WEEK 3 SPRING/SUMMER

BUCHANAN LODGE MASTER MENU

WEEK 3 SPRING/SUMMER FRIDAY SATURDAY

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	Cranberry Juice	Apple Juice	Orange Juice	Cranberry Juice	Apple Juice	Orange Juice	Cranberry Juice
	Stewed Prunes or	Stewed Prunes or	Stewed Prunes or	Stewed Prunes or	Stewed Prunes or	Stewed Prunes or	Stewed Prunes or
	Banana Half	Banana Half	Banana Half	Banana Half	Banana Half	Banana Half	Banana Half
	Hot Oatmeal	Hot Oatmeal	Hot Oatmeal	Hot Oatmeal	Hot Oatmeal	Hot Oatmeal	Hot Oatmeal
	Asstd. Cold Cereals	Asstd. Cold Cereals	Asstd. Cold Cereals	Asstd. Cold Cereals	Asstd. Cold Cereals	Asstd. Cold Cereals	Asstd. Cold Cereals
	Cheese Slice	Poached Egg	Sausages	Cheese Slices	Poached Egg	Bacon	Poached Egg
	Cinnamon Bun	Toast	Toast	Bran Muffin	Raisin Toast	Toast	French Toast/Syrup
	Jam & Peanut Butter	Jam & Peanut Butter	Jam & Peanut Butter	Jam & Peanut Butter	Jam & Peanut Butter	Jam & Peanut Butter	Jam & Peanut Butter
	Tea - Coffee - Milk	Tea - Coffee - Milk	Tea - Coffee - Milk	Tea - Coffee - Milk	Tea - Coffee - Milk	Tea - Coffee - Milk	Tea - Coffee - Milk
10AM	Assorted Beverages						
Lunch	Cranberry Juice	Apple Juice	Orange Juice	Cranberry Juice	Apple Juice	Orange Juice	Cranberry Juice
	Roast Turkey & Gravy, Cranberry Sauce, Squash Whipped Potatoes	Pulled pork sandwich with BBQ sauce French Fries & Ketchup	Swedish Meatballs & Creamy Mushroom Gravy Mashed Potatoes Peas and Carrots	Curried Chicken Stew Jasmine Rice	BBQ Chicken Yam Fries	Steak in Mustard Sauce New Potatoes	Fish Casserole Buttermilk Biscuits Mashed Potatoes Whole Green Beans
		Coleslaw		Green Beans	Green Peas	Cauliflower	
	Strawberry Vanilla Poke Cake	Diced Pears	Jello Jewel	Carrot Cake	Raspberry Trifle	Diced Peaches	Mandarin Oranges
2:00 PM	Assorted Beverages, Bake goods & Fresh Fruits						
Dinner	Beef and Barley	Turkey Vegetable	Corn Chowder	Vegetable Soup	Cream of Broccoli	Chicken with Rice	Butternut Squash Soup
	Soda Crackers	Soda Crackers	Soda Crackers	Soda Crackers	Soda Crackers	Soda Crackers	Soda Crackers
	Macaroni and Cheese Whole-wheat Bread	Sandwiches: Salmon Salad & Herb Cream Cheese	Salad Plate: Slice Smoked Turkey Fresh-baked Scone	Pizza	Basil-Pesto Ravioli	Chicken Balls with Plum Sauce Chinese Noodles	Croissant Sandwiches with Bavarian Loaf and Salami Dill Pickle
	Broccoli Florets	3 Bean Salad	Cranberry Salad Potato Salad	Watermelon Salad	Tossed Salad with Ranch Dressing	with Vegetables	Potato Chips
	Fruit Medley	Cantaloupe slice	Bumbleberry Crisp	Orange Sherbet	Banana Pudding	Strawberry Shortcake	Warm Rice Pudding
HS	Assorted Beverages, Bake goods & Fresh Fruits						

Breakfast: 250mL of milk and 125mL of juice are offered daily

Lunch/ Supper: 125mL of milk and 125mL of water are offered daily.

Assorted Beverage is available upon request (125mL Juices/Milk) at PM & HS

Assorted Sandwich is also available upon request at HS

Menu subject to change without notice