom Soda Crackers Pancakes with Syrup Chicken Apple Sausages Warmed Apple Slices Raspberry Custard Pie with Real Whipped Cream | Tomato & Rice Soda Crackers Cod Nuggets, Tartar Sauce, Potato Pancakes Greek Salad Watermelon | Lentil Soup Soda Crackers Ham Salad Plate with Italian Pasta Salad Dinner roll Cucumber Souffle Carrot Sticks Strawberry Cheesecake | Chicken Noodle Soda Crackers Grilled Cheese Dill Pickle Broccoli Coleslaw Vinaigrette Diced Pears | Scotch Broth Soda Crackers Hot Dogs & Yam Fries Mustard/Ketchup Sautéed Onions Coconut Cake | Cream of Celery Soda Crackers Sandwiches: Sliced Pastrami & Egg Salad Tossed Salad with Italian Dressing Tropical Fruit | Minestrone Soda Crackers Spaghetti and Meat Sauce Garlic Bread Caesar salad Pumpkin Squares with Whipped Topping |
| HS | Assorted Beverages, Bake goods & Fresh Fruits | | | | | | |

Breakfast: 250mL of milk and 125mL of juice are offered daily

Menu subject to change without notice

Lunch/ Supper: 125mL of milk and 125mL of water are offered daily.

Assorted Beverage is available upon request (125mL Juices/Milk) at PM & HS

Assorted Sandwich is also available upon request at HS