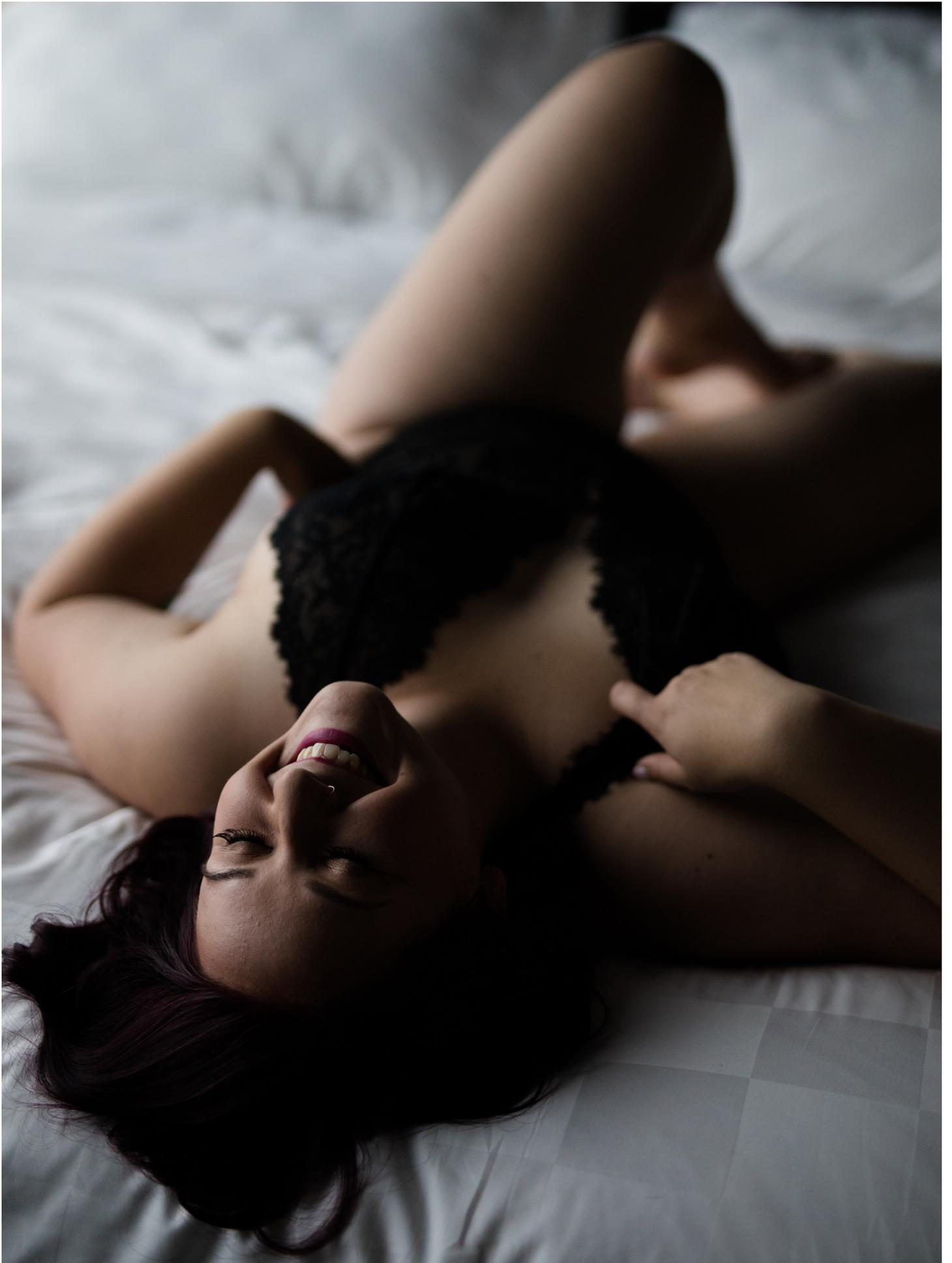


AMY DONOVAN PHOTOGRAPHY

# BOUDOIR SESSIONS



[WWW.AMYDONOVANBOUDOIR.COM](http://WWW.AMYDONOVANBOUDOIR.COM)



WELCOME



HELLO!

I'm Amy, a Newfoundland and Labrador-based photographer. For almost 20 years, I've been dedicated to capturing images that make women feel their absolute best.

Boudoir photography celebrates your unique beauty and confidence. My style emphasizes authentic emotions and genuine connections, blending elegant boudoir portraits with candid moments.

Within this guide, you'll discover valuable insights for preparing for your boudoir session, including wardrobe recommendations, package information, and tips for the best experience.

