



Yvonne H.	April 1	Ray W.	April 14
Kuldip G.	April 2	Olga A.	April 17
Margit K.	April 2	Amrit O.	April 18
Violet L.	April 8	Jake F.	April 21
Betty K.	April 11	Marguerite M.	April 24
Norman K.	April 12	Ann T.	April 27



RESPECT

Find out what it means to us

Our RESPECT In-Service was the perfect chance to share what “respect” means to all of us. Stay tuned for suggestions in the Buzz and on the reception TV from the staff & volunteers who attended, like...

Take the time to listen to those who can respond, but may not be able to do so quickly (practice “reflective listening”).



BIG NEWS

After Salvation Army conducted their Accreditation Surveys across the nation of Canada, guess which facility was rated #1? BUCHANAN LODGE!!! Congrats staff, volunteers and simply the greatest family of residents!



Just want to say thanks again to those who set up the chat. It means so much to me I could be able to see him. He looks so good and seems in a good mood. So looking forward to seeing him again. Thank you so much!

Just a quick note to tell you how much our family appreciates all of you!! Thank you for your amazing updates. Know that our family are all praying for Buchanan Staff - for energy, and well being. So grateful for all of you!

Thank you so much for organizing this video call with our loved ones! My family really appreciates this! I want to thank all the staff for all the extra work that they are doing these days. It is a scary time and you are all doing a great service to the people in your care! I hope that all of you will remain well in these difficult circumstances!

THANK YOU for all you do! I am so impressed and happy with Buchanan Lodge. I feel like the Home jumped on measures immediately and communication has been very good. Please pass on my thanks to all the Nurses, care givers, Rec staff, Chaplains, house keeping, kitchen and admin staff. Hope I didn't miss anyone!

BUCHANAN LODGE



For the latest updates check out the website:
www.buchanan-lodge.com

Buchanan Buzz

NEWS FROM 409 BLAIR AVE.

APRIL 2020

Precious Memories



The Vaudevillians took us back a few years (centuries)



Have you seen my groom?



Ah, remember the days when we could do group stuff



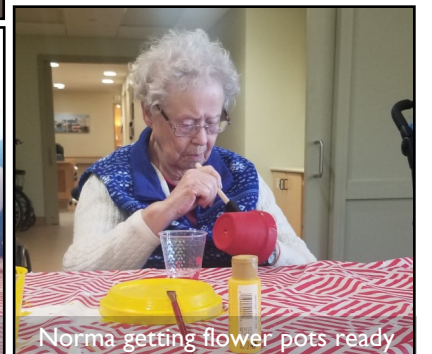
Snowman pancakes - Shrove Tuesday



Surprisingly dangerous paddle/volleyball game



Walt, Charlotte & Dorothy are always “crafty!”



Norma getting flower pots ready

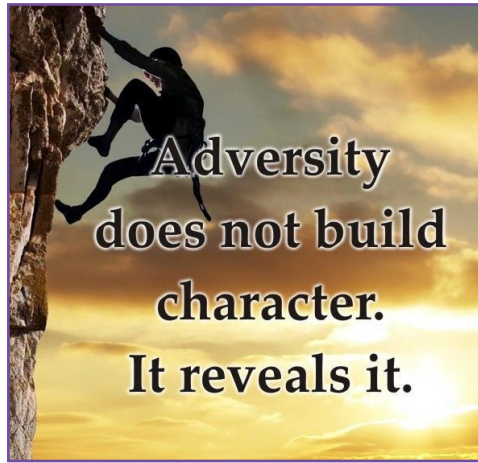
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Thought for April

Sometimes, adversity can introduce us to some folks who are downright inspirational. You just have to look deeper to find them.

Though most of our residents have been through worse, those of us born post-WW2 have never seen such a "pandemic" of bad news. Many of the headlines about COVID-19, with daily updates of new cases and deaths, can turn our healthy fears into paranoia. If we make it past the front page, the follow-up stories can turn our angst into anger: the politics, cover-ups, hoarders, looters and scammers; the truly evil and the truly ignorant non-compliant people who endanger all of us. James Lane Allen was right: "adversity does not build character; it reveals it!"



Einstein added this insight: "adversity introduces a man to himself." Sometimes, adversity can introduce us to some folks who are downright inspirational. You just have to look deeper to find them. They are often hidden in the middle pages of our newspapers or squeezed into the final minutes of the nightly newscasts, but they are worth the wait.

- ◇ Front line health care workers risking their own health, working double shifts, and distancing themselves from their own families to protect others
- ◇ Retired doctors and nurses returning to work and putting themselves back in harm's way
- ◇ Families honouring their sacrifice with signs in windows, chalked messages on their driveways and the "joyful noise" of pots and pans at 7 pm every night
- ◇ Motorists in hospital parking lots singing, cheering and honking their horns in support
- ◇ Neighbours, churches, community groups shopping and making meals for seniors and others who can't get out of their homes
- ◇ Gas station diners making free self-serve dinners for truckers hauling needed supplies across our country
- ◇ Politicians crossing party lines to come up with solutions
- ◇ Resourceful manufacturers modifying their equipment to make medical supplies and equipment
- ◇ Ordinary people giving generously of their money, time and talents to help others

We won't be able to meet this Good Friday and Easter Sunday to celebrate the ultimate act of self sacrifice, but this year we are actually living it. Jesus led by example in how to walk sacrificially through extreme hardship and then emerge victorious. We can do the same if we follow Him. He once said to His disciples and to us: *I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world!* JOHN 16:33 ~ Chaplain Rob Buzza



My Grandkids cheering on Health Care Workers

BUCHANAN BUZZ

UPDATES FROM BLAKE ARMSTRONG - Buchanan Lodge E.D.

I am pleased to let you know that Buchanan Lodge continues to be free of the COVID-19 virus! While that is the most important news update, there are still more updates for your reading.

To maintain as much normalcy as possible, staff have been coming up with creative ideas to address the effects of closing the home to visitors and other restrictions.

Outdoor Courtyard Visits

Courtyard visits have been very successful. It has helped that the weather has cooperated, allowing daily visits to take place in the courtyards of all houses. Currently, we have been able to accommodate 2 to 3 meetings per day.

A variation of this is having residents stay in their own rooms with families speaking directly through an open window. This has been possible on ground level rooms of both floors. For those not on a ground floor we have used lounges and other areas where residents can remain inside and still communicate with family through an open door or window.

Video Chats

Since first reporting on this last Friday, Trish Foley from recreation and Chaplain Rob & his team have been successful in setting up live video chatting for residents and families. To make this work you need to install the "WhatsApp" application on a cell phone or tablet. Family and resident are then able to chat. We launched on Monday and so far, have facilitated dozens of chats. To sign up please contact Trish at 604 636 3654.

Programs to keep people engaged

Plans are being made to have a special "Ice Cream Day" later this this week. The idea is to have some spontaneous fun for both the residents and staff to enjoy together. Let's hope ice cream is not as popular as toilet paper!

Music and distance dancing, paper bingo, Yahtzee, crafting & painting, and movies are some of the activities that are taking place, where residents can socialize while still maintaining appropriate separations.

Spiritual Care

The Chaplains have been creative in rearranging their schedules to meet the spiritual needs in three ways. The first is having Chaplains present seven days per week. Second, in place of Chapel Services, people are gathering in smaller numbers for Spiritual Reflections, held on Thursdays and Sundays in each house. And finally, a new fun activity called "Spring Bouquet" is taking place on Mondays and Tuesdays in all four houses, featuring karaoke, trivia and prizes!

