



# TALULAH

AUTUMN

# ABOUT US

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We are a second home for people who value substance and authenticity. We are for those who seek nourishment from authentic interactions, inspiring experiences, and a genuine connection to their community. We're always striving to improve what we do and how you enjoy it.

Talulah, meaning 'running water' in Native American, is alive and everchanging.

## A FEW HANDY NOTES

### WORK FROM TALULAH

Community is important, especially when you're working!

- WIFI - Talulah Customers - 0249692060

### DIETARY NEEDS

We want everyone to enjoy our products safely, so please let us know any specific dietary requirements. Our fryer is gluten-free, we do have nuts in our kitchen.

gf= gluten free, gfo = gluten free option, v= vegetarian, vo=vegetarian option

ve = vegan, veo = vegan option

### FUNCTIONS AND CATERING

We are always keen to host a great event or make sure you're well fed and caffeinated. Use our contact page via our website to enquire about your next function.

### BOOKINGS

We have online bookings so you can easily secure your next visit. Visit our website and follow the simple prompts to book.

### SURCHARGES

1.1% EFTPOS - this, by law, only passes on the transaction fee we receive.

10% Weekend (Saturday + Sunday) - which covers the 25% loading for employees.

15% public holidays - which covers the 100% loading paid to employees.

# COFFEE & CO

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<b>MILK COFFEE</b>	5 / 6
flat white, cappucino, latte - on 'Aspen' Roasted by ONA Coffee - rich, sweet and creamy with notes of milk chocolate, hazelnut + malt	
<b>BLACK COFFEE</b>	5 / 6
espresso, long black - prepared on our rotating single origin coffee's by ONA Coffee to highlight the distinct flavour characteristics of that region, farm and plot.	
<b>FILTER</b>	6
prepared on our rotating filter roasted single origin coffee by ONA Coffee to highlight the distinct flavour characteristics of that region, farm and plot.	
<b>NOMAD 45% HOT CHOCOLATE</b> (GF, VEO)	7
served with toasted marshmallow	
<b>HONEY CHAI TEA</b>	8
whole leaves and spices in honey brewed with your milk of choice	
<b>REAL CHAI LATTE</b> (VE0)	7
natural chai powder made with real spices and panela sugar	
<b>MATCHA LATTE</b> (GF, VE0)	7
A-grade Japanese matcha brewed with your choice of milk - with a side of maple	
<b>TURMERIC LATTE</b> (GF, VE0)	7
our house recipe served with wildflower honey	
<b>ORGANIC TEAS</b> (VE0)	7
organic english breakfast wild earl grey sencha green organic peppermint lemongrass + ginger	
<b>NON - DAIRY MILKS</b>	+ 1
almond, oat, soy, lactose free, coconut	

# ICED

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## CASCARA ICED TEA 8

caffienated iced tea made from steeped coffee fruit served with soda and cranberry

## HOUSE COLD BREW 7

steeped on 'Aspen' by ONA - rich, sweet and chocolatey.  
served black or with your choice of milk

## COCONUT COLD BREW 9

cold brew, cold coconut foam, honey syrup, coconut water

## ICED LATTE 6

double espresso over ice served with your choice of milk

## ICED CHAI 7

Talulah's Real Chai concentrate made with unrefined ingredients, over ice with your choice of milk

## EPIC ICED COFFEE 12

double espresso shake, maple whipped cream  
- add Mr Black coffee liqeur + 8

## COLD PRESSED JUICE 9

### SUNRISE

apple, strawberry, lemon, mint

### DAILY GREENS

cucumber, apple, celery, pineapple, spinach, kale

### BERRY CLEANSER

raspberry, apple, lemon, elderberry

### IMMUNE BOOST

carrot, apple, ginger, turmeric

### VALENCIA ORANGE

# COLD DRINKS

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## SMOOTHIES

13

### BRAIN POWER

banana, peanut butter, raw cacao, oats, dates, wildflower honey, oat milk  
- add espresso + 1

### GREEN BOOST

banana, mango, spinach, matcha, coconut milk

### WEIS SMOOTHIE

coconut milk, mango, honey, macadamia, ice cream

### PARK DRUMMER

mango, passionfruit, coconut water, mint

## SHAKES

10

caramel, vanilla, strawberry, chocolate  
- make it thick

+2

## SODAS

Perrier sparkling water

5/8

coke, coke zero, lemonade, lemon lime + bitters

5

## DOG ICE CREAM

8

frozen natural broth with rotating ingredients.

