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## **Stay Centered**

Are you are a busy woman feeling stuck in the day-to-day? Join our community to create a consistent daily spiritual self-love practice from the heart, so that you can live empowered with more ease and flow.

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## YOU RECEIVE:

- Daily spiritual practice (Mo-Fri)
- Monthly learning topic
- Monthly live community event
- Annual retreat (in person or remote)

**WHEN?** 

Launch December 2021

## ✓ **JOIN WAITLIST** Click here: <u>BEYOND</u>



Essential Oils

Crystals

Breath work

Energy medicine

## HAVE QUESTIONS?

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