

The *Feminine* ATTRACTION System

How To Succeed With FAS

(This is a transcript of the full video lesson. This is not the FAS guide. Please refer to that document in the individual module page. Please excuse any grammar or mistakes.)

All right, hi, and welcome to this portion of the program. This is how to use this program for success. I'm going to explain how this program is set up so you know how to watch and approach it, depending on where you are now. Don't worry if you're in a relationship, dating, newly single, recently divorced, or have been off the market for five years—it doesn't matter. This program is for you, okay? Again, I'm going to be reading, so bear with me. This program is split into four chapters or modules, plus a bonus module.

Chapter one, module one, is essentially a crash course on love and relationships from both his perspective and from the eyes of a feminine woman. You must learn the difference between both perspectives to understand what you've been doing, why it hasn't worked, and what does work for him. Just know that I'm going to be talking about it from the perspective of what guys need.

Then, I want you to always bring it back to yourself and think about what you've been doing before. I'll always take it back so you can understand him and what you need to look at regarding him, right? Modules two, three, and four are the main parts of this program, focusing on the three main points about him that you must know. Always keep them top of mind. I split the program into these three topics or concepts very intentionally so you can learn the concept itself, why it's important, and exactly what you need to do to encourage this behavior or feeling in him at each stage to get the result you want.

This program was created for you to learn, retain, and easily apply the information. Many programs are like books—you read or hear them but don't know how to apply the content. This program is structured so that each section teaches you the concepts, then immediately shows you how to apply them. At the end, you'll have cheat sheets for him, highlighting what to look for in him and what to focus on with yourself, ensuring you always understand what he's doing and what you need to do.

I've studied human behavior, psychology, behavior change, and the male and female brain extensively for the past 20 years, with a specific focus on romance, love, men, and women over the past year. All this knowledge makes the program easy for you to consume, okay? If you skimmed through the program, you'll notice the three main concepts: chase, challenge, and give. These are the three actions you need to influence in him. In other words, the three things he needs to do to be consistently attracted to you and to continuously want to see you.

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These concepts will ensure he continuously seeks you out throughout the dating process and eventually falls in love and wants to commit to you. I want to emphasize this because it's crucial. The three main modules are chase, challenge, and give. He needs to chase you, feel challenged, and give. I designed the program this way so you always think about what he needs to do.

If he's not chasing you, something's off. If he doesn't feel challenged or isn't giving to you, something's off. The concepts chase, challenge, and give should be programmed into your subconscious, okay?

You'll hear me repeat these concepts throughout all my content because they are what men need to do to fall in love with women. Even if it sounds weird now, you'll understand it. These three actions are essential for influencing him to be consistently attracted to you, seek you out, and fall in love.

I've set this program up for single women who want to know exactly how to show up from meeting him to being in an exclusive relationship. If you're in a relationship and bought this program to jumpstart your relationship, don't worry about the meeting phase. Still, watch the entire program to see what you did right and what you can use now.

No matter where you are now, you can plug into this program at any stage. It doesn't matter if you're in a relationship, already dating, or freshly single. The program is for everyone, whether you're a 20-year-old learning to date in a feminine way or someone getting back into dating after a divorce.

If you're anxious and unclear about his intentions and find yourself reverting to old patterns, you're likely in the challenge stage. Focus on that area but watch the entire program—it's not long, and you can binge it like a Netflix show. Go back to the areas that apply to you.

This system is a full recipe with ingredients and step-by-step instructions. You can't skip any steps, especially if you're single. Skipping steps is like baking a cake without the right ingredients or baking it for the wrong amount of time—it won't work.

For example, don't skip the giving stage when you first meet a man. He needs to be giving. It's like expecting to bake a cake without mixing the ingredients correctly. Dating is similar; it requires the right steps at the right time.

I recommend reading, watching, or listening to the program in its entirety. You can use it depending on where you are with him. If you're not even dating yet, you're welcome. This program assumes you're a single woman wanting to know how to go from meeting him to being in an exclusive relationship.

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The bonus module is a big never-to-do list, which is important. Focus on chase, challenge, and give, not on what not to do, because focusing on the negatives can lead to doing them.

If you want more support, join the Feminine Attraction Mastery private community. It's my exclusive community where I help women date with amazing femininity. We discuss all the concepts and strategies in this program. You get access to my mini-course, "Master Your Feminine Energy," for free when you join. I go live twice a month for one-hour Q&As on love, men, relationships, and feminine attraction.

If you have questions, join the community. It's inexpensive and you can join or cancel anytime. It's hosted on an amazing platform called skool.com. You'll have access to the calendar for our calls, which are recorded. It's super affordable and designed to be accessible for all women.

To recap, the three main modules are chase, challenge, and give. The bonus module is the never-to-do list. Focus on the main modules. The first module covers how men and women fall in love, the neurochemicals involved, and the biology of love. This system was created from understanding the biology of love, making it easy for some people to make others fall in love with them.

Many of these concepts are shared in my free content on my podcast "Blooming" and in my newsletter "Marriage Material." If you're not signed up, there are links below. I share ideas and personal information every Monday. Listen to these concepts here, even if you've heard them before, because they are compiled in a way to help you understand them well.

I'm excited to see you in the next modules. If you have questions, join the community. It's super inexpensive and easy to join. Click the link below to join immediately. I'm excited to see you in the next video.