

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# October 2024

	<p>10:00 Racketball 11:00 Target Toss 1:30 Bingo</p> 	<p>1 10:00 Morning Stretch 2    11:00 Mass 11:00 Trivia  Rosh Hashanah Begins</p>	<p>3 10:00 Chapel 11:00 Pet Therapy    11:00 Racketball 2:45 hand spa</p>	<p>4 10:00 Baking 1:30 Bingo  </p>	<p>5  </p>	
<p>6  Humans are the only animals that blush.</p>	<p>7 10:00 Spiritual Reflections 1:30 Hand Massage 2:15 Manicures</p>	<p>8 1:30 Bingo  </p>	<p>9 10:00 Morning Stretch 10 11:00 Trivia 12:00 Kentucky Fried Chicken lunch  </p>	<p>10 10:00 Chapel 11:00 Pet Therapy 11:00 Racketball 2:00 Resident Voting-Provincial Election 2:45 hand spa  Yom Kippur Begins</p>	<p>11 10:00 Music with Alastair 1:30 Bingo  </p>	<p>12  </p>
<p>13  We've celebrated Thanksgiving in Canada for 145 years, starting in November 6, 1879.</p>	<p>14    No Recreation Programs  Thanksgiving Day (Canada)  Indigenous Peoples' Day  Columbus Day (US)</p>	<p>15 10:00 Racketball 11:00 Target Toss 1:30 Bingo  </p>	<p>16 10:00 Morning Stretch 16    11:00 Communion 11:00 Trover Games  Sukkot Begins</p>	<p>17 10:00 Chapel 11:00 Pet Therapy    2:45 hand spa Happy Birthday Rob B</p>	<p>18 10:00 Baking 1:30 Bingo  </p>	<p>19  </p>
<p>20  Tigers have striped skin, not just striped fur.</p>	<p>21 10:00 Spiritual Reflections 1:30 Music with Dave and Tom  </p>	<p>22 10:00 Racketball 11:00 Target Toss 1:30 Bingo  </p>	<p>23 10:00 Morning Stretch 23    11:00 Trivia</p>	<p>24 10:00 Chapel 11:00 Pet Therapy 11:00 Racketball 1:30 Dogwood Songsters 2:45 hand spa  Simchat Torah Begins</p>	<p>25 10:00 Baking 1:30 Bingo  </p>	<p>26  </p>
<p>27  Most people fall asleep in seven minutes</p>	<p>28 10:00 Spiritual Reflections 1:30 Hand Massage 2:15 Manicures</p>	<p>29 10:00 Racketball 11:00 Target Toss 1:30 Bingo  </p>	<p>30 10:00 Morning Stretch 30    11:00 Tover Games</p>	<p>31 10:00 Chapel 11:00 Pet Therapy 11:00 Racketball 2:45 hand spa  Halloween</p>	<p><b>Rose</b>  </p>	