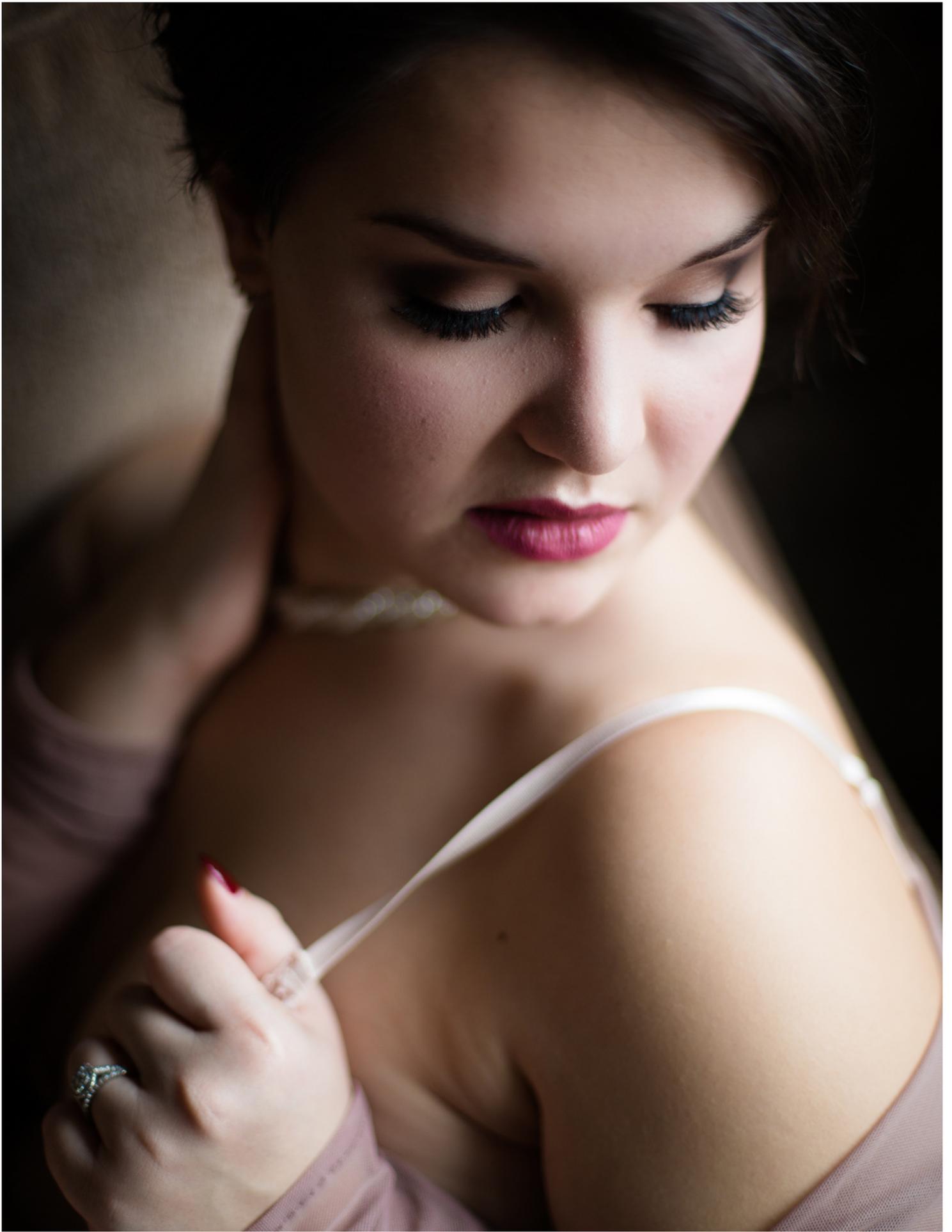
I'm here to support you every step of the way! If you have any questions, please feel free to email me.

Let's embark on this journey together!

*xo,*

*Amy*

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# WHAT TO EXPECT

Booking a boudoir photoshoot can often feel quite daunting. You're likely filled with excitement and nervousness, especially if it's your first time, and the thought might cross your mind, "Can I do this?"

Please don't worry; what you're experiencing is *entirely* normal. Almost every client feels the same! With nearly 20 years of boudoir photography experience, I can create a great experience, ease your anxiety, and capture stunning shots that boost your confidence!

As we start the session and you begin to pose, your comfort level will grow with each camera click. What may begin as nervousness soon becomes fun as you get the hang of posing like a model, changing outfits, and enhancing your look. The posing process will become enjoyable as I guide you in positions that accentuate your unique figure. A boudoir photoshoot is about making you feel sensual, stunning, and at ease. It's a chance to relax, have a great time, and radiate pure beauty!

Once you've chosen a package and confirmed your session date, we'll begin the journey by designing your dream shoot during a pre-session planning call. We'll delve into your ideas and vision for the session, crafting a photoshoot that captures this extraordinary chapter in your life. Your input is invaluable, and we'll collaborate to ensure your vision becomes reality.

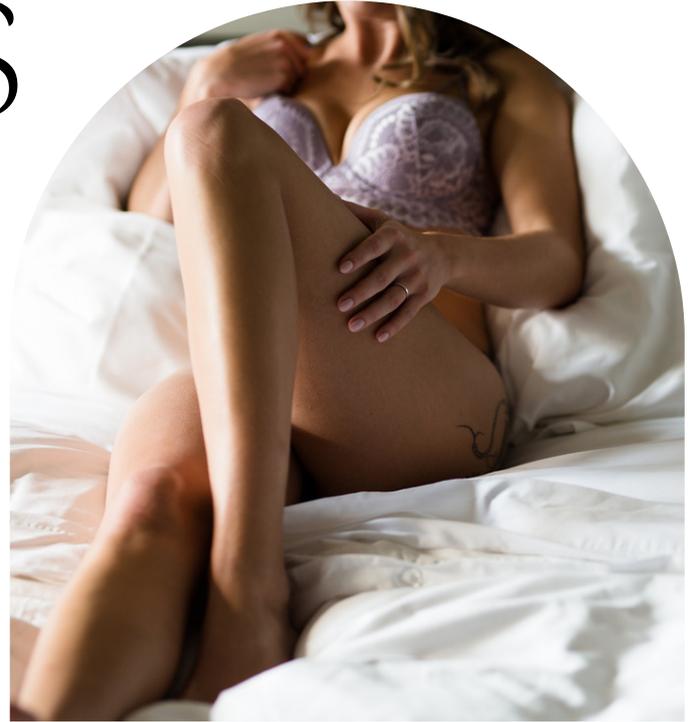


# SESSION DETAILS

## PAYMENT & ORDERS

A non-refundable retainer is due at the time of booking.