# ALL DAY FOOD

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<b>FRUIT SOURDOUGH</b> (V, GFO)	16
fresh + baked fruits, labneh, orange blossom honey, rye sourdough	
- Make it gluten-free with Nonie's seeded brown loaf + 3	
<b>BANANA LOAF</b> (V)	14
smoked maple butter + walnuts	
<b>RYE SOURDOUGH TOAST</b> (V, GFO)	10
with your choice of; housemade jam, peanut butter, wildflower honey, vegemite	
- Make it gluten-free with Nonie's seeded brown loaf + 3	
<b>MANGO BIRCHER</b> (VE)	22
oat, coconut + seed bircher, coconut foam, mango puree, seasonal fruit	
<b>ORGANIC EGGS</b> (V, GFO)	18
your choice of poached or fried on charred rye sourdough	
Talulah's signature scrambled eggs + 2	
- add pineapple + jalapeño relish + 3.5 / add local smoked bacon + 7	
<b>BREAKFAST ROLL</b> (VO, GFO)	24
local smoked bacon, fried organic egg, pineapple + jalapeño relish, cheese, aioli, rocket, brioche bun	
- add smashed avo + 4 / add potato rosti + 6	
- make it vegetarian - sub bacon for halloumi	
<b>RHUBARB HOTCAKE</b> (V, GF)	25
baked rhubarb, creme fraîche, rhubarb + elderflower syrup, white chocolate granola	
<b>CHILLI SCRAMBLED EGGS</b> (V, GFO)	25
chilli oil, peanut + shallot crunch, lime, jalapeño, charred sourdough	
add avocado half + 6 / add local smoked bacon + 7	
<b>BENEDICT</b> (GFO)	32
BBQ braised beef brisket, poached organic eggs, mustard hollandaise, pickled white onion, charred rye sourdough	
- add potato rosti + 6	

<b>AUTUMN SPREAD</b> (GF0,V0)	30
poached organic eggs, local smoked bacon, potato rosti, pineapple + jalapeño relish , dressed leaves, charred rye sourdough - add avocado half + 6	
<b>SMASHED AVO</b> (V,VE0,GF0)	26
roasted beetroot, whipped beetroot feta, pickled fennel, almond dukkah, dressed leaves, lemon, charred rye sourdough - add a poached egg + 4 / add fried halloumi + 6	
<b>BRISKET SUB</b> (GF0)	26
bbq braised brisket, blue cheese b�chamel, red elk + rocket, pickled onion, buttered brioche sub - add skin-on fries + 6	
<b>HALLOUMI + TOMATO SALAD</b> (V,VE0,GF)	24
rosemary pickled tomatoes, fried halloumi, capsicum hummus, pumpkin, spinach, rocket, pickled fennel, spiced almonds, lemon vinaigrette - add morrocan chicken + 7 / add avocado + 6	
<b>SPICED ISRAELI COUS COUS</b> (V,VE0)	26
with halloumi, roasted pumpkin, charred capsicum, currants, yoghurt, spiced almonds - add morrocan chicken + 7	
<b>MORROCAN CHICKEN TOASTIE</b> (GF0)	22
grilled moroccan chicken, mozzarella, harissa, baby spinach, aioli - add skin-on fries + 6	
<b>CHIMI PUMPKIN TOASTIE</b> (V,GF0)	21
roasted pumpkin, baby spinach, chimichurri, halloumi, sundried tomato pesto, chilli salt - add skin-on fries + 6	
<b>SKIN-ON FRIES</b> (GF,V)	12
with chilli salt + aioli	

## SIDES + ADD ON'S

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poached or fried organic egg	4
scrambled organic egg	7
avocado half	6
local smoked bacon	7
potato rosti (GF)	6
fried halloumi	6
pineapple + jalapeño relish	3.5
rosemary pickled tomatoes	5
moroccan chicken	7
mustard hollandaise	4
Nonie's seeded brown gluten-free loaf	+3
charred rye sourdough	5

## LITTLE TACKER'S

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EGG ON TOAST	10
poached, scrambled or fried	
B+E ROLL	15
bacon, egg, tomato sauce, brioche bun	
KIDS HOTCAKE	15
with seasonal fruits + maple syrup	
BABY BIRCH	12
oat, seed + coconut bircher, coconut foam, seasonal fruit	
CHEESE TOASTIE	10
KIDS SHAKE	7
caramel, vanilla, strawberry, chocolate	
BANANA SMOOTHIE	8



# DAYTIME BOOZE

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## COCKTAILS

SPIKED COCONUT COLD BREW	20
cold brew, cold coconut foam, honey syrup, Mr Black coffee liqueur, coconut water	
PASSIONFRUIT MIMOSA	20
gin, Aperol, passionfruit, prosecco	

## BEER

HEAPS NORMAL QUIET XPA (0%)	8
BALTER CAPTAIN SENSIBLE MID	9
CORONA	8
STONE & WOOD PACIFIC ALE	8
YOUNG HENRY'S NEWTOWNER PALE ALE	9
YOUNG HENRY'S CLOUDY CIDER	9

## WINE

PALLONCINO PROSECCO	10/45
Murray Darling, NSW	
SLOW WINE CO SAUVIGNON BLANC	10/45
Orange, NSW	
LUCETTA ROUX PINOT GRIS	11/50
Murray Darling, NSW	
LITTLE LOFT CHARDONNAY	12/55
Hynam, SA	
STRAWHOUSE ROSE	10/45
Orange, NSW	

