

A portrait of Alexandra Sampson, a Black woman with short, curly dark hair, smiling warmly at the camera. She is wearing a green sleeveless top and has her hand resting near her face. The background is a blurred indoor setting with large windows and a green plant on the right.

# ALEXANDRA SAMPSON

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Alexandra Eikner Sampson, Esq., is an attorney, work-life strategist, and speaker. She is on a mission to help ambitious working women be extraordinary in their careers and experience a rich and rewarding personal life.

Alexandra's passion for helping professional women is driven by her own continued navigation of career and life. She is State Tax Counsel for a leading global, diversified media, information and services company with more than 360 businesses. Prior to going in-house, she was a senior associate attorney in the Washington, D.C. offices of two multinational law firms. She has held leadership positions in the legal field and is a speaker and author on state tax topics. However, the roles she holds most dear are those of wife and mother.

She is passionate about women's self-care and work-life well-being, with a focus on issues pertaining to breadwinning women. She is the hostess at BreadWomen -- a faith-based community that provides encouragement, resources and support for women who are the sole or primary financial provider for their households. When she's not in the office or spending time with her family, you can most likely find her teaching group fitness classes or in her happy place (the gym).