Payment for images happens after you have fallen in love with your photos and selected the package that best suits your needs.



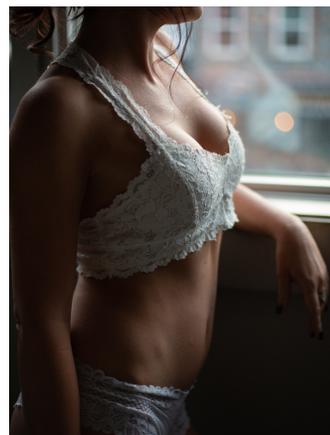
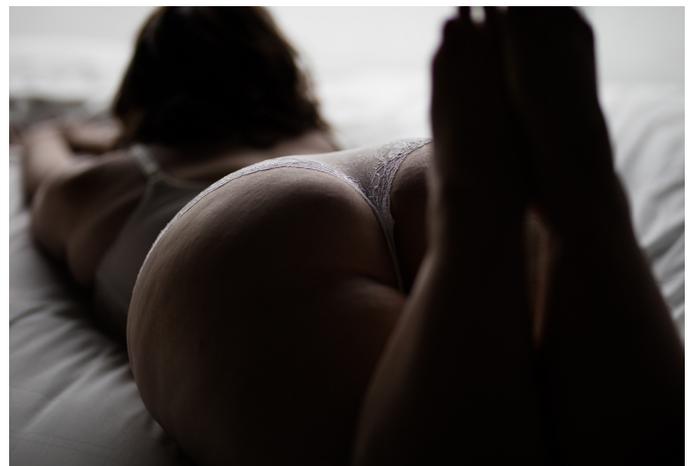
## SETTING

Depending on your session date or location, options include a hotel or a photography studio.

Alternatively, consider having your boudoir photos taken in the comfort of your own home. This choice can be less intimidating for some clients and adds a personal touch to your boudoir shoot, allowing your unique self to shine through.

Another possibility is outdoor boudoir photography at a stunning and private location.

Let's make a plan!



# YOUR EXPERIENCE

## BEFORE YOUR SESSION

Before your session, I'll stay in touch, offering tips and ideas to ensure a smooth process. I also provide complimentary wardrobe consultations via video chat to discuss outfit options and styles.

## YOUR SESSION DAY

On the session day, do your hair and makeup as you like, boosting comfort and confidence for boudoir images that showcase your unique beauty.

Gather your outfits, shoes, and accessories, and meet at the designated location. Have a meal and stay hydrated by drinking plenty of water for a relaxing session.

No need to feel nervous—I'll guide you every step of the way. Your only task is to arrive! Trust that I'll pose you to showcase your unique beauty and even your fierce side! We'll take breaks, and I'll check in with you during the shoot to ensure your comfort and prioritize your consent.

## AFTER YOUR SESSION

We'll arrange a home reveal appointment about a week after your session. Here, you'll view the photos, select favorites for albums and wall art, and see samples of our print products.

All images receive professional editing in both color and black and white. Following our meeting, I'll deliver your digital images and start processing your selected photos.



# CHOOSING A THEME

**Remember to stay authentic to yourself when choosing a theme for your boudoir photoshoot. Embrace what makes you feel beautiful!**

## CLASSIC & SEXY

Classic boudoir photography showcases subjects in sensual, non-erotic poses, often highlighting lingerie like high-waisted shorts with a lacey bra or elegant corsets. It's all about skillfully playing with shadows, hand positions, poses, and angles to create an atmosphere of implied sensuality rather than explicit nudity.

## ELEGANT

Elegant boudoir photoshoots embody sensuality, sophistication, and allure. This can be done with options like a tasteful button-down shirt, a stylish robe, or midriff-revealing outfits. Draping in bed sheets also adds a tastefully, sexy aesthetic.

## CASUAL & COZY

If lingerie isn't your thing, simplicity works just as well. Consider a cozy sweater or even a favorite shirt instead of lingerie. Your boudoir session can embrace things like an oversized sweater or a comfy sweatshirt as long as you feel good. The options are endless and limited only by your imagination!



# WHAT TO WEAR

When selecting your outfits, the most vital consideration is your comfort and confidence. It's recommended to bring at least three outfit choices. While we typically shoot at least three looks, having extra options is great for variety. If you need more clarification as to how something will photograph, feel free to bring it; we'll help you choose the best outfits that shine on camera. For a versatile selection, consider a bra and panty set, a teddy, and another playful item – adding garters and thigh highs can bring an extra touch of allure. Enjoy the process, and have fun!

## THE ESSENTIALS

Make sure to bring at least two lingerie or bra and underwear sets. Begin with classic black, then consider adding colors and patterns, but avoid small busy patterns and neon colors, or anything yellow or orange, as they can appear harsh and unflattering on camera. Consider your most flattering colors; Black, Navy, and all jewel tones photograph well on most skin tones. Items like a bodysuit, vintage slip, teddy, shapewear, high-waisted panties, and camisoles always look great. Bras and underwear can be worn alone or paired with other clothing items and accessories to add a fun or sexy element to your shoot!

