

CLARITY IS THE KEY TO ATTRACTING
EXACTLY WHAT IT IS YOU DESIRE.



Designing My Life

It a word filled with flashy choices it can be challenging to know exactly what you desire. One of my secrets of uncovering what you desire is to know what you do NOT want, what do you want to be FREE from, the things you think "I would be happier if..."

**GAINING CLARITY ON WHAT YOU NO LONGER
WISH TO MOVE FORWARD WITH, WILL ALLOW
YOU TO BECOME CRYSTAL CLEAR ON WHAT
YOU DO WANT.**

Without limiting yourself in any way, list EVERYTHING you no longer wish to experience, feel or have in your life.

There are no limits, being specific is the key.

Ex - I do not want to work 40 hours a week anymore and then.... Let your heart experience the feeling of what you will gain (which is actually what you want) by not having the above in your life.

For every single thing you listed you do not want, you will list what you will gain without it.

if you said - I do not want to work 40 hours a week anymore = that may mean, I will gain more family time

Don't Want

Want

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Don't let the question of how, influence what you want or don't want. We'll look at that next.