

ADVANCED PERFORMANCE HYPNOSIS™

Unlocking Your Next-Level of Success... in Minutes



Hello!

I'm Courtney Starkey, M.Ed., MHt, Doctoral candidate (specializing in advanced hypnotherapy research), award-winning practitioner/trainer, acclaimed author, highly regarded corporate speaker, and the founder of Soul Empowering Hypnosis® and Advanced Performance Hypnosis™ certification training.

HYPNOSIS WORKS

Prior to experiencing hypnosis, I worked tirelessly—for five years—to try to relieve my stress via self-help books, therapy, daily meditation, dietary changes and exercise programs. Despite my efforts, I barely felt any improvements.

Then, after ONE hypnosis session I immediately started to feel happier and more relaxed. More progress was made in 50 minutes than in five years.

This is why I've dedicated my life to hypnotherapy. It works.

TAILORMADE FOR PROFESSIONALS

Even the most successful business professionals can experience the damaging side effects of stress.

Creative blocks, reduced motivation, lack of clarity, strained relationships, physical illness & overwhelming pressure can be caused or exacerbated by the effects of stress.

Thus, it is essential to address and eliminate it.

Hypnosis has a proven track record for being able to do just that, especially for high-achievers.

The results are remarkable, immediate, and lasting, including improvements to ALL areas of one's professional success and personal fulfillment.

THE "HOW TO" FOR RAPID SUCCESS

During our time together, participants will experience and *learn a user-friendly, 3-step hypnosis process that will expedite their ability to:

- Excel in career/business
- Create innovative concepts on command
- Improve professional collaborations
- Confidently express ideas, including public speaking
- Reduce stress levels
- Problem-solve with ease
- Feel naturally motivated
- Maintain a high-energy state of focus
- Get more done... much faster
- Sharpen memory
- Tap into intuition
- Enhance confidence & attractiveness
- Feel better. Look better. Be better.

*The process I teach is straightforward. Those who learn it will be able to administer self-guided hypnosis to assist them in their daily lives.