## CASUAL ATTIRE

Not really into elaborate lingerie? No worries, simplicity works great too. How about your favorite pair of jeans? Some of my all-time favorite photos have featured a button-down shirt paired with jeans. Jeans are incredibly versatile in a boudoir session. Even a basic white tank top can work great. If you're doing these photos as a gift, consider bringing something from your partner's wardrobe, like one of their favorite ties or a button-down shirt. It might be oversized, but it will still look sexy.

## SHOES

Think about including at least a pair of black and nude heels in your selection. Few things exude sexiness like a stunning pair of high heels. They not only enhance your overall look but also have the potential to accentuate your legs, bum, and even your bust when they fit just right.

## ACCESSORIES

Accessories play a crucial role as they can effortlessly transform your outfit and adapt it to different backgrounds. Accessory ideas include jewelry, scarves, stilettos, stockings, and garter belts. Feel free to bring any jewelry, and I can help you select pieces that complement your outfit.

## HANDS

Your hands can be incredibly sensual in a boudoir photoshoot, so ensure they look their best. A manicure is highly recommended; if you don't wear nail polish, I recommend having a clear coat or a neutral shade on your nails for that extra touch of elegance. Please avoid neon or tropical vacation colors.

## HAIR & MAKEUP

Opting for professional hair and makeup services can make a significant difference, providing that extra polished appearance that looks fantastic on camera. Professional hair and makeup enhance the overall quality of the photos.

## SKIN

Remember to exfoliate and moisturize your face and whole body the night before your session. Please moisturize again on the morning of your session - or right before you arrive, to achieve a fresh and radiant skin appearance! Don't overlook your knees, elbows, and feet, as these areas appear driest.

## BE YOURSELF

This is a significant investment in a memorable experience, so savor every moment! Let go of any negative thoughts or self-perceived imperfections. Trust that you look incredible; the rest is in our hands. We'll set the mood with your chosen music, enjoy a drink, and create beautiful portraits together!





# CHECKLIST

## HAIR APPOINTMENTS

Schedule professional hair and makeup appointments to enhance your overall look.

## NAIL CARE

Treat yourself at the salon for well-groomed nails and brows to boost your confidence.

## PLAYLIST

Create a mood-setting playlist to get you into the supermodel zone.

## REST AND HYDRATION

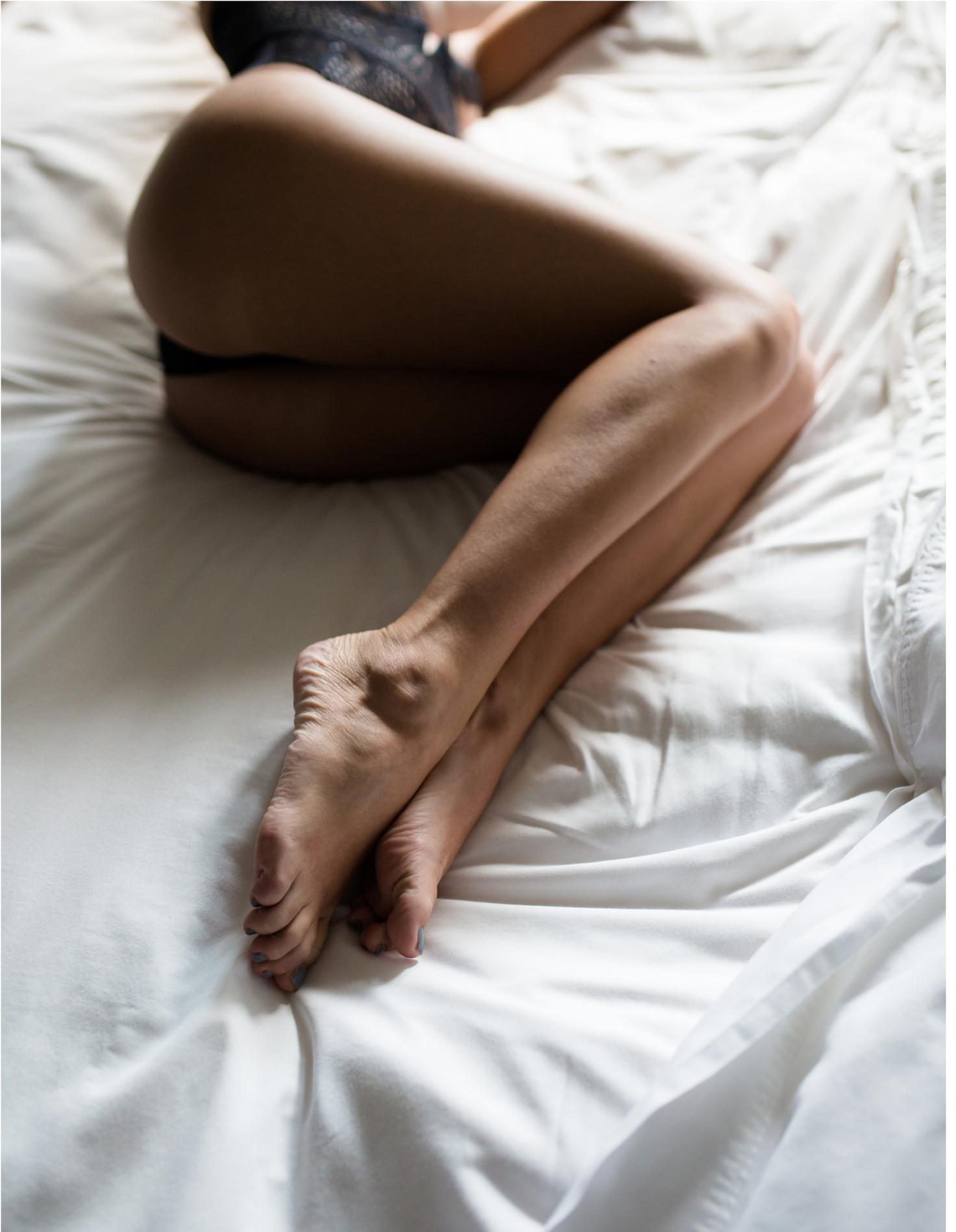
Prioritize sleep and stay hydrated for a radiant complexion during the shoot.

