

SAI AASHRAYA

ANNUAL REPORT

FINANCIAL YEAR: 2023 - 2024



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Sai Aashraya



TRANSFORMATIVE IMPACT

At Sai Aashraya, we remain dedicated to creating a legacy of Love,
Service and Everlasting Impact, One Project and One Life at a time

LOVE MUST
EXPRESS ITSELF
AS SERVICE

About the Founder

Sai Prasad Venkatachalam, a Humanitarian and an International Speaker founded Sai Aashraya when he was 22 years old in 2017. Sai's inner calling is to selflessly serve the most underserved amongst us. His objective is to further Sai Aashraya's Mission of Love & Service far and wide to touch many more lives in the times to come. Sai and his Team envision a future where individuals, and communities they work with, attain self-reliance. They view this as a humble offering to the Motherland with the broader vision of Global Harmony and Universal Peace. Our mission is simple: "To Love All - Serve All."



A word from the Founder

Sai Aashraya's Journey over the last 8 years, working around the four pillars of Food & Nutrition, Medicare, Educare, and Sociocare, has verily been a saga of pure Love & Selfless Service. Through initiatives like Breakfast Seva and the 24/7 Food Seva, we've served over 7 million healthy meals. In the remotest parts of our nation, over 93,000 patients have experienced loving and holistic Medicare. At present, we have adopted 9 schools and catering to over 2,000 children everyday. Our adoption of six villages have made them completely self-sustained. Today, the construction of Sai Aashraya Super Speciality Hospital (SASSH) – Our own State-of-the-Art 220 Bed Super Speciality Hospital specializing in Paediatric & Adult Cardiac Care, Mother & Child Care (OB/GYN) with no billing counter, is more than 90 percent through the construction.

Our Core Values are Mission, Integrity and Excellence. Our Mission involves providing the highest quality Seva offerings to the most under-served, diverse and challenging locations at no cost whatsoever. By building self reliant communities in the most under-served areas we strive to play our role in mankind's efforts to bring Global Harmony and Universal Peace. This is our Vision. To Love All - Serve All is the Mission that Sai Aashraya is on.



The genesis of Sai Prasad's transformative journey occurred during his travels to the Syrian and Sudan borders, where he encountered the harsh reality of thousands forced into extreme living conditions. Witnessing the struggles of refugees and their children in war-torn countries ignited a profound transformation within Sai Prasad.



Executive Summary

7

**Million Nutritious
Fresh Meals Served**

6

**Villages Adopted under
Sai Aashraya Village
Adoption Program**

93,000+

**Patients treated
through Holistic
Medicare camps**



9

**Schools having
everyday
Breakfast Seva**

2,000+

**Children being
enriched everyday**

Sai Aashraya

2.5

**Million Lives
Touched**

Sai Aashraya's Mission of Love & Service is constituted by the following four Pillars:

Food & Nutrition

Medicare

Educare

Sociocare

All of Sai Aashraya's Seva Projects take the Highest Quality Seva offerings to the doorstep of the people living in some of the most under-served, diverse and challenging locations. To Love All - Serve All is the Mission that Sai Aashraya is on.

