WEEK 5

Fall/Winter

BUCHANAN LODGE MASTER MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Orange Juice	Cranberry Juice	Apple Juice	Orange Juice	Cranberry Juice	Apple Juice	Orange Juice
Stewed Prunes or Banana Half	Stewed Prunes or Banana Half	Stewed Prunes or Banana Half Hot Oatmeal	Stewed Prunes or Banana Half	Stewed Prunes or Banana Half Hot Oatmeal	Stewed Prunes or Banana Half Hot Oatmeal	Stewed Prunes or Banana Half
Hot Oatmeal Asstd. Cold Cereals Coffee Cake Cheese Slice	Hot Oatmeal Asstd. Cold Cereals Scrambled Eggs Toast	Asstd. Cold Cereals Bacon French Toast/Syrup Poached Eggs	Hot Oatmeal Asstd. Cold Cereals Poached Eggs Toast	Asstd. Cold Cereals Sausages Poached Eggs Toast	Asstd. Cold Cereals Orange Muffins Poached Eggs Toast	Hot Oatmeal Asstd. Cold Cereals Boiled Eggs Toast
Jam & Peanut Butter Coffee –Tea - Milk	Jam & Peanut Butter Coffee –Tea - Milk	Jam & Peanut Butter Coffee –Tea - Milk	Jam & Peanut Butter Coffee –Tea - Milk	Jam & Peanut Butter Coffee –Tea - Milk	Jam & Peanut Butter Coffee –Tea - Milk	Jam & Peanut Butter Coffee –Tea - Milk
Orange Juice	Cranberry Juice	Apple Juice	Orange Juice	Cranberry Juice	Apple Juice	Orange Juice
Baked Ham with Fruit Sauce Scalloped Potatoes Mixed Vegetables	Meatloaf & Hunter Sauce Whipped Potatoes Diced Turnips	Roast Turkey & Gravy Cranberry Sauce Whipped Potatoes Broccoli	Baked Pork Chops Rice Pilaf Cauliflower Florets	Chicken Cacciatore Mashed Potatoes Carrot Coins	Citrus-marinated fish Parslied Potatoes Diced Beets	Hawaiian Chicken Baked Yams Green Peas
Vanilla Ice Cream	Banana Loaf	Grape Dessert	Caramel Flan	Diced Pears	Vanilla Mousse	Orange Glazed Cake
Chicken Noodle Soup Soda Crackers	Pea Soup Soda Crackers	Turkey Vegetable Rice Soda Crackers	Cream of Broccoli Soda Crackers	Cream of Tomato Soup Soda Crackers	Minestrone Soda Crackers	Cream of Vegetable Soda Crackers
Chili con carne Corn Bread Tossed Salad with Ranch Dressing	Chicken Burger with Fries Lettuce and Tomato Salad	Basil Pesto Ravioli Spinach Salad with Mushrooms Caesar Dressing	Hot Roast Beef Sandwich & Gravy Yam Fries	Hot Dogs & Caramelized Onions Mini Potato Pancakes	Chicken fingers with Honey Mustard Sauce Greek Salad Dinner Roll	Pancakes/Syrup Sausages Warmed Apple Slices
Pumpkin Pie	Diced Peaches	Warm Rice Pudding	Fruit Cocktail	Peach Upside-down Cake	Fruit Medley	Lemon Lush

*Note:

Assorted beverages (Coffee/Tea/Milk/Juice) 250 ml are available at all meals and snacks.
 PM snacks: assorted baked goods and fruits. HS snacks: assorted sandwiches.