## AVOID SPRAY TANS

Skip spray tans to ensure your natural beauty shines without an orange tint.

## MODERATE MEAL

Opt for a light meal before the shoot to avoid discomfort during poses.



# BOUDOIR

*session pricing*



## BASIC SESSION

1 HOUR PHOTO SESSION  
2 OUTFITS  
IMAGE VIEWING SESSION

\$175

## DELUXE SESSION

3 HOUR SESSION  
PROFESSIONAL HAIR AND MAKEUP STYLING  
3-4 OUTFITS  
IMAGE VIEWING SESSION

\$295

ALL PRINTS, IMAGE FILES, AND PRODUCTS ARE SOLD SEPARATELY

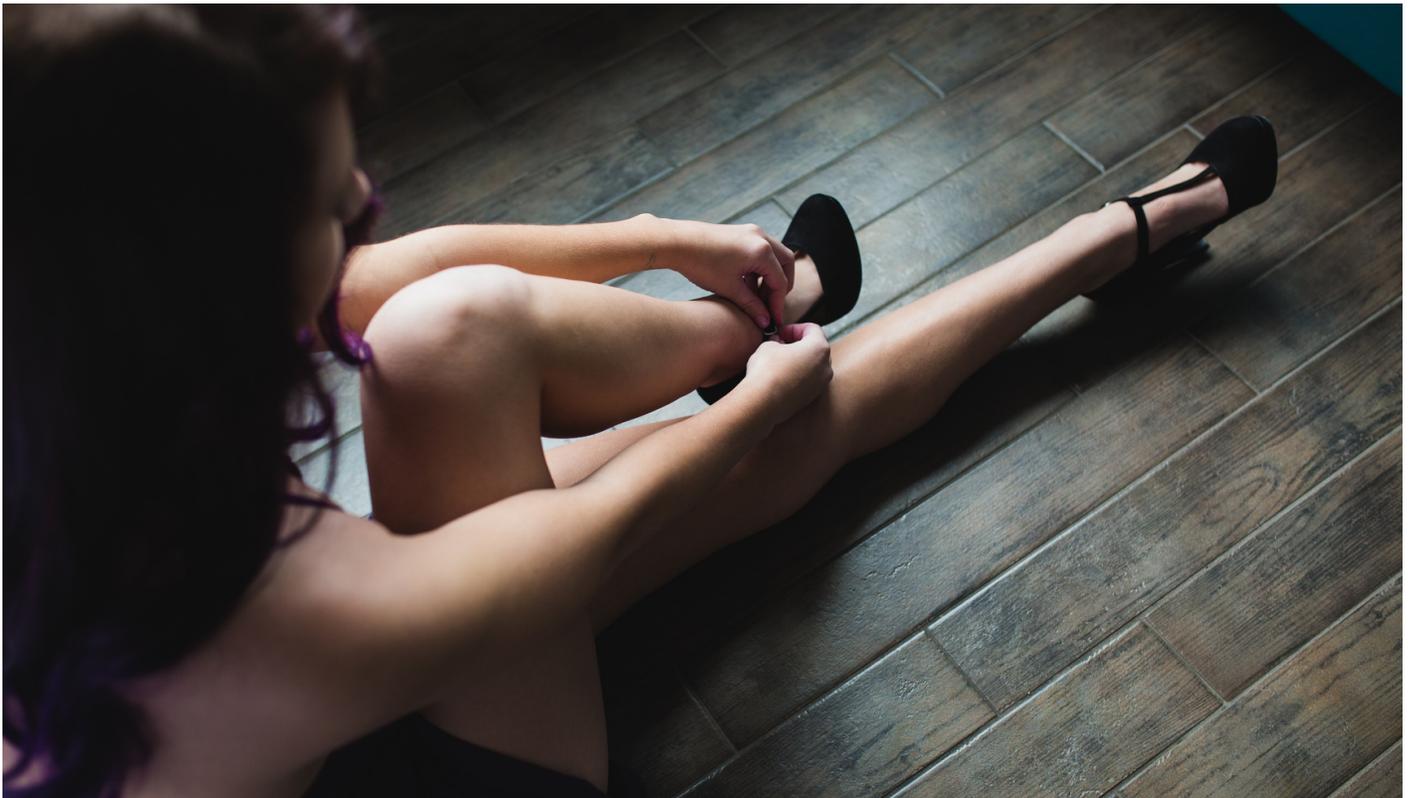


# PACKAGE ONE

THE BASIC PACKAGE: \$500

## WHAT'S INCLUDED

- ✓ The choice of your favourite 10 images printed as 5x7 fine art prints
- ✓ The corresponding 10 images are in low-resolution digital format. These are suitable for online use but not printing.



