WEEK 2 Fall/Winter

BUCHANAN LODGE MASTER MENU

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Orange Juice	Cranberry Juice	Apple Juice	Orange Juice	Cranberry Juice	Apple Juice	Orange Juice
Stewed Prunes or Banana Half	Stewed Prunes or Banana Half	Stewed Prunes or Banana Half	Stewed Prunes or Banana Half	Stewed Prunes or Banana Half	Stewed Prunes or Banana Half	Stewed Prunes or Banana Half
Hot Oatmeal	Hot Oatmeal	Hot Oatmeal	Hot Oatmeal	Hot Oatmeal	Hot Oatmeal	Hot Oatmeal
Asstd. Cold Cereals	Asstd. Cold Cereals	Asstd. Cold Cereals	Asstd. Cold Cereals	Asstd. Cold Cereals	Asstd. Cold Cereals	Asstd. Cold Cereals
French Toast/Syrup	Bacon	Carrot Pineapple	Boiled Eggs	Scrambled Eggs	Poached Eggs	Sausages
Poached Eggs	Poached Eggs	Muffins	Toast	Toast	Toast	Poached Eggs
Jam & Peanut Butter	Toast	Cheese Slice	Jam & Peanut Butter	Jam & Peanut Butter	Jam & Peanut Butter	Toast
Coffee –Tea - Milk	Jam & Peanut Butter Coffee –Tea - Milk	Jam & Peanut Butter Coffee –Tea - Milk	Coffee –Tea - Milk	Coffee –Tea - Milk	Coffee –Tea - Milk	Jam & Peanut Butter Coffee –Tea - Milk
Orange Juice	Cranberry Juice	Apple Juice	Orange Juice	Cranberry Juice	Apple Juice	Orange Juice
Roast Turkey & Gravy	,	11	5	,		3
Dressing	Pasta Alfredo with	Teriyaki Baked Salmon	Beef Stroganoff	Chicken & Apricots	Salisbury Steak with	Fish Casserole
Cranberry Sauce	Shrimp	Ginger- Fried Rice	Egg Noodles	Scalloped Potatoes	Mushroom Gravy	Mashed Potato
Whipped Potato	Green Beans	Peas and Carrots	Diced Squash	Prince Edward Island	Mashed Yams	Carrot Coins
Mixed Vegetables			·	Mix Vegetables	Cheesy Cauliflower	
	Jello Jewel	Carrot Cake	Blueberry Cheesecake			Pumpkin Cake
Peach Cobbler Cake			·	Diced Pears	Jellied Strawberry Cream	·
Split Pea Soup	Turkey Vegetable	Cream of Celery	French Onion Soup	Mulligatawny with Rice	Cabbage Soup	Beef Rice Vegetable
Soda Crackers	Noodle Soup Soda Crackers	Soda Crackers	Soda Crackers	Soup	Soda Crackers	Soup
	Sandwiches:			Soda Crackers		Soda Crackers
Beef and Vegetable	Sliced Roast Beef &	Baked Beans	Chicken Balls with Plum		Sandwiches:	
Stir-Fry	Salmon with Cream	Wieners	Sauce	Pizza	Bavarian Meatloaf	Macaroni and Cheese
Rice	Cheese	Buttermilk Biscuits	Chinese Noodles with	Tossed Salad with	Grated Cheese	Broccoli
	Caesar Salad		Vegetables	Ranch Dressing	Potato Salad	Multigrain Bread
Neapolitan Ice Cream	Tangerine Mousse	Fresh Grapes	French Apple Pie	Chocolate Pudding Cake	Tropical Fruit	Bonus Banana Pudding

^{*}Note:

^{1.} Assorted beverages (Coffee/Tea/Milk/Juice) 250 ml are available at all meals and snacks. 2. PM snacks: assorted baked goods and fruits. HS snacks: assorted sandwiches.