240,000

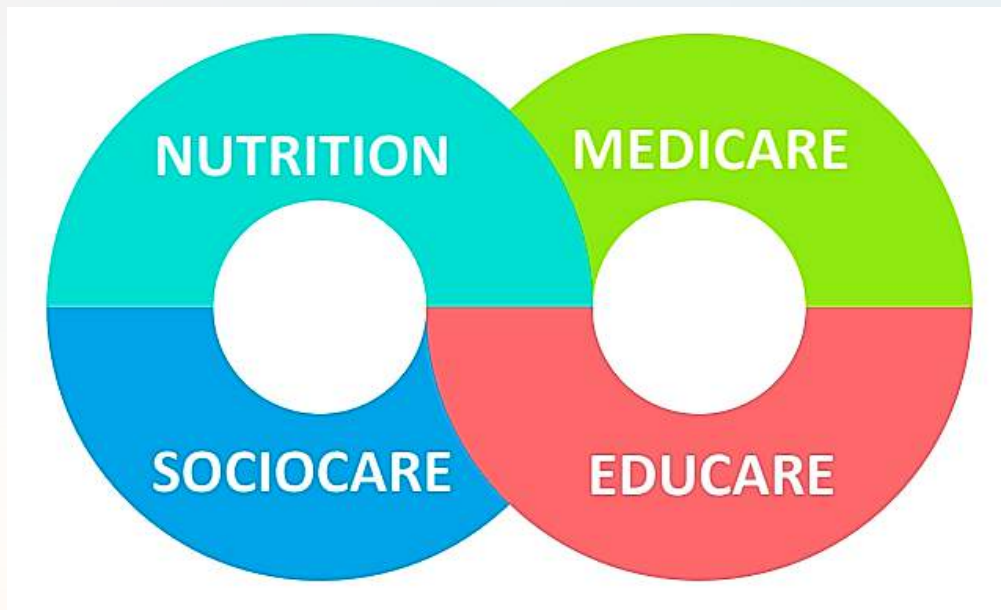
**24/7 Food Seva
Beneficiaries**

253,000

**Breakfast Seva
Beneficiaries**

1600+

**Cardiac Screening
Camps
Beneficiaries**



250+

**Socio care
Initiative - Educate
& Facilitate
Beneficiaries**

1700+

**Arunachal
Pradesh Medicare
& Gram Seva
Beneficiaries**

1500+

**Sai Aashraya
Adarsh Gram Seva
& Medicare Camp
Beneficiaries**

Through the various Seva initiatives, we aim to achieve the following:

समता - Equality

समग्रता - Integrity

समैक्यता - Unity

सौभ्रातृत्व – Fraternity

These are the hallmarks of a self-reliant society and are pivotal to achieving Global Harmony and Universal Peace. This is our guiding philosophy, and we strive to play our role in all of mankind's efforts to make our world a better place to live in.

Food & Nutrition



This section covers the various Seva projects undertaken as part of the “Food & Nutrition” program of Sai Ashraya.

Breakfast Seva

It has indeed been a beautiful journey for all of us in Sai Aashraya this year and the enthusiasm of the children who are back in school for the new academic year has been overwhelming. We have been received with so much love from the children and staff as we restarted the Breakfast Seva for this academic year. Spread over 9 schools with a few new schools entering into our Breakfast Seva program along with serving children from the nearby Anganwadis, this Seva has picked up pace from the word go.

Dear Readers, at this juncture we are proud to share with you that the malnutrition status in our Motherland Bharat has started seeing good progress year on year. Yet, there is a lot more that needs to be done and we at Sai Aashraya are privileged to be given this opportunity to serve our little minds who are indeed the future of Bharat.



Overview

Fresh, Nutritious Breakfast everyday.

Different Menu without repetition for 15 days carefully curated to have the right mix of nutrition and taste for the little hearts.

Support for education, and counseling for children and parents.



SAI AASHRAYA



IMPACT

363,000 Direct Beneficiaries

9 Schools

2,000+

served everyday children everyday

Improved academic performance, increased focus and attention, visible changes in children's behavior, regular attendance with new admissions, overall holistic transformation in the children and their families.

Our Experiences

On the occasion of Republic day, Sai Aashraya volunteers distributed sweets and savories to our Children. We witnessed the sparkle in their eyes when they received this and brought back our childhood memories in school. February and March were very focused months with the preparation of the Annual examination in March. Sai Aashraya distributed stationery including pens, pencils, books and other requirements for helping them prepare for their final examinations. We were very pleased to hear that our children have performed very well in the exams and the teachers state that this is also due to the overall grooming of the children during the year.

The closing of the last academic year saw many emotional moments with our outgoing children from various schools. They shared with us saying "We feel very sad that we are leaving this school Madam because we wont be able to see all of you everyday". Our outgoing children made greeting cards with their signatures for us expressing their gratitude for the love over the years.

It left us tear-eyed as we would miss our elder kids warmly greeting us every morning and chit chatting with us sharing their little stories. We cannot forget how these children would eagerly be waiting for us to come everyday morning at 8.30am and would run up to us and greet us for the day.

Gallery



We reassured our Children and parents that we are available for them at anytime for any support and they assured us that they will carry the spirit of sharing and caring, thereby growing into responsible citizens of this great Nation.



SAI AASHRAYA





24/7 Seva

In response to the pressing need to reach those grappling with the challenge of managing even a single daily meal, the 24/7 Food Seva project was initiated. This crucial and compassionate endeavour aims to touch the lives of individuals residing in the most impoverished areas in and around Bangalore, where tough living conditions and diminished self-confidence defined their daily struggles.



Our 24/7 Food Seva aims to identify people from the most underserved and challenging locations and serve with love the nutritious meals. While serving food might look like the primary activity in this Project, very quietly Sai Aashraya has also been able to impact so many lives by finding employment opportunities, generating work and making the families self-sustained. This has created such a tremendous impact where we now see happy families living in harmony and the same has spread to the society all around.

Our Experiences

Over the last year, Sai Aashraya has served over 25,000 meals round the clock to construction workers, day laborers and many others. Our Volunteers jointly cooked hot and lip-smacking food and sweets at their homes and distributed the same on various celebrations and occasions during the year. As we are aware, winters in the city of Bengaluru and suburbs can be very cold and chilly. Sai Aashraya took this opportunity to share hundreds of blankets to people during the winters.

Our Construction workers fondly share how taking care of their most basic necessity of food has helped them focus on work and save. One of them told us that they save up all the wages that they earn and send it across to their families in their hometowns. They are not required to spend any of it here as they are completely taken care of by Sai Aashraya.



24/7 Seva Overview

Everyday freshly cooked meals thrice, and tea/coffee with snacks twice.

Festivals celebrated and sweets shared with everyone.

Providing warm clothes for winters including sweaters, mufflers, blankets and more.



IMPACT

**Over 478,250 Direct
Beneficiaries**

300+ Meals
with tea/snacks
served everyday

Workers working with enthusiasm and satisfaction resulting in increased productivity. Prioritizing their well-being and addressing their needs has resulted in their overall transformation of them and their families.

Gallery



The 24/7 Food Seva is a daily celebration that brings joy to both the young and the old. At Sai Aashraya, we immerse ourselves in this joyful festival, where love and happiness multiply with each passing moment and this food becomes the catalyst for transforming lives.

SAI AASHRAYA



MEDICARE



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This section covers the various Seva projects undertaken as part of the “Medicare” programs of Sai Aashraya.

Sai Aashraya Adarsh Gram

Sai Aashraya Adarsh Gram, Dharmapuri: A remote village consisting of 75 families with Leprosy affected people who were living a life of physical pain, isolation from society and abject poverty are supported by Sai Aashraya with required medical care, first aid and groceries every month.

This Medicare and Gram Seva has been one of the many long standing seva projects of Sai Aashraya. It is with the love and blessings of the people and the relentless and never give up attitude of our Volunteers that Sai Aashraya has completed its 92 Medicare Camps and Gram Seva at Sai Aashraya Adarsh Gram without missing a single month even during the Covid period. Readers would be aware that Sai Aashraya conducts its Super Speciality Medicare camp and Gram Seva in this village once in a month since 2017.



Our Experiences

Our patients lovingly enquire about the progress of Sai Aashraya Super Speciality Hospital, not for receiving any treatment there but to be part of the work that will be carried out in service to our Brethren. It is overwhelming for us to hear our patients, young doctors, students share and resonate so well with the Mission of Love and Service that Sai Aashraya has embarked on. Sai Aashraya Adarsh Gram has also given us an opportunity to serve the people from surrounding villages and acting as a center for development for them.

Driven solely by the overwhelming need and without a background in village adoption, Sai Aashraya committed to providing Holistic Food & Nutrition, Medicare, Educare and Sociocare to uplift the lives of this marginalized but resilient community.

The story of the inaugural village adopted by Sai Aashraya, born out of this deeply poignant encounter on Christmas morning, stands as a testament to the profound transformative impact that arises when we wholeheartedly embrace the opportunity to engage in selfless service the moment it presents itself.



IMPACT

Monthly Rations
to all 75 Families

Over 1584
Direct Beneficiaries

As the families grow healthier in the village, they are more confident about themselves, they are well-groomed and several of them have gotten amenable jobs to sustain their families.

Gallery

- Monthly Super Speciality Medicare Camps on the third Sunday with diagnostics facilities and consultations with specialist doctors followed by medicines for a month.
- Around 150 patients are treated every month with love and dedication.
- Providing groceries of 10 kgs rice, 1 kg dal for a month per family for all the 75 families and other groceries like oil, kabuli channa, vegetables etc being provided alternatively once in 2 months.
- All the visitors to the camp including the patients, attendants and their families are served with lunch on the day of the camp. More than 250 people are served lunch during the camp

A once ostracized villages is now the hub for nearby villages. Our village is now frequented by vegetable vendors, ice cream vendors, bank personnel and other vendors, making this village thriving and ambient.

The 75 families living in Sai Aashraya Adarsh Gram have bestowed upon us the great opportunity to serve them and discover our true selves and we take this opportunity to convey our Heartfelt Love & Gratitude to them.



Arunachal Pradesh Medicare and Gram Seva

Tawang District in Arunachal Pradesh, part of the enchanting North Eastern region of India. Amidst the serenity, a poignant reality captured their attention. Interacting with families in the humble hamlets surrounding the district, they discovered a distressing commonality—a significant number of young children, youth, and middle-aged individuals had either succumbed to or were grappling with severe cardiac issues.



Our Experiences

The heart-wrenching stories shared by parents, particularly mothers, revealed a recurring narrative of children suddenly lying breathless, with help arriving too late to make a difference. Moved by this revelation, Sai Aashraya promptly collaborated with the District Administration and the Indian Army. With their support, we were granted the opportunity to initiate and conduct specialized healthcare camps, focusing on super-specialty medical interventions. This unforeseen opportunity presented itself, and we seized it wholeheartedly. Recurrently traveling to 14,000 feet above seal level to treat these underserved children and families living in remote locations in extreme terrains and extreme climatic conditions is a testimony of our Love to our Nation.





The subsequent four-day series of camps unfolds in the farthest corners of Western Arunachal Pradesh, where our doctors provide holistic patient care. Every individual and their families receive dedicated time, from monitoring vitals to conducting advanced cardiac assessments, including ECG and 2D Echo with Colour Doppler. These procedures are seamlessly executed at various venues, including Primary Health Centres (PHCs), Community Health Centres (CHCs) in villages, and the Field Hospitals of the Indian Army. Sai Aashraya's cutting-edge telemedicine infrastructure has recently enabled comprehensive treatment and follow-up with patients from Arunachal, backed by the Indian Army and District Administration, making our telemedicine outreach camps highly successful and essential, especially during delays in reaching Arunachal for the next Seva edition.



IMPACT

**Over 1775
Direct
Beneficiaries**

**5 Tribal Villages
in Arunachal
Pradesh**

By improving health of entire communities, we were able to connect the villagers with the local administration creating job opportunities and women empowerment for a life of transformation and freedom.

Gallery



TELEMEDICINE

Sai Aashraya enabled local people in these distant villages to collaborate for doing Medicare camps through Tele-Medicine thus making the locals ready and available for service to the villagers at all times. Enabling youth with knowledge and work while ably guiding them is a means of creating responsibility for them.



Cardiac Screening Camps

Congenital heart disease (CHD) is the most frequently occurring congenital disorder, responsible for 28% of all congenital birth defects. The birth prevalence of CHD is reported to be 8-12/1000 live births. Considering a birth prevalence as 9/1000, the estimated number of children born with CHD every year in India is ~ 240,000.

With rapid advances in diagnosis and treatment of CHD, vast majority of children born with CHD in high-income countries reach adulthood. However, this is not the case for children born in low- and middle-income countries (LMIC) as such advanced care is not available for all children. Thus, CHD is also an important cause of mortality and morbidity during later childhood as well.



Our Experiences

Screening camps are being held in Government schools in Bangalore and Kolar to identify children requiring support in areas of Cardiac care, Dental and Ophthalmology. Thousands of Children from Government Schools around Vemagal and other villages in Kolar District are being screened for Congenital Heart Disease, Deficiencies and defects and will be treated on priority in the upcoming Super Speciality Hospital in Vemagal, Kolar District.

IMPACT

Over 1650 Direct Beneficiaries	Screening 25 Schools	Children with serious cardiac ailments with high mortality rate are identified, and are empanelled in the hospital for tertiary care.
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Gallery



EDUCARE & SOCIOCARE



This section covers the various Seva projects undertaken as part of the “Educare” & “Sociocare” programs of Sai Ashraya.

VILLAGE ADOPTION

Sai Aashraya's mission of providing Medicare started with Medicare camps to alleviate the underserved people from their pain and suffering, and also to research and provide permanent solution to the healthcare problems prevalent in remote villages that do not have affordability or access to quality healthcare. Sai Aashraya's initial focus was on creating awareness about preventive care measures, while improving access to healthcare services and sanitation facilities which helped improve the overall health and well-being of villagers. However, working with villagers for a long period of time helped us build a bond of love and friendship which helped us understand how to better their lives permanently. This led to us focus on adopting the entire village officially with the help of citizens of the villages and the administration.



Our Experiences

Today, Sai Aashraya has adopted 6 villages in remote locations of Bharat. Village adoption has helped us empower marginalized groups, such as women, children, the elderly, and people with disabilities. We were able to create a culture of cooperative living and sustainable development, and create economic independence for the villagers by improving access to skills education, improving affordability, and job creation. With Village adoption, Sai Aashraya also helped establish a socially secure community that addresses social inequalities and promote environmental sustainability through clean green practices.



EDUCATE & FACILITATE

As part of our Sociocare initiatives, we are deeply committed to supporting the unorganized sector by educating them about and facilitating access to various Government schemes. These schemes offer numerous benefits, including medical insurance, death insurance, pensions, and financial aid in case of incapacity.

At Sai Aashraya, we believe that workers in the unorganized sector are integral to nationbuilding. They deserve to be self-reliant, enabling them to work with greater faith and determination. We have witnessed the transformative impact these benefits have on securing a family's future. As Bharat strives to become a Viksit Bharat by 2047, we see this initiative as a crucial step toward fostering unity and realizing our shared dream.

KEY SCHEMES

1. Pradhan Mantri Shram Yogi Maan-Dhan (PM-SYM): Provides a minimum assured pension of INR 3000 per month after the age of 60.

2. Pradhan Mantri Suraksha Bima Yojana (PMSBY): Offers insurance coverage of Rs. 2 lakhs for accidental death and full disability, and Rs. 1 lakh for partial disability.

3. Ayushman Bharat-Pradhan Mantri Jan Arogya Yojana (AB-PMJAY): Provides health coverage of Rs. 5 lakhs per family per year for secondary and tertiary care hospitalization, free of cost.

Sai Aashraya is solely facilitating the registration process for citizens under these government schemes. Sai Aashraya does not assume any responsibility for the implementation, administration, or benefits dispensed under these schemes, as they are managed and executed by the Government of India.