# PACKAGE TWO

THE CLASSIC PACKAGE: \$900

## WHAT'S INCLUDED

- ✓ The choice of your favourite 15 images printed as 5x7 fine art prints
- ✓ The corresponding 15 images are in low-resolution digital format. These are suitable for online use but not printing.
- ✓ The choice of 3 high-resolution digital files with permission to print at any size.

# PACKAGE THREE

THE DELUXE PACKAGE: \$1500

## WHAT'S INCLUDED

- ✓ The choice of your favourite 20 images printed as 5x7 fine art prints.
- ✓ The corresponding 20 high-resolution digital files with permission to print at any size.
- ✓ 20 image custom designed hardcover album



# DIGITAL FILES



Complete collection of  
High-Resolution Digital Files  
with print release

Approximately 30 images, allowing you to print  
as many photos as you like, in any size you want up to 30x40  
and share online as you please.

\$1200

# PRINTS & *products*

## PRINTS

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5x7 \$50  
8x10 \$75  
16x20 \$125

## CANVAS

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16x20 \$300  
20x30 \$500

## ALBUMS

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Fabric  
\$250

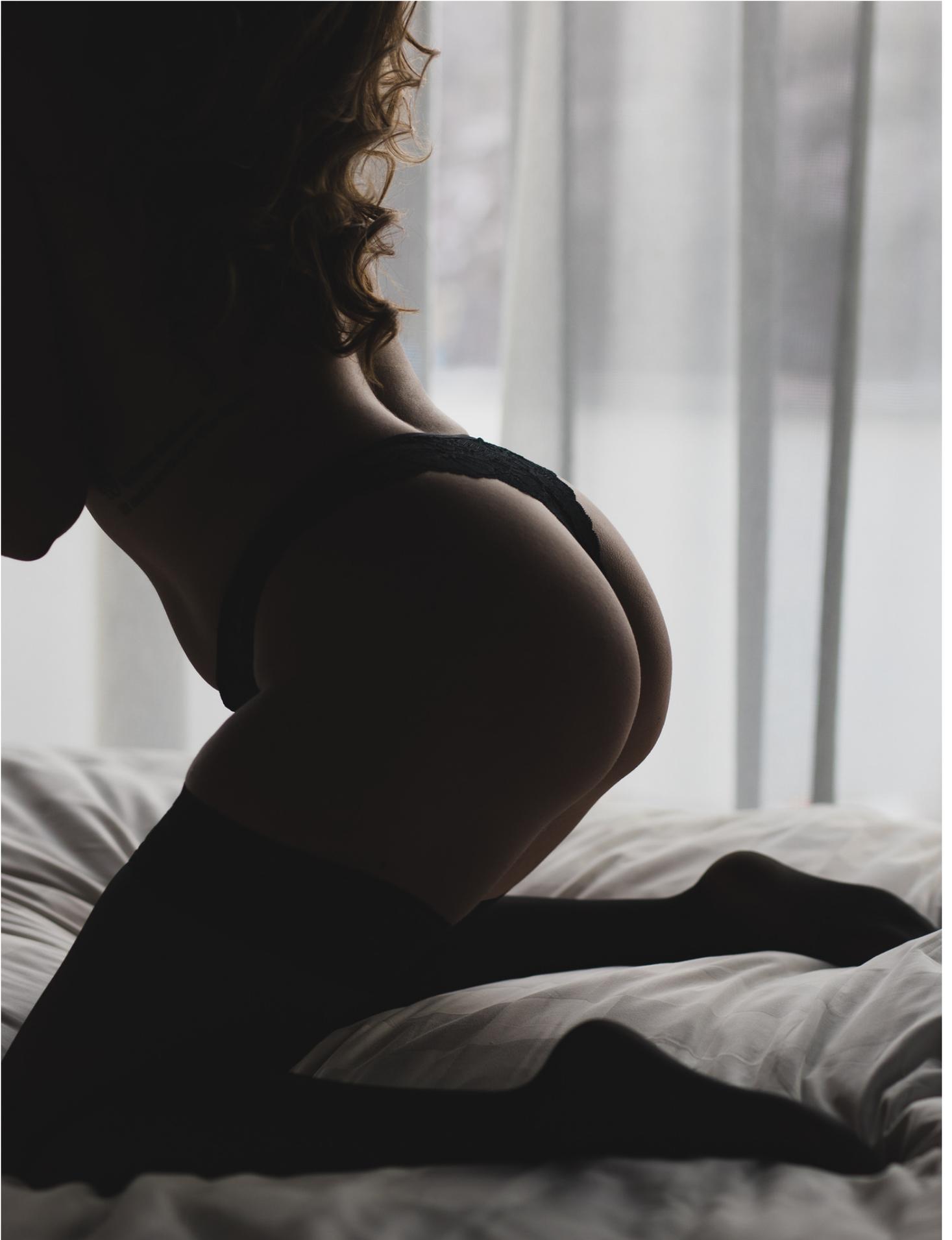
Vegan Leather  
\$300

## ADD-ONS

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Additional Coverage \$100 per hour  
Rush Fee \$100

All Prices are subject to HST



# KIND WORDS



I stepped out of the comfort zone I often see myself trapped in, and Amy is to thank for that. I walked out of my session loving every scar, every mole, every stretch mark, and every wrinkle on my body. I learned to love myself and the story my body tells unconditionally.

