

GRIEF EDUCATOR CERTIFICATION









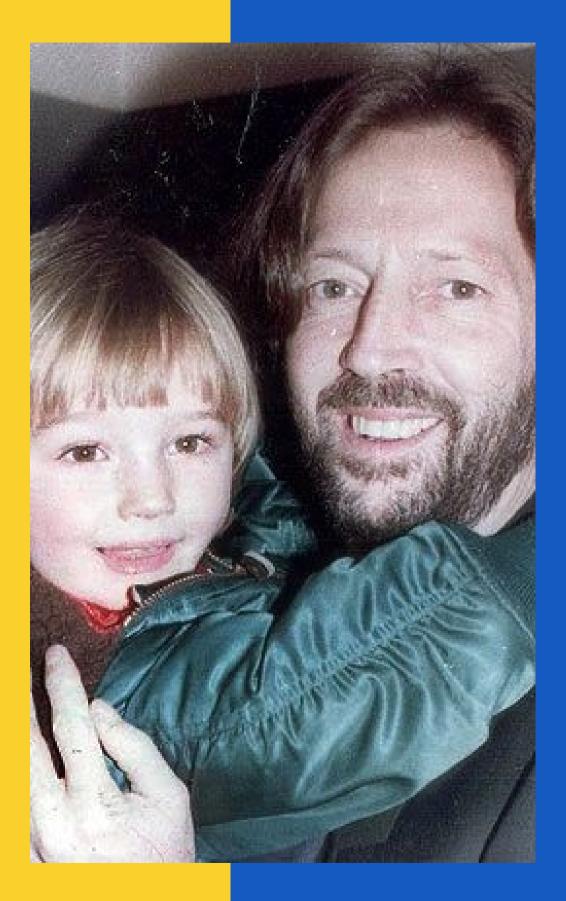
05 RELEASE YOUR BURDEN OF GUILT





"Guilt is perhaps the most painful companion to death."

ELISABETH KÜBLER-ROSS



"Time can bring you down, time can bend your knees. Time can break your heart, have you begging please" could be an example of bargaining.

TEARS IN HEAVEN - ERIC & CONOR CLAPTON

3 CATEGORIES OF GUILT:



Present Day Issues



No Being Able to Save Them



Doing Things Differently

My observations of 3 Categories of Guilt that people experience

