| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Orange Juice <br> Stewed Prunes or Banana Half Hot Oatmeal <br> Asstd. Cold Cereals French Toast/Syrup Poached Eggs Jam \& Peanut Butter Coffee -Tea - Milk | Cranberry Juice Stewed Prunes or Banana Half <br> Hot Oatmeal <br> Asstd. Cold Cereals <br> Bacon <br> Poached Eggs <br> Toast <br> Jam \& Peanut Butter <br> Coffee -Tea - Milk | Apple Juice Stewed Prunes or Banana Half Hot Oatmeal <br> Asstd. Cold Cereals Carrot Pineapple Muffins Cheese Slice Jam \& Peanut Butter Coffee -Tea - Milk | Orange Juice Stewed Prunes or Banana Half Hot Oatmeal <br> Asstd. Cold Cereals Boiled Eggs Toast Jam \& Peanut Butter Coffee -Tea - Milk | Cranberry Juice Stewed Prunes or Banana Half Hot Oatmeal <br> Asstd. Cold Cereals Scrambled Eggs Toast Jam \& Peanut Butter Coffee -Tea - Milk | Apple Juice <br> Stewed Prunes or Banana Half Hot Oatmeal <br> Asstd. Cold Cereals Poached Eggs Toast <br> Jam \& Peanut Butter Coffee -Tea - Milk | Orange Juice <br> Stewed Prunes or Banana Half Hot Oatmeal <br> Asstd. Cold Cereals Sausages <br> Poached Eggs <br> Toast <br> Jam \& Peanut Butter Coffee -Tea - Milk |
| Orange Juice <br> Roast Turkey \& Gravy <br> Dressing <br> Cranberry Sauce <br> Whipped Potato <br> Mixed Vegetables <br> Peach Cobbler Cake | Cranberry Juice <br> Pasta Alfredo with Shrimp Green Beans Jello Jewel | Apple Juice <br> Teriyaki Baked Salmon Ginger- Fried Rice Peas and Carrots <br> Carrot Cake | Orange Juice <br> Beef Stroganoff Egg Noodles Diced Squash <br> Blueberry Cheesecake | Cranberry Juice <br> Chicken \& Apricots <br> Scalloped Potatoes <br> Prince Edward Island <br> Mix Vegetables <br> Diced Pears | Apple Juice <br> Salisbury Steak with Mushroom Gravy Mashed Yams Cheesy Cauliflower Jellied Strawberry Cream | Orange Juice <br> Fish Casserole Mashed Potato Carrot Coins Pumpkin Cake |
| Split Pea Soup Soda Crackers <br> Beef and Vegetable Stir-Fry Rice <br> Neapolitan Ice Cream | Turkey Vegetable Noodle Soup Soda Crackers Sandwiches: <br> Sliced Roast Beef \& Salmon with Cream Cheese Caesar Salad <br> Tangerine Mousse | Cream of Celery Soda Crackers <br> Baked Beans Wieners Buttermilk Biscuits Fresh Grapes | French Onion Soup Soda Crackers <br> Chicken Balls with Plum Sauce Chinese Noodles with Vegetables <br> French Apple Pie | Mulligatawny with Rice Soup <br> Soda Crackers <br> Pizza <br> Tossed Salad with Ranch Dressing <br> Chocolate Pudding Cake | Cabbage Soup Soda Crackers Sandwiches: Bavarian Meatloaf Grated Cheese Potato Salad Tropical Fruit | Beef Rice Vegetable Soup <br> Soda Crackers <br> Macaroni and Cheese <br> Broccoli <br> Multigrain Bread Bonus Banana Pudding |

*Note:

1. Assorted beverages (Coffee/Tea/Milk/Juice) 250 ml are available at all meals and snacks. 2. PM snacks: assorted baked goods and fruits. HS snacks: assorted sandwiches.