-ALISON



After changing my lifestyle to lose weight and get healthy, I struggled with my new body image. My boudoir experience was emotional - I realized that I am beautiful and how far I have come.

- LORI



I am 40, muscular, and a Plain Jane when it comes to hair and make-up. I was apprehensive about being painted and posed in a way that would look amazing but not like me. Amy began by asking to see my 'strong arms' - arms I have always been told make me look like a man.

By the end of the session, I felt light and lovely. My photos highlight the face and muscular form I feared would be hidden and make the parts of me I have been shamed for feel like assets. I cried with happiness. This has made all the difference in the world to me.

-ANGE



# FAQ

## WHAT IS YOUR PHOTOGRAPHY STYLE?

My photography style combines candid, natural, and artistic to capture you in a way that will make you fall in love with yourself.

## CAN WE VIEW A GALLERY OF YOUR RECENT BOUDOIR SESSIONS?

You can explore my portfolio on my website [www.amydonovanboudoir.com](http://www.amydonovanboudoir.com)

## WHAT SHOULD I BRING TO THE SESSION?

You should bring a selection of lingerie, outfits, accessories, and any items that are personally significant to you. Remember your favourite heels!

## WHAT ABOUT PROPS OR SPECIAL ITEMS?

If you have props or sentimental items you'd like to incorporate into your session, feel free to bring them along. These can add a unique touch to your photos.

## IS HAIR AND MAKEUP INCLUDED?

There are two packages available for you to choose from. One provides hair and makeup services, and the other allows you to arrive camera-ready!

## CAN I BRING A FRIEND OR PARTNER FOR SUPPORT?

It's strongly recommended to keep the session intimate. Bringing someone with you will take the focus from you and change your experience.

## WHAT IS YOUR CANCELLATION POLICY?

I understand that things happen. Please let me know as soon as possible if you need to reschedule. Deposits are non-refundable but can be applied to a future session if rescheduled within a specific time frame.

## WILL MY IMAGES BE RETOUCHEDED?

Your images will be edited, but not "Air Brushed." Our goal is to make you fall in love with you, not an overly processed version of you. Any temporary blemishes will be removed or minimized and you will be posed to look your best without intense editing. You will look like your very best self!

## **DO YOU SHARE MY IMAGES ONLINE?**

By default, we assume you prefer to keep your images private from our website or social media. However, it's entirely your choice if you have favorites you'd like to share. Many clients take pride in inspiring others by allowing us to showcase their images.

## **CAN I PURCHASE ALL THE PICTURES TAKEN DURING THE SHOOT?**

No, only the very best images will be selected for editing. Please don't worry; I carefully curate the selection. Editing is a crucial part of the process; no unedited pictures will be presented to the client. You'll have plenty of fully-edited images to choose from.

## **DO YOU OFFER PAYMENT PLANS?**

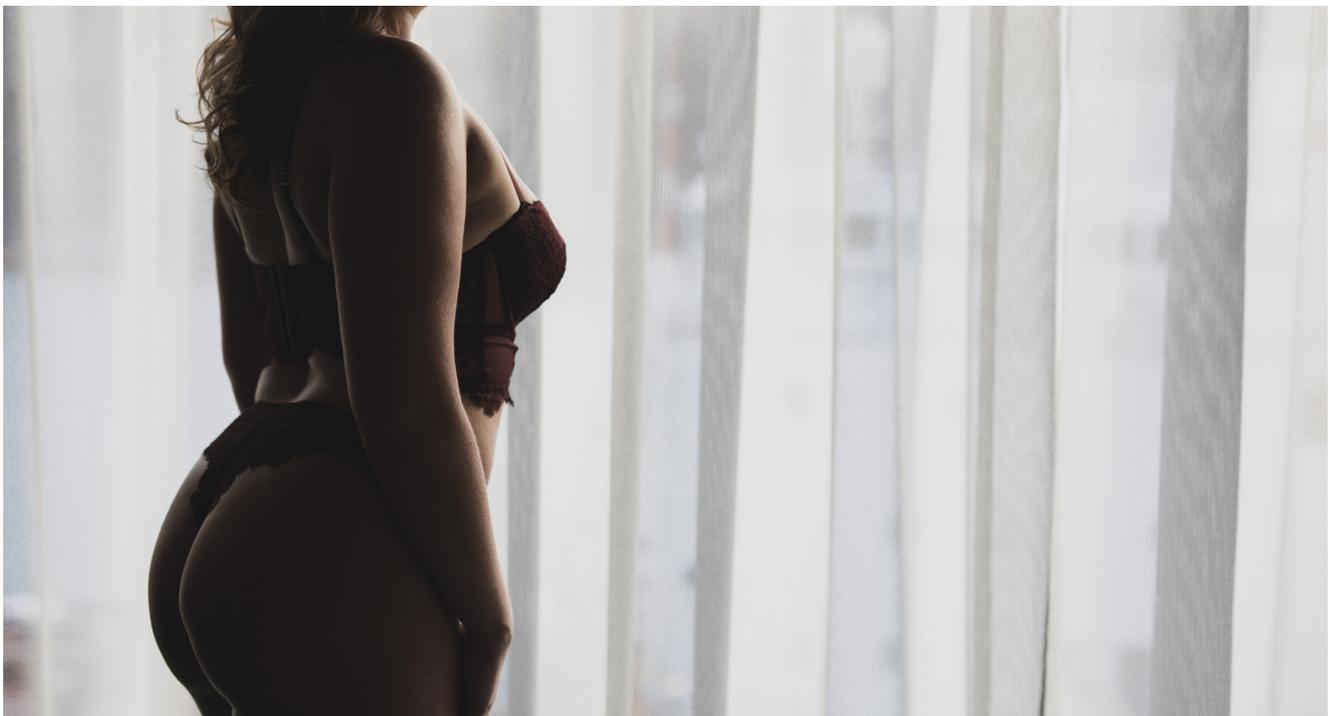
Yes. A retainer is required to secure your shoot. If you'd like more time to pay, we can schedule your shoot a few months out and set up a payment plan. Just let us know if you'd like to arrange this!

