To whom it may concern:

I hope this letter finds you well. I am writing to request reimbursement for the expenses incurred purchasing the professional development course, Moments on Mission: A Neuro-Supportive NICU Training Lab series.

The purpose of this lab series is to master the developmental and neuro-supportive handling and care skills that turn routine NICU infant interactions into brain-protective experiences.

Advances in NICU care have improved the survival rates of the babies we serve, but rates of neurodevelopmental, sensory, learning and behavioral difficulties continue to rise. Focusing attention on improving not only our policies surrounding the provision of neurodevelopmental care, but also the handling and critically reasoning skills of bedside providers can help actively buffer the negative impact of the NICU, while simultaneously improving family satisfaction with their baby's care.

The Moments on Mission Neuro-Supportive Training Lab series provides a unique and important opportunity to improve bedside care experiences, and ensure every infant interaction nourishes neuro-supportive and family-integrated outcomes. The training lab series focuses on building intuitive micro-habits that fit within a bedside clinican's workflow, making the provision of neuro-supportive handling feel less like a "bonus" and more second-nature.

Moments on Mission includes access to 4 transformative NICU learning labs, followed by shift challenges to improve the translation of neuro-supportive knowledge to my bedside routines. <u>Topics for the 4 learning labs in this series include:</u>

- Let Baby Lead: The Cue-Based Cares Lab
- Rethink the Routine: The Stress-Proof Your Care Time Lab
- Holding is Healing: The Skin-to-Skin Holding Lab
- Position with a Mission: The NICU Positioning Lab

The provision of neuro-supportive care isn't a specialty, it's a standard. This lab series ensures I'm providing hands-on care in a way that supports both the structural and functional development of the brain.

By improving the consistent provision of positive, neuro-supportive infant and family interactions, I'm able to do my part in helping us pursue goals related to improving family satisfaction, optimizing feeding experiences and outcomes, reducing length of stay, and supporting positive short and long-term neuro-developmental outcomes.

Neuro-supportive care is the cornerstone for brain development in the NICU.

The sought after cost of reimbursement is \$279 + tax, which includes full access to the 4 learning labs, shift challenges, best practice evidence, workbooks, and live Q&A support with a certified neonatal occupational therapist.

I am confident the Moments on Mission NICU lab series is essential to.

- 1. Ensure the safest and most supportive care is provided to the infants I serve.
- 2. Promote optimal neurodevelopmental outcomes for my patients with every interaction

3. Increase the provision of family-integrated and trauma-informed care in our unit, simultaneously improving family's satisfaction with care.

Attached, you will also find addendums that include evidence supporting the benefits of developmental, neuro-supportive care, plus further details regarding the Moments on Mission Neuro-Supportive Lab series.

Providing the safest care for our NICU babies is critically important.

Thank you for your consideration. It's an honor to serve our babies and families.

I am available to provide additional information or answer any further questions you may have.

Kind regards,

Byers, J. F. (2003). Components of developmental care and the evidence for their use in the NICU. MCN: The American Journal of Maternal/Child Nursing, 28(3), 174-180.

Soleimani, F., Azari, N., Ghiasvand, H., Shahrokhi, A., Rahmani, N., & Fatollahierad, S. (2020). Do NICU developmental care improve cognitive and motor outcomes for preterm infants? A systematic review and meta-analysis. BMC pediatrics, 20, 1-16.

Griffiths, N., Spence, K., Loughran-Fowlds, A., & Westrup, B. (2019). Individualised developmental care for babies and parents in the NICU: evidence-based best practice guideline recommendations. Early Human Development, 139, 104840.

Alsadaan, N., Ramadan, O. M. E., Alqahtani, M., Shaban, M., Elsharkawy, N. B., Abdelaziz, E. M., & Ali, S. I. (2023). Impacts of integrating family-centered care and developmental care principles on neonatal neurodevelopmental outcomes among high-risk neonates. Children, 10(11), 1751.

Soni, R., Wel-Wel, C. T., & Robertson, N. J. (2022). Neuroscience meets nurture: challenges of prematurity and the critical role of family-centred and developmental care as a key part of the neuroprotection care bundle. Archives of Disease in Childhood-Fetal and Neonatal Edition, 107(3), 242-249.

Vittner, D., Butler, S., Lawhon, G., & Buehler, D. (2025). The newborn individualised developmental care and assessment program: a model of care for infants and families in hospital settings. Acta Paediatrica, 114(4), 743-751.

Givrad, S., Hartzell, G., & Scala, M. (2021). Promoting infant mental health in the neonatal intensive care unit (NICU): A review of nurturing factors and interventions for NICU infant-parent relationships. Early human development, 154, 105281.

Klein, V., Zores-Koenig, C., Dillenseger, L., Langlet, C., Escande, B., Astruc, D., ... & Strasbourg NIDCAP Study group. (2021). Changes of infant-and family-centered care practices administered to extremely preterm infants during implementation of the NIDCAP program. Frontiers in pediatrics, 9, 718813.

Molloy, E. J., El-Dib, M., Juul, S. E., Benders, M., Gonzalez, F., Bearer, C., ... & Gunn, A. J. (2023). Neuroprotective therapies in the NICU in term infants: present and future. Pediatric research, 93(7), 1819-1827.

Hendricks, M. R., Amboiram, P., & Padubidri, S. R. (2023). Neurodevelopment and Neuroprotection in Preterm Neonates.