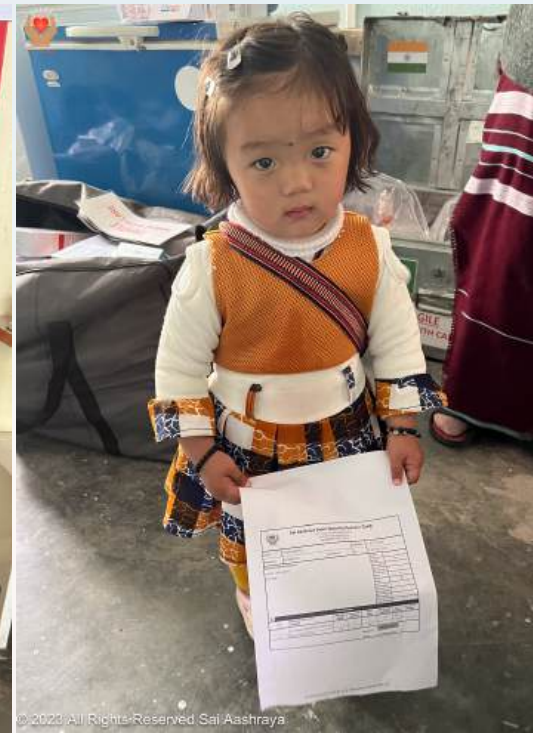


IMPACT

6 villages adopted

Village empowerment activities have enabled our villages to become self sustainable and independent. One leprosy affected village in Dharmapuri and five tribal villages in the remote locations of Tawang district in Arunachal Pradesh.

Gallery



SAI AASHRAYA VILLAGE INTEGRATION PROGRAM (SAVIP)

Financial stability: Having increased individual's skills and employability, our village residents are now able to generate income by selling goods, vegetable produces and by providing services.

Community strength: We have strengthened community bonds and social cohesion through regular engagement. Our adopted villages have now become a centralized location for emergency services for surrounding villages.

Sense of purpose & Involvement: Most important is how our residents feel a greater sense of belonging and purpose, that has yielded in creating Harmony and Peace in the society.

FINANCIAL SUMMARY

Category	Summary
Total Revenue	INR 40.51 Crores
Total Expenses	INR 39.71 Crores

OpEx Summary	% Split
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Food & Nutrition Expenses	62%
Medicare Expenses	30%
Other Expenses	8%

Admin Expenses are kept minimal to maximize the impact of every contribution received.

Sai Aashraya is Registered under Section 12A & 80G of the Indian Income Tax Act 1961 and as a 501c(3) Non-Profit in the USA.

All contributions made to the Trust from India & from Abroad are tax deductible to the full extent permitted by law.

SAI AASHRAYA SUPER SPECIALTY HOSPITAL

Sai Aashraya's Medicare Seva initiatives stand as a beacon of transformative impact, weaving hope and healing into the lives of thousands across India's diverse and challenging landscapes. Operating in the most under-served communities, our dedicated team of volunteers have carried out super-Speciality Medicare camps, touching the lives of over 90,000 patients as of January 2024. Through our journey over the past 7 years, we've gained valuable insights. We've observed that our most significant impact has been in the fields of Cardiac care for both children and adults, along with Obstetrics and Gynaecology (OB/GYN). In the rural areas where we work the most, addressing Congenital Heart Disease in children has been a primary concern. Additionally, we've witnessed the vast prevalence of heart issues among adults in these remote regions, resulting in loss of lives mainly due to limited awareness and inadequate access to quality healthcare.



Recognizing the profound need for a dedicated state of the art healthcare facility, we reached out to the Government of Karnataka for support in securing land to bring our vision of a Temple of Healing to life. The Government of Karnataka through the Karnataka Industrial Areas Development Board (KIADB) granted us a generous subsidy on 5 acres of land in Vemagal, Kolar District, Karnataka. The construction of our 220 Bed Super Speciality Hospital specializing in Paediatric and Adult Cardiac Care, and Mother & Child Care (OB/GYN) is 85 percent complete. This monumental endeavour is our offering to our Motherland and the world, slated to open its doors in early 2024. The vision of our hospital is to provide the highest quality of healthcare to the most underserved amongst us.

Our paramount objective of adopting villages around the hospital campus is to enable a profound transformation in the lives of those in and around this district, establishing an inspiring precedent for neighboring areas to emulate. This mirrors the time-tested modus operandi that has been the bedrock of our transformative Gram Seva in villages over the years, a legacy of impact echoing far beyond the confines of our immediate reach.

SAI AASHRAYA



IMPACT

How SASSH Plans to incorporate all 4 pillars of Sai Aashraya

Temple of Healing: To function as a “Temple of Healing” and not merely a Hospital by extending support on other fronts to serve the underprivileged.

Early intervention programme: The organisation will be initiating medical camps around the villages with the support of the District health centre for identifying infants, toddlers, children and adults for early intervention and treatment at the Hospital. 40 villages around Vemagal will be covered under these camps.

Medical Education Centre: The Hospital will have a Medical Education centre to focus on: (1) Coaching and tutoring for youth from the remotest part of the Country who are pursuing higher education in the Medical field (2) Continuous Medical Education (CME) Doctors and Nurses.

Food, Nutrition & Socio-care: To provide food and accommodation to all patients and attenders absolutely free of cost.

Rehabilitation Centre: Build a shelter that will house old aged people, leprosy affected people and terminally ill patients.

Adoption of Villages: The location of the project is carefully chosen to provide access to over 40 villages nearby thereby providing an opportunity to serve them by extending Medicare, Sociocare and Educare to the inmates especially to the children, women and elders. Sai Aashraya will adopt the villages around Hospital and provide the required support for growth and sustenance.

Employment: To generate employment opportunities to the people of the nearby villages from the inception of the Hospital. Sai Aashraya database will ensure all recipient's skill sets and abilities are tracked so they can be mapped for job opportunities within SASSH and also externally.



Collaboration with Organizations

<https://www.linkedin.com/company/Sai-Aashraya/>

Several organizations have collaborated with Sai Aashraya for various Seva activities. This has provided a great opportunity for us to know each other. Sai Aashraya has been able to create a beautiful impact in people's lives by bringing in like-minded people together for serving towards a larger cause. Below are 2 such unique collaborations that happened last year,

GOOGLE

On July 4th, 2024, a total of 45 enthusiastic volunteers from Google India's Bengaluru Office stood shoulder to shoulder with Team Sai Aashraya, contributing to a deeply fulfilling experience. In recent months, over 200 devoted volunteers have lovingly replanted 2,000 nurtured plants from Sai Aashraya's nursery, with another 500 awaiting their new home. The 1,800 saplings generously provided by the Forest Department last year in October (2023) have now grown 10-15 feet tall. These trees will be moved to their permanent home once the road formation work within the campus is completed. On this day alone, over 200 saplings were replanted into large grow bags, with curry leaves and jasmine being the most commonly replanted. In the coming weeks, we will nurture an additional 1,000 new plants, envisioning nearly 4,000 trees adorning the hospital campus, creating a breathtaking spectacle.



CISCO

Diwali week marked an extraordinary chapter, with 62 dedicated volunteers from Team Cisco standing shoulder to shoulder with Team Sai Aashraya. Together, they embarked on meeting the challenge of repotting saplings generously provided by the Forest Department of the State of Karnataka. In recent weeks, the hands of these devoted volunteers (115 of them) have cradled and replanted 1,400 nurtured plants from Sai Aashraya's own nursery, with another 300 awaiting their new home.



IT'S ALL ABOUT LOVE!

To learn more about how this saga of Love unfolded itself, and to be a part of the Mission of Love & Service that Sai Aashraya is on, please check out our website. Watch Sai Aashraya's documentary series titled "Chronicles of Love", which has in detail the story of this incredible journey so far. With the progress of the construction of Sai Aashraya's Super Speciality Hospital (SASSH) gathering rapid pace, all the other Seva Projects are also being conducted with the same intensity as always. You can also find "Hridaya Spandanam", our quarterly newsletters in our website.



Sai Aashraya

YouTube



Website



Thank you !

*For questions or comments, reach out to us:
Contact.SaiAashraya@gmail.com*

www.SaiAashraya.org