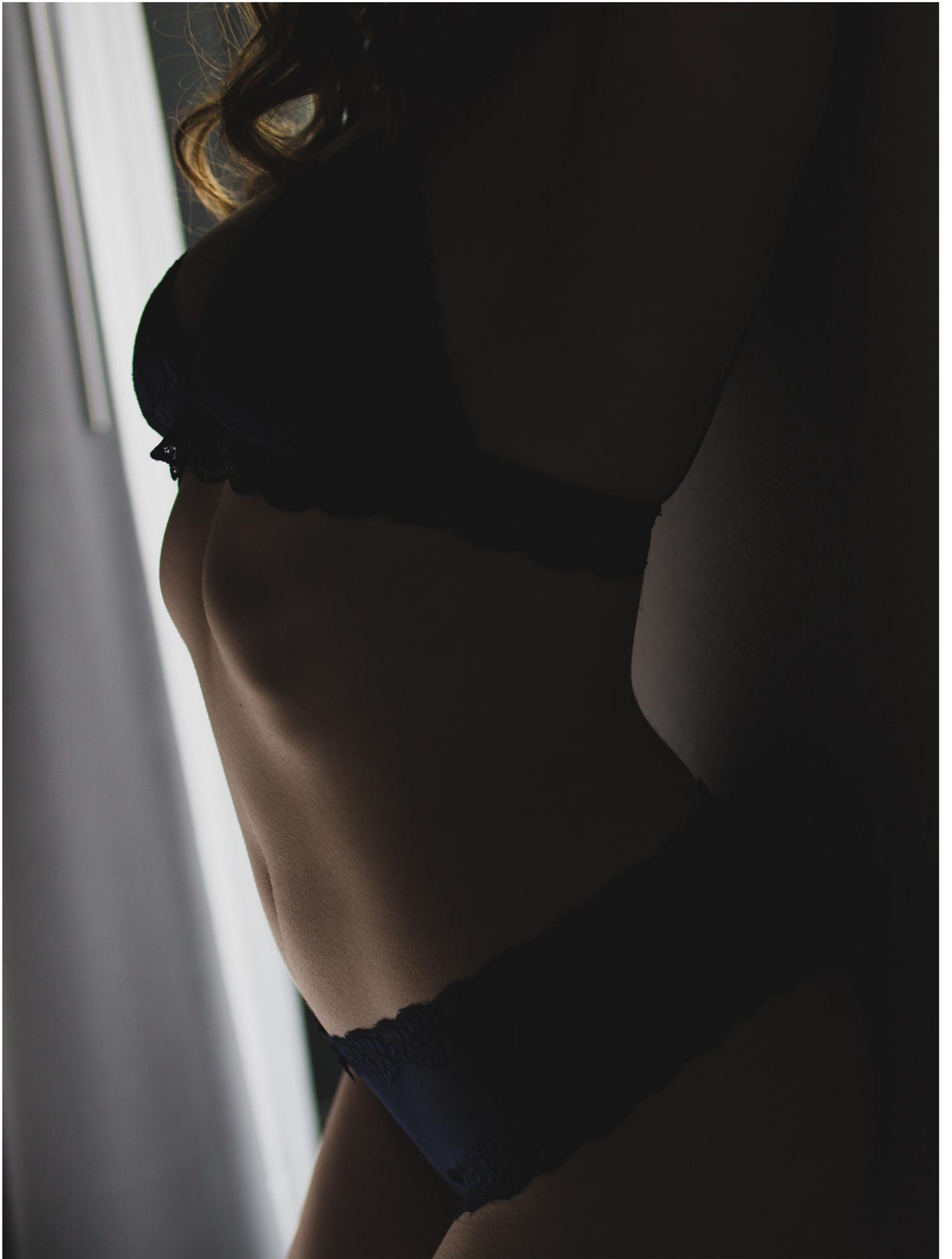
## **WHEN WILL I GET MY PHOTOS?**

After the session, I'll carefully curate and edit the photos, which usually takes 1-2 weeks. Once they're ready, we will meet so I can present them to you! You'll choose your favourites and we will determine which package works for you!

## **I AM READY! HOW DO I BOOK?**

A signed agreement and the session fee are required to reserve your date. Once booked, we'll collaborate to organize every detail.







# THANK YOU

I hope that this guide has addressed any of the questions you may have had!

My goal is to make your session an unforgettable experience that you'll look back on with fondness for years to come.

Remember, while the location and outfits are important, the lasting memories we'll capture together truly matter. My priority is to create an environment where you can genuinely be yourself and thoroughly enjoy your experience.

If you need more information, please feel free to reach out to me directly.

I'm looking forward to working together!

*xo,*  
*Amy*

QUESTIONS?  
REACH OUT AT....

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