

# SMART GOALS

Be intentional during your goal setting. SMART goals aren't about what is the fastest way to reach your goal. It is about helping you identify the right goals and develop a plan with actionable steps to achieve them.

Make it  
SPECIFIC

S

What do you want to accomplish?

Action Items - SIMPLIFY + PRIORITIZE

- 1.
- 2.
- 3.
- 4.

Make it  
MEASURABLE

M

How will you know when you have accomplished your goal?

Action Items - SIMPLIFY + PRIORITIZE

- 1.
- 2.
- 3.
- 4.

Make it  
ATTAINABLE

A

How can the goal be accomplished?

Action Items - SIMPLIFY + PRIORITIZE

- 1.
- 2.
- 3.
- 4.

Make it  
RELEVANT

R

Is the goal worth working hard to accomplish?  
Explain.

Action Items - SIMPLIFY + PRIORITIZE

- 1.
- 2.
- 3.
- 4.

Make it  
TIME BASED

T

By when will the goal be accomplished?

Action Items - SIMPLIFY + PRIORITIZE

- 1.
- 2.
- 3.
- 4.

PROGRESS  
OVER PERFECTION

10%

20%

30%

40%

50%

60%

70%

80%